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14. ABSTRACT  Mild traumatic brain injury (mTBI) is one of the major health problems facing military servicemembers returning from deployments. Given the large number of military personnel returning from combat operations in Iraq or Afghanistan with reported or suspected head injuries (Hoge et al., 2008), the outcome of the light treatment being tested in present study could have significant impact on the delivery of health care to returning military veterans. Other than cognitive-behavioral therapies and avoidance of re-injury, there are few alternative treatments for patients suffering from post-concussive symptoms secondary to a mild traumatic brain injury (mTBI). Alternative approaches to treatment, or adjunctive approaches that can be used to augment ongoing treatments, are clearly needed. Because sleep disruption is one of the primary complaints of individuals following mTBI, and sleep is critical to neurogenesis and neural plasticity, sleep enhancement seems to be an ideal candidate for direct intervention. If the sleep problems can be improved, it is more likely that other aspects of recovery will be accelerated. With sleep improvement, we expect that emotional difficulties will be reduced, ongoing adjunctive treatments will be enhanced, and brain functioning can be restored to the fullest extent possible. Furthermore, non-pharmacologic interventions are generally preferable and more cost effective than reliance upon prescription medications for sleep problems. Therefore, it is hypothesized that by using light therapy to entrain the circadian sleep-wake cycle, we may improve sleep in a sample of individuals with a recent history of concussion, and thereby increase the likelihood that they will recover more quickly, benefit more extensively from other forms of therapy, and build emotional and cognitive resilience. If effective, the proposed approach could be used in isolation or as an adjunct to ongoing therapy to reduce the impact of mTBI and post-concussive symptoms, thereby facilitating a more rapid recovery.					
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## INTRODUCTION:

Traumatic brain injury (TBI) is a leading cause of morbidity and disability among military personnel, with mild traumatic brain injury (mTBI), or concussion, being among the most common injuries (Hoge et al., 2008). In fact, recent data published by the Defense and Veterans Brain Injury Center (DVBIC) suggests that 82% of TBI cases in the military are mTBI. Fortunately, most of the post-concussive symptoms (PCS) produced by mTBI will resolve within days to weeks after the injury (McCrea et al., 2003). However, for a significant proportion of individuals who sustain a mTBI, persistent PCS may continue for years after their injury and lead to difficulties with work productivity, sleep, physical functioning, and social relationships (Satz et al., 1999). Of these, sleep disruption may be particularly problematic. In fact, sleep disruption is one of the most common complaints in patients with mTBI (Baumann, Werth, Stocker, Ludwig, & Bassetti, 2007; Castriotta et al., 2007; Makley et al., 2008; Parcell, Ponsford, Redman, & Rajaratnam, 2008; Rao et al., 2008; Verma, Anand, & Verma, 2007; Williams, Lazic, & Ogilvie, 2008), with as many as 40 to 65% of patients with mTBI complaining of insomnia (Beatar, Guilmette, & Sparadeo, 1996; Dikmen, McLean, & Temkin, 1986; Orff, Ayalon, & Drummond, 2009). Unfortunately, with the exception of cognitive behavioral therapy, few effective treatments exist to help those with persistent PCS. Alternative approaches to treatment, or adjunctive approaches that can be used to augment ongoing treatments, are clearly needed.

Because sleep disruption is one of the primary complaints of individuals following mTBI, and sleep is critical to neurogenesis and neural plasticity, sleep enhancement seems to be an ideal candidate for direct intervention. If the sleep problems can be improved, it is more likely that other aspects of recovery can be accelerated. Furthermore, non-pharmacologic interventions are generally preferable and more cost effective than reliance upon prescription medications for sleep problems. A potentially effective treatment for the sleep problems common to patients with mTBI is the selective application of bright light. Exposure to bright light, particularly in the blue wavelengths (BL), has been shown to stimulate melanopsin photosensitive ganglion receptors in the retina, which project directly to the suprachiasmatic nucleus of the hypothalamus, a brain structure that regulates sleep-wake cycles (Brainard et al., 2008; Phipps-Nelson, Redman, Schlangen, & Rajaratnam, 2009; Revell & Skene, 2007; Smith, Revell, & Eastman, 2008). Targeted stimulation with morning BL leads to regular entrainment of the circadian rhythm, thereby improving sleep and daytime alertness (Lack, Gradisar, Van Someren, Wright, & Lushington, 2008; Lack & Wright, 2007; Skene, 2003). A recent report confirmed that BL treatment reduced fatigue in patients who experienced mTBI (Ponsford et al., 2012), but no study has directly examined the underlying structural and functional neural plasticity associated with this treatment and its effects on sleep following mTBI. We have recently completed data collection for a pilot study that showed that 6-weeks of daily morning exposure to blue wavelength light (see Figure 1) was more effective than an amber placebo light at improving sleep in people with recent mTBIs.

Accordingly, the current present study involves: 1) an extension of the earlier pilot work in order to ultimately double the initial sample size for both groups to a total of 30 participants each (total N = 60 across the currently active and proposed studies); 2) the addition of a follow-up actigraphic monitoring period for six weeks following the end of treatment for each participant in order to determine the longevity and durability of the treatment effects; and 3) addition of a second smaller arm of the study to examine the acute effects of a single 30-minute exposure to blue-wavelength light versus amber placebo light in a sample of 30 healthy control participants in order to identify the brain regions

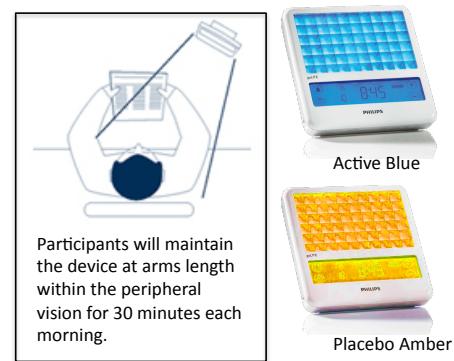


Figure 1. The blue (active) and amber (placebo) light devices.

most affected by blue versus amber light exposure. This *Effect Localization Arm* of the study will provide an independent sample from which to derive focal anatomical regions of interest (ROIs) for in-depth analysis of treatment-associated changes in brain activation and connectivity in the mTBI treatment portion of the study.

## **BODY:**

### **Accomplishments According to Statement of Work (SOW)**

The study is progressing as planned. Consistent with the Statement of Work for YEAR 1 the following tasks have been accomplished:

#### **Major Task 1. Prepare Regulatory Documents and Research Protocol for both arms of study.**

##### **Accomplishments:**

- Consistent with the SOW, we have, through several iterations, refined the eligibility criteria, exclusion criteria, and screening procedures, finalized the consent form and human subjects protocol, and submitted these for local IRB approval. The most recent approval of these amendments was on 8/7/15 and did not require HRPO approval, as it was a minor amendment.

#### **Major Task 2. Acquire necessary materials and equipment for EFFECT LOCALIZATION ARM.**

##### **Accomplishments:**

- Study materials were procured or developed, including:
  - a. **Commercially Available Tests:** The following commercially available tests were purchased and received: Neurobehavioral Symptom Inventory; Mini International Neuropsychiatric Interview (MINI); PAI Personality Software System and PAI Professional Manual; Automated Neuropsychological Assessment Metrics TBI Battery.
  - b. **Self-Report/Paper-and-Pencil Tests/Scales:** The following instruments were obtained or developed: Connor-Davidson Resilience Scale, Invincibility Belief Index, Evaluation of Risks Scale, Morningness-Eveningness Questionnaire, Screen Time Questionnaire, Day of Scan Information Questionnaire, Functional Outcome of Sleep Questionnaire, Patient Health Questionnaire, Pittsburgh Sleep Quality Index, Rivermead Post-Concussion Symptoms Questionnaire, Beck Depression Inventory, Spielberger State-Trait Anxiety Inventory.
  - c. **Standard Operating Procedures (SOPs):** Comprehensive SOPs outlining administration procedures for all study-related tasks and administration procedures were developed, printed, and mounted into study binders for use during data collection.

#### **Major Task 3. Hire and Train Study Staff.**

##### **Accomplishments:**

- We have successfully completed the hiring and training of research staff for both the Treatment Arm and Effect Localization Arms of the study. After first hiring 1 postdoctoral fellow, 1 lab manager, and 5 full time Research Assistants (shared effort across several other studies), two additional research technicians and two additional postdoctoral fellows were hired and subsequently trained on study protocols. New research assistant staff members performed reiterative practice of administering assessments and questionnaires involved in the treatment and effect localization arm of the study to obtain high proficiency and reliability. Furthermore, study staff utilized a similar training method to become fully trained in use of the polysomnography (PSG) equipment.
- New Research Assistants were trained by a licensed psychiatrist on the administration and scoring of the MINI. The Research Assistants and post-doctoral fellow were trained by a sleep technician in applying electrodes for polysomnography. All Research Assistants and the post-doctoral fellow were trained by a sleep technician on administering the Modified Sleep Latency Test (MSLT). The Research Assistants also underwent intensive training on administration and scoring of all other assessments and computerized tasks used in the study.
- All personnel were also required to complete additional trainings in the second quarter. These trainings included comprehensive instruction in 1) handling and reporting adverse events, 2) triaging participants who are assessed as being at-risk for suicide, and 3) properly administering TBI interview and assessments pertaining to treatment arm of study. Trainings pertaining to adverse event reporting required attendance at a seminar hosted by our departmental IRB Regulatory Coordinator. Attendance at an informational session and hands-on practice session with the Co-PI were required for suicide triage training.

**Major Task 4. Acquire, develop, and/or program the computerized stimulation paradigms for use during functional neuroimaging (i.e., MSIT) for the effect localization arm and treatment arm.**

**Accomplishments:**

- The following computer tasks were programmed: Anticipation Task, Psychomotor Vigilance Test, Go/No Go; Tower of London; Balloon Analogue Risk Task; Multi-Source Interference Task; N-BACK.
- Programming of all computerized functional MRI stimulation paradigms and assessment tasks using E-prime software was completed. Computer stimulation paradigms were tested in the scanner environment to ensure that they could be presented and seen by subjects in the scanner. MRI scan slots were reserved for the remainder of the year.
- The MRI scan protocol was programmed into the 3T Siemens scanner. Two development pilot scans were conducted successfully to ensure that all tasks were operational and that data could be successfully collected during the study.

**Major Tasks 5. Acquire necessary equipment, including goLITE devices, polysomnography materials, EEG headsets, and actiwatches for the EFFECT LOCALIZATION ARM and TREATMENT ARM.**

**Accomplishments:**

- We have acquired all necessary materials and equipment for the Effect Localization Arm Treatment Arm including the goLITE devices, Spectrum Pro Actiwatches, laptop computers, WattsUp Pro power usage monitors, and assessment tests. Furthermore, an automated system of sleep diary emails has been created to improve efficiency and accuracy of sleep data. The Actiwatches, goLITE devices, WattsUp meters, and automated sleep diary emails have been extensively tested for functionality by all research staff. Sixteen (16) new actiwatches were purchased from Philips Respironics Electronics. 20 Amber (placebo) and 20 blue (treatment) goLITE devices (40 devices in total) were acquired from Philips Respironics Electronics. Fifteen (15) WattsUp Pro ES Power Usage Meters were also purchased from Watts Up.
- The Actiwatches have been received and extensively tested for functionality by all research staff. Three of sixteen new Actiwatches were discovered to be nonfunctional during this process and are being returned to the manufacturer for repair or replacement.
- Two EEG headsets (Emotiv EPOC+) were acquired, both of which were funded by a separate intermural grant from the University of Arizona.
- Finally, the PSG equipment, on loan from another lab, has also been acquired and set up. All research staff has undergone extensive training to successfully administer modified sleep latency tests (MSLTs) and basic polysomnography.

## **Major Task 6. Collect Data for Effect Localization Arm**

### **Accomplishments:**

#### Recruitment

- We are ahead of the SOW schedule with regard to collecting data for the Effect Localization Arm. Our recruitment for consisted of flyering on the University of Arizona campus and utilizing online social media tools such as Facebook.

#### Enrollment

- We first completed data collection for 33 participants, which represents 100% of the total data collection originally planned in our SOW. Unfortunately, problems with regard to participants incorrectly answering items during the screening process yielded a higher number of unusable datasets than planned. Accordingly, we requested a modest increase in enrollment to allow for collection of six (6) additional datasets to replace those we found to be unusable. To these ends, we requested the appropriate enrollment increase from the local IRB and, upon receiving approval, have successfully enrolled and concluded data collection for all individuals enrolled in the effect localization arm of the study.
- Data collection for the Effect Localization Arm of the study is complete.

#### Data Analysis

- We conducted pre-processing and quality control inspection of fMRI, DTI, and MRI neuroimaging data for all subjects in the Effect Localization Arm. We performed statistical analyses of fMRI data using SPM8 to identify regions particularly responsive to acute blue light (t-test comparing placebo vs. active treatment). In particular, we have been investigating differences in functional brain activation in response to a working memory task between the blue and amber light conditions. Also, we conducted further analyses on differences in functional brain responses during “certain” anticipation of positive pictures and “uncertain” anticipation of negative or positive pictures. Study staff has conducted MATLAB scripting and pre-processing in preparation for final analysis of electroencephalographic (EEG) data collected during light exposure sessions. Other biological and behavioral data have also been

analyzed, including: melatonin levels, actigraphy, heart rate variability (HRV), neuropsychological assessments, and questionnaires.

## **Major Task 7. Collect Data for TREATMENT ARM**

### **Accomplishments:**

#### Recruitment

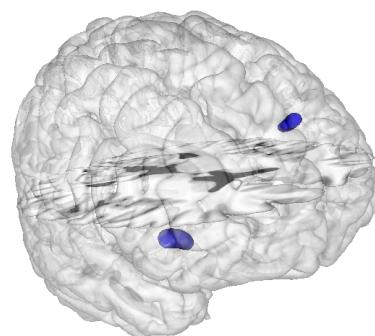
- We have established relationships with several medical facilities across the city of Tucson including Banner University Medical Center, Tucson Medical Center, Southern Arizona VA Health Care System, Western Neurosurgery, Green Valley Physicians office, La Cholla Physicians Office, and sixteen (16) physical/sport therapy offices. We have further made contact with local traumatic brain injury support groups, visited local brain injury rehabilitation centers, made social media announcements, flyered across the University of Arizona Campus and downtown Tucson areas, and used the Banner University Medical Center television announcements. We have additionally established relationships with club sports teams at the University including ice hockey, soccer, rugby, and lacrosse. Finally, we have begun the process of developing collaborative referral systems with the Tucson Police Department, along with Banner University Medical Center ER and Trauma centers. Over the course of our advertising, we have distributed recruitment materials to over 73 locations across Tucson and nearby cities. We have also started participant phone recruitment and have thus far screened 178 mild TBI participants (97 males and 81 females), 8 of which were deemed eligible, all of which have been scheduled for their screening visits. Two of these 8 individuals were deemed ineligible subsequent to their enrollment, due to failure to provide head injury documentation.
- One major challenge has been obtaining head injury documentation for eligible participants, which we require in order for them to become fully enrolled subjects. We have addressed this issue by recently incorporating a generic electronic template form that can be signed by injury witnesses (e.g. coaches, physical therapists/ athletic trainers, or medical professionals).

## **Preliminary Findings from the EFFECT LOCALIZATION ARM:**

### **Neuroimaging findings**

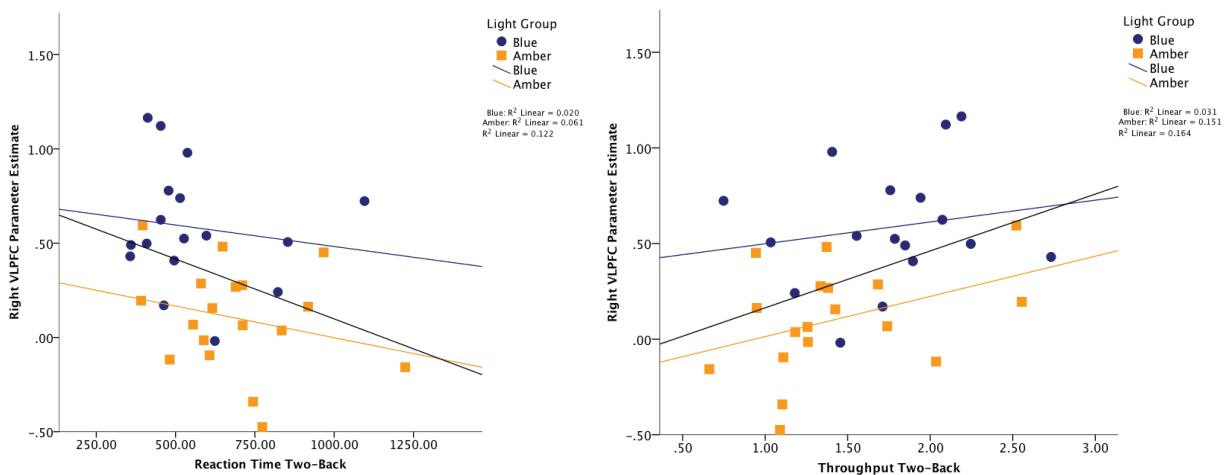
#### N-back task

- Consistent long-term exposure to blue enriched white light has been associated with increases in self-reported alertness, concentration, work performance and decreases in fatigue and sleepiness. The aim of this study was to investigate whether a short single exposure to blue light would lead to measurable changes in functional brain responses during a working memory task. Thirty-five healthy 18-32 year olds (15 females, mean age = 21.79) were randomized to receive a 30-minute exposure to either blue (active) (n=14) or amber (placebo) light (n=15), immediately followed by a



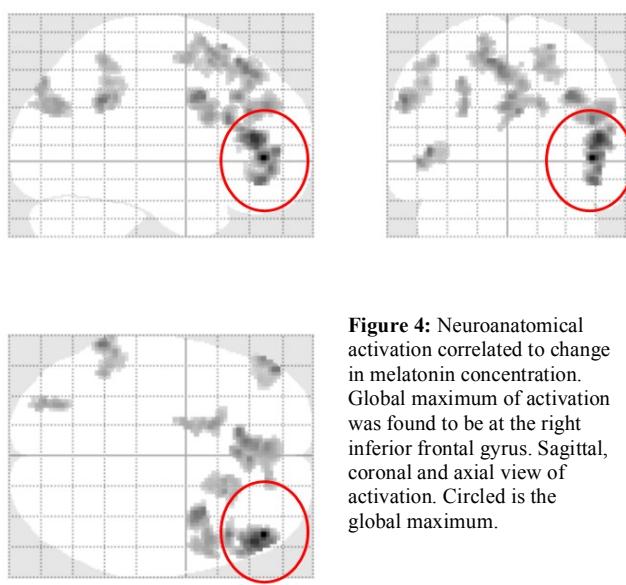
**Figure 2.** Brain responses within the left DLPFC (MNI: x = -50, y = 14, z = 22) and right VLPFC (MNI: x = 34, y = 20, z = -6) were significantly greater in the blue versus the placebo light group during the two back> zero back condition.

working memory task (N-Back task) during functional magnetic resonance imaging (fMRI). In contrast to placebo, participants in the blue light group showed significantly greater activation within the dorsolateral prefrontal cortex (DLPFC) and the ventrolateral prefrontal cortex (VLPFC) with increases in working memory load (two back>zero back) (see Figure 2). Participants in the blue group responded faster during the one- ( $t(33) = -2.26, p=.03$ ) and two-back conditions ( $t(33) = -1.98, p = .05$ ) than participants in the placebo group, and showed enhanced throughput (i.e., responded correctly to more items per second) during the one-back ( $t(33) = -2.57, p = .01$ ), and two-back conditions ( $t(33) = -1.92, p = .06$ ). In addition, with increases in activation within the VLPFC, participants showed faster reaction times ( $r = -.35, p = .04$ ) and more efficient responding ( $r = .40, p = .01$ ) during the two-back condition (see Figure 3). The results suggest that a short single exposure to blue light is sufficient to produce measurable changes within the DLPFC and VLPFC, brain areas recruited during heavy cognitive load. This may explain why previous studies have reported increases in subjective alertness and performance after long-term blue light exposure.

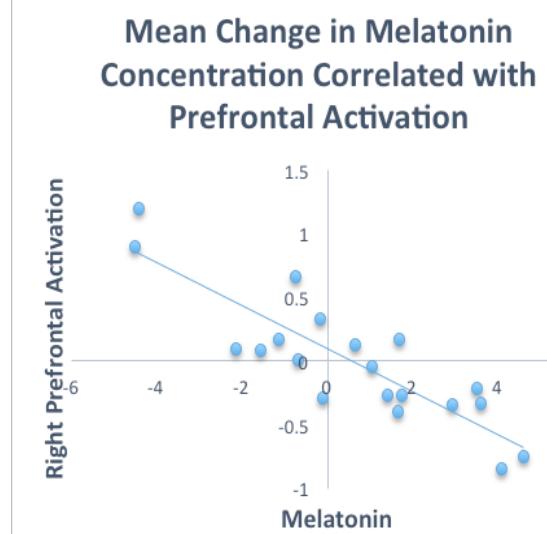


**Figure 3.** The scatterplots illustrate the association between the first extracted cluster eigenvariate of the right VLPFC and reaction time during the two-back condition (a), and throughput during the two-back condition (b).

### Change in Melatonin Concentration and Neuroanatomical Activation

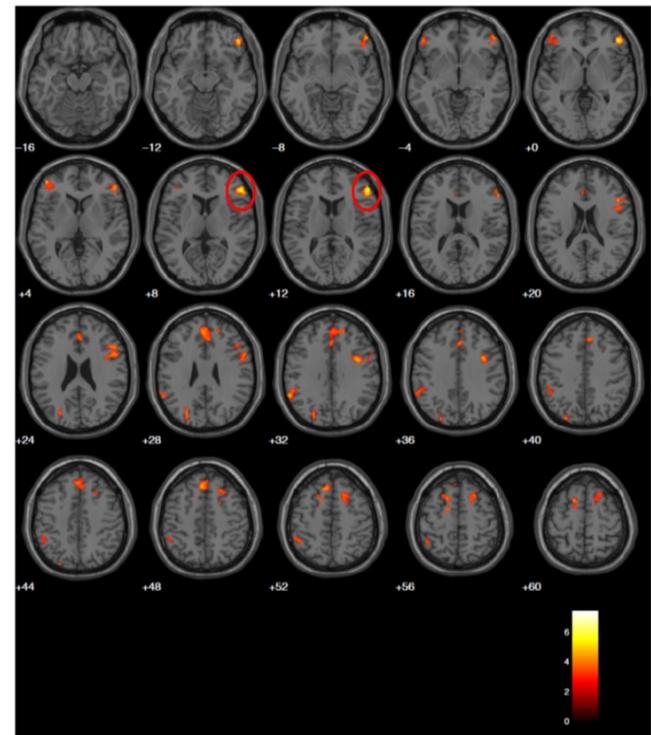


**Figure 4:** Neuroanatomical activation correlated with change in melatonin concentration. Global maximum of activation was found to be at the right inferior frontal gyrus. Sagittal, coronal and axial view of activation. Circled is the global maximum.

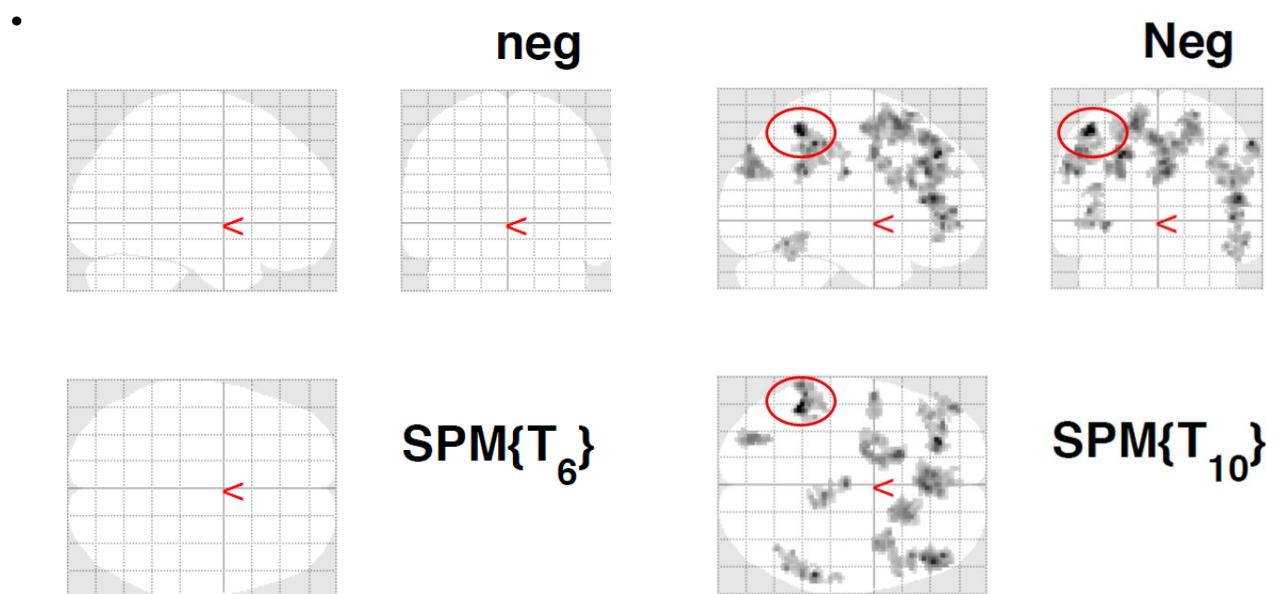


**Figure 5:** Graph illustrating the correlation and change in mean melatonin at the global maximum.

- Melatonin collections at Time 2 and Time 3 were averaged for all participants to obtain the mean change in melatonin concentration during the time in the scanner. These values were then tested for association with brain activation using the two-back > zero-back contrast from the NBACK. No regions showed any positive correlation between the average melatonin concentration and activation. On the other hand, there was significant negative association between melatonin concentration and activation in several brain areas, including bilateral prefrontal cortex and dorsal anterior cingulate gyrus. The most significantly correlated regions was the right inferior frontal gyrus ( $K = 714$  voxels,  $T = 7.41$ ,  $p < .001$  (uncorrected), MNI:  $x = 46$ ,  $y = 42$ ,  $z = 0$ ). The areas with the highest and most significant association are illustrated in Figure 4 and 5, with circles around the global maximum. The negative correlation between activation and change in mean melatonin is illustrated in Figure 6, suggesting that higher melatonin concentrations were significantly associated with lower brain activation in dorsolateral prefrontal control regions.



**Figure 6:** Axial slices at 4mm illustrating activation associated with melatonin concentration change. Global maximum illustrated in slices +8 and +12. (MNI: 46, 42, 00)



**Figure 7: Left:** Amber light group test for association between melatonin change and activation. Image illustrates lack of significant areas. **Right:** Three directional view illustrating blue group brain activation. Circled area is the global maximum (MNI:  $x = -46$ ,  $y = -50$ ,  $z = 54$ ).

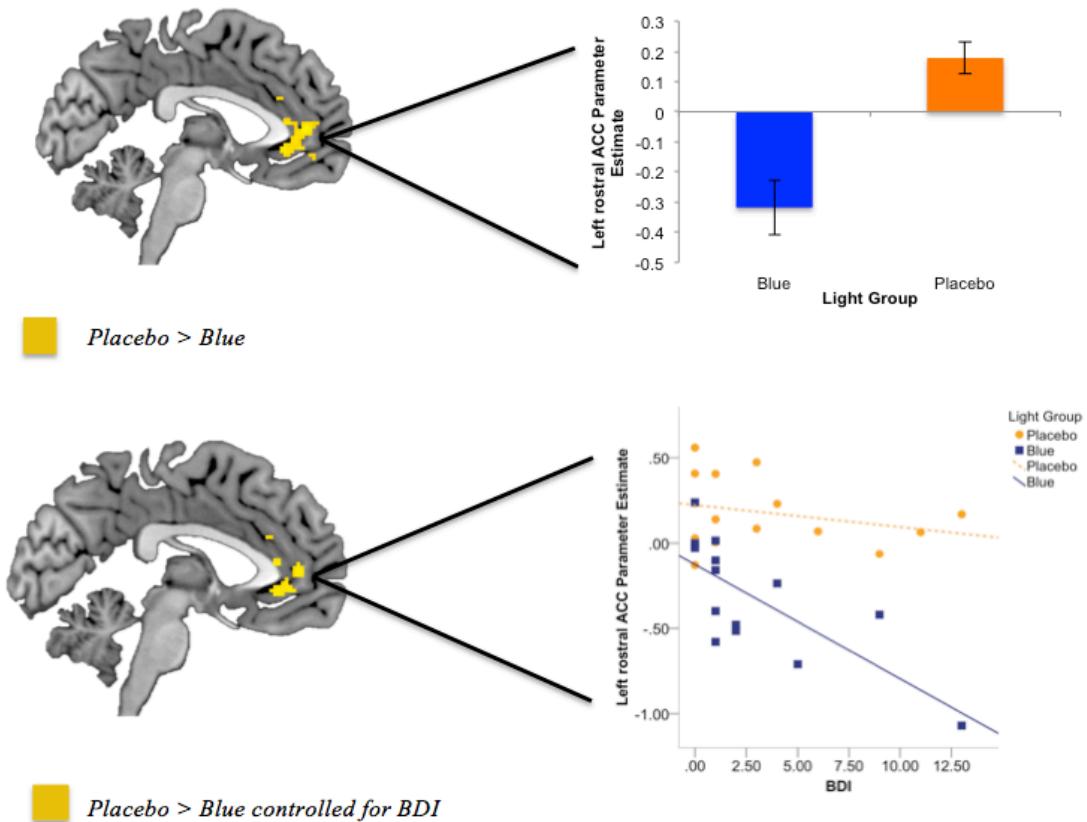
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se correlations separately according to their respective light exposure groups to determine if one group contributed more to this correlation than another. In both groups, there were no positive correlations between mean change in melatonin concentration and neuroanatomical activation, just as reported previously for the entire sample. With regard to negative correlations, the amber light group also revealed no significant negative association with melatonin as seen in Figure 7.

- The blue light group, however, did show a significant negative correlation between melatonin concentration change and neuroanatomical activation in widespread frontal and parietal cortical regions. The global maximum of this analysis was found in the left inferior parietal cortex ( $K=371$  voxels,  $T=9.57$ ,  $p<.000$  (uncorrected), MNI:  $x = -46$ ,  $y = -50$ ,  $z = 54$ ). There were also several large clusters of negatively correlated activation near the right inferior frontal gyrus, just as was seen when evaluating melatonin across both groups.

### Anticipation task

- Blue wavelength light has been used as an effective treatment for some types of mood disorders, including depression and seasonal affective disorder. The neurobiological mechanism behind this effect, however, remains unclear. One possible explanation for this effect may be that blue light influences the functioning within the emotion-regulating



**Figure 8.** Brain responses within the left rostral ACC (MNI:  $x=-6$ ,  $y=4$ ,  $z=10$ ) were significantly greater in the placebo (amber) versus blue light group during anticipation. The bar graph illustrates the difference in the first extracted unadjusted cluster eigenvariate between the two groups. In addition, when controlling for BDI scores, the scatterplot illustrates the relationship between BDI scores and the first extracted cluster eigenvariate sorted by light group. There was a significant relationship between BDI scores and rostral ACC activation within the blue light group only.

neurocircuitry when processing emotional stimuli. We hypothesized that acute exposure to blue wavelength light would directly affect the functioning of the ventromedial prefrontal cortex, amygdala, insula, and anterior cingulate cortex (ACC) during an emotional anticipation task. Twenty-nine healthy adults were randomized to receive a thirty-minute exposure to either blue (active) or amber (placebo) light, immediately followed by an emotional anticipation task during functional magnetic resonance imaging (fMRI). Participants also reported on their depressive symptoms using the Beck Depression Inventory (BDI-II). Figure 8 shows that after analyzing differences in functional brain responses during certain anticipation of positive pictures and uncertain anticipation of negative or positive pictures, results showed that participants who were exposed to blue versus amber light showed reduced activation within three regions of the anterior cingulate cortex (ACC), a region hyperresponsive during anticipation of negative stimuli in individuals with depression, during uncertain anticipation of negative or positive pictures in comparison to certain anticipation of positive pictures (68 voxels,  $p = .003$ ,  $t = 4.46$ ,  $x = -6$ ,  $y = 40$ ,  $z = 10$  and 78 voxels,  $p = .003$ , cluster-level FDR corrected  $t = 4.35$ ,  $x = 0$ ,  $y = 38$ ,  $z = -2$ ; 29 voxels,  $p = .03$ , cluster-level FDR corrected,  $t = 4.57$ ,  $x = -6$ ,  $y = 34$ ,  $z = 26$ ). When controlling for Beck Depression Inventory (BDI) scores in the analysis, the difference between the amber versus the blue light group was particularly pronounced for a large cluster within the rostral ACC (278 voxels,  $p < .001$ , cluster-level FDR corrected,  $t = 5.10$ ,  $x = -6$ ,  $y = 42$ ,  $z = 10$ ) and to a lesser extent, the dorsal ACC (30 voxels,  $p = .04$ , cluster-level FDR corrected,  $t = 4.46$ ,  $x = -6$ ,  $y = 34$ ,  $z = 26$ ). In order to explore the effects of BDI scores on activation within the rostral ACC, we extracted the activation for the cluster eigenvariate and compared the slopes of the blue versus amber light group depending on their BDI scores. The slopes between the amber ( $b = -.015$ ,  $SE = .012$ ) and blue group ( $b = -.054$ ,  $SE = .014$ ) for the association between BDI scores and activation for the left rostral ACC cluster eigenvariate were significantly different ( $p = .04$ ). The results show a correlation between BDI scores and rostral ACC activation for the blue light group, but not the placebo light group. The findings suggest that blue light may lead to suppression of emotional brain responses during anticipation of uncertain outcomes. The fact that this effect was most pronounced among individuals with greater depressive symptoms may point to one potential neurobiological mechanism by which light exposure improves mood.

- **Electroencephelographic (EEG) Findings**

- Resting State EEG**

- Preliminary repeated-measures ANOVA of resting-state EEG data has revealed greater Left-Right hemispheric alpha frequency asymmetry in the Blue versus Amber Light Conditions ( $p = .05$ ) after twenty minutes of continuous light exposure, but not at 10 minutes during the exposure. Since this analysis was only conducted on 15 participants so far of the 25 participants with usable EEG datasets, further analysis will be necessary to elucidate the precise nature of these relationships and their overall significance in the context of the light treatment's underlying mechanisms of action.

## **CONCLUSION:**

The study is progressing extremely well. Although the initiation of data collection was slowed temporarily due to delays in obtaining the several study materials including the new Actiwatch Pro series actigraphs, various paper assessments, and polysomnographic MSLT equipment from the

manufacturers, all needed materials for the entire duration of the study have now been acquired. Data collection was completed ahead of schedule for the Effect Localization Arm, and is currently well underway for the Treatment Arm. Our preliminary findings from the Effect Localization Arm suggest that, as hypothesized, blue light exposure produces observable changes within the brain during a single exposure to morning Bright Blue Light versus comparable Amber Light Placebo. Furthermore, initial comparisons using fMRI tasks also suggest that the Bright Blue Light condition was effective in altering brain responses associated with working memory function specifically, whereas such changes were not evident in the Amber Light Placebo condition. Importantly, prefrontal activation during this task is also related to melatonin suppression. Overall, the regional activations we identified will serve as preliminary regions of interest for the neuroimaging components of the Treatment Arm. Finally, we have demonstrated that exposure to Blue Light, but not Amber Light, is associated with significant effects on affective responding—specifically, blue light may regulate activation within brain regions that are usually hyper-responsive during anticipation of uncertain threat cues in individuals with higher levels of depressive mood. These data have been written up and submitted for presentation at the International Neuropsychological Society Meeting, scheduled for February 3-6, 2016. Regarding the Treatment Arm, our recruitment is on track and continuing as planned. Given the effectiveness of our advertising and recruitment efforts thus far, we anticipate both meeting and exceeding our anticipated recruitment goals during the next quarter, as well as reporting on preliminary Treatment-Arm findings.

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## **Bright Light Therapy for Treatment of Sleep Problems Following Mild TBI**

### **Study Tasks and Assessments**

#### Questionnaires and Clinical Interviews

Mini-International Neuropsychiatric Interview (MINI)

Patient health questionnaire (PHQ)

Rivermead Post-Concussion Symptoms Questionnaire (RPCSQ)

VA National Traumatic Brain Injury Neurobehavioral Symptom Inventory (NSI)

Screen Time Questionnaire (STQ)

#### Personality and Mood Scales

Personality Assessment Inventory (PAI)

Beck Depression Inventory (BDI)

Spielberger State-Trait Anxiety Inventory (STAI)

#### Risk Taking Scales

Evaluation of Risks Scale (EVAR)

Invincibility Beliefs Index (IBI)

#### Sleepiness Scales

Day of Scan Questionnaire

Morningness-Eveningness Questionnaire (MEQ)

Stanford Sleepiness Scale (SSS)

Pittsburgh Sleep Quality Index (PSQI)

Functional Outcome of Sleep Questionnaire (FOSQ)

#### Neuropsychological Tasks

ANAM4 Battery

Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)

Psychomotor Vigilance Test (PVT)

Balloon Analog Risk Task (BART)

Go/No-Go Task (GNG)

Tower of London (TOL)

Wechsler Abbreviated Scale of Intelligence II (WASI II)

California Verbal Learning Test (CVLT)

#### FMRI Tasks

Multi-Source Interference Task (MSIT)

N-Back Task

# M.I.N.I.

## MINI INTERNATIONAL NEUROPSYCHIATRIC INTERVIEW

**English Version 6.0.0**

**DSM-IV**

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### **DISCLAIMER**

Our aim is to assist in the assessment and tracking of patients with greater efficiency and accuracy. Before action is taken on any data collected and processed by this program, it should be reviewed and interpreted by a licensed clinician.

This program is not designed or intended to be used in the place of a full medical and psychiatric evaluation by a qualified licensed physician – psychiatrist. It is intended only as a tool to facilitate accurate data collection and processing of symptoms elicited by trained personnel.

<b>Interviewer's Name:</b>	<b>Patient Number:</b> _____				
<b>Date of Interview:</b>	<b>Time Interview Began:</b> _____				
	<b>Time Interview Ended:</b> _____				
	<b>Total Time:</b> _____				
MODULES	TIME FRAME	MEETS CRITERIA	DSM-IV-TR	ICD-10	PRIMARY DIAGNOSIS
A MAJOR DEPRESSIVE EPISODE	Current (2 weeks) Past Recurrent	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	296.20-296.26 Single 296.20-296.26 Single 296.30-296.36 Recurrent	F32.x F32.x F33.x	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
B SUICIDALITY	Current (Past Month) <input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High	<input type="checkbox"/>			
C MANIC EPISODE	Current Past	<input type="checkbox"/> <input type="checkbox"/>	296.00-296.06	F30.x-F31.9	<input type="checkbox"/>
HYPOMANIC EPISODE	Current Past	<input type="checkbox"/> <input type="checkbox"/>	296.80-296.89	F31.8-F31.9/F34.0	<input type="checkbox"/>
BIPOLAR I DISORDER	Current Past	<input type="checkbox"/> <input type="checkbox"/>	296.0x-296.6x 296.0x-296.6x	F30.x-F31.9 F30.x-F31.9	<input type="checkbox"/> <input type="checkbox"/>
BIPOLAR II DISORDER	Current Past	<input type="checkbox"/> <input type="checkbox"/>	296.89 296.89	F31.8 F31.8	<input type="checkbox"/> <input type="checkbox"/>
BIPOLAR DISORDER NOS	Current Past	<input type="checkbox"/> <input type="checkbox"/>	296.80 296.80	F31.9 F31.9	<input type="checkbox"/> <input type="checkbox"/>
D PANIC DISORDER	Current (Past Month) Lifetime	<input type="checkbox"/> <input type="checkbox"/>	300.01/300.21	F40.01-F41.0	<input type="checkbox"/>
E AGORAPHOBIA	Current	<input type="checkbox"/>	300.22	F40.00	<input type="checkbox"/>
F SOCIAL PHOBIA (Social Anxiety Disorder)	Current (Past Month) Generalized Non-Generalized	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	300.23 300.23	F40.1 F40.1	<input type="checkbox"/> <input type="checkbox"/>
G OBSESSIVE-COMPULSIVE DISORDER	Current (Past Month)	<input type="checkbox"/>	300.3	F42.8	<input type="checkbox"/>
H POSTTRAUMATIC STRESS DISORDER	Current (Past Month)	<input type="checkbox"/>	309.81	F43.1	<input type="checkbox"/>
I ALCOHOL DEPENDENCE	Past 12 Months	<input type="checkbox"/>	303.9	F10.2x	<input type="checkbox"/>
ALCOHOL ABUSE	Past 12 Months	<input type="checkbox"/>	305.00	F10.1	<input type="checkbox"/>
J SUBSTANCE DEPENDENCE (Non-alcohol)	Past 12 Months	<input type="checkbox"/>	304.00-.90/305.20-.90	F11.1-F19.1	<input type="checkbox"/>
SUBSTANCE ABUSE (Non-alcohol)	Past 12 Months	<input type="checkbox"/>	304.00-.90/305.20-.90	F11.1-F19.1	<input type="checkbox"/>
K PSYCHOTIC DISORDERS	Lifetime Current	<input type="checkbox"/> <input type="checkbox"/>	295.10-295.90/297.1/ 297.3/293.81/293.82/ 293.89/298.8/298.9	F20.xx-F29	<input type="checkbox"/>
MOOD DISORDER WITH PSYCHOTIC FEATURES	Lifetime Current	<input type="checkbox"/> <input type="checkbox"/>	296.24/296.34/296.44 296.24/296.34/296.44	F32.3/F33.3/ F30.2/F31.2/F31.5 F31.8/F31.9/F39	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
L ANOREXIA NERVOSA	Current (Past 3 Months)	<input type="checkbox"/>	307.1	F50.0	<input type="checkbox"/>
M BULIMIA NERVOSA	Current (Past 3 Months)	<input type="checkbox"/>	307.51	F50.2	<input type="checkbox"/>
ANOREXIA NERVOSA, BINGE EATING/PURGING TYPE	Current	<input type="checkbox"/>	307.1	F50.0	<input type="checkbox"/>
N GENERALIZED ANXIETY DISORDER	Current (Past 6 Months)	<input type="checkbox"/>	300.02	F41.1	<input type="checkbox"/>
O MEDICAL, ORGANIC, DRUG CAUSE RULED OUT		<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Uncertain			
P ANTISOCIAL PERSONALITY DISORDER	Lifetime	<input type="checkbox"/>	301.7	F60.2	<input type="checkbox"/>
IDENTIFY THE PRIMARY DIAGNOSIS BY CHECKING THE APPROPRIATE CHECK BOX. (Which problem troubles you the most or dominates the others or came first in the natural history?)					

The translation from DSM-IV-TR to ICD-10 coding is not always exact. For more information on this topic see Schulte-Markwort.  
Crosswalks ICD-10/DSM-IV-TR. Hogrefe & Huber Publishers 2006.

## GENERAL INSTRUCTIONS

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The M.I.N.I. was designed as a brief structured interview for the major Axis I psychiatric disorders in DSM-IV and ICD-10. Validation and reliability studies have been done comparing the M.I.N.I. to the SCID-P for DSM-III-R and the CIDI (a structured interview developed by the World Health Organization). The results of these studies show that the M.I.N.I. has similar reliability and validity properties, but can be administered in a much shorter period of time (mean  $18.7 \pm 11.6$  minutes, median 15 minutes) than the above referenced instruments. It can be used by clinicians, after a brief training session. Lay interviewers require more extensive training.

### INTERVIEW:

In order to keep the interview as brief as possible, inform the patient that you will conduct a clinical interview that is more structured than usual, with very precise questions about psychological problems which require a yes or no answer.

### GENERAL FORMAT:

The M.I.N.I. is divided into **modules** identified by letters, each corresponding to a diagnostic category.

- At the beginning of each diagnostic module (except for psychotic disorders module), screening question(s) corresponding to the main criteria of the disorder are presented in a **gray box**.
- At the end of each module, diagnostic box(es) permit the clinician to indicate whether diagnostic criteria are met.

### CONVENTIONS:

*Sentences written in « normal font »* should be read exactly as written to the patient in order to standardize the assessment of diagnostic criteria.

*Sentences written in « CAPITALS »* should not be read to the patient. They are instructions for the interviewer to assist in the scoring of the diagnostic algorithms.

*Sentences written in « bold »* indicate the time frame being investigated. The interviewer should read them as often as necessary. Only symptoms occurring during the time frame indicated should be considered in scoring the responses.

*Answers with an arrow above them (➡)* indicate that one of the criteria necessary for the diagnosis(es) is not met. In this case, the interviewer should go to the end of the module, circle « **NO** » in all the diagnostic boxes and move to the next module.

When terms are separated by a *slash (/)* the interviewer should read only those symptoms known to be present in the patient (for example, question G6).

*Phrases in (parentheses)* are clinical examples of the symptom. These may be read to the patient to clarify the question.

### RATING INSTRUCTIONS:

All questions must be rated. The rating is done at the right of each question by circling either Yes or No. Clinical judgment by the rater should be used in coding the responses. Interviewers need to be sensitive to the diversity of cultural beliefs in their administration of questions and rating of responses. The rater should ask for examples when necessary, to ensure accurate coding. The patient should be encouraged to ask for clarification on any question that is not absolutely clear. The clinician should be sure that each dimension of the question is taken into account by the patient (for example, time frame, frequency, severity, and/or alternatives).

Symptoms better accounted for by an organic cause or by the use of alcohol or drugs should not be coded positive in the M.I.N.I. The M.I.N.I. Plus has questions that investigate these issues.

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For any questions, suggestions, need for a training session or information about updates of the M.I.N.I., please contact:

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## A. MAJOR DEPRESSIVE EPISODE

(► MEANS : GO TO THE DIAGNOSTIC BOXES, CIRCLE NO IN ALL DIAGNOSTIC BOXES, AND MOVE TO THE NEXT MODULE)

A1	a	Were you <u>ever</u> depressed or down, most of the day, nearly every day, for two weeks?	NO	YES
IF NO, CODE NO TO <b>A1b</b> : IF YES ASK:				
	b	For the past two weeks, were you depressed or down, most of the day, nearly every day?	NO	YES
A2				
A2	a	Were you <u>ever</u> much less interested in most things or much less able to enjoy the things you used to enjoy most of the time, for two weeks?	NO	YES
IF NO, CODE NO TO <b>A2b</b> : IF YES ASK:				
	b	In the <u>past two weeks</u> , were you much less interested in most things or much less able to enjoy the things you used to enjoy, most of the time?	NO	YES
IS <b>A1a</b> OR <b>A2a</b> CODED YES?				
			→ NO	YES

A3     **IF A1b OR A2b = YES**: EXPLORE THE CURRENT AND THE MOST SYMPTOMATIC **PAST** EPISODE, OTHERWISE  
**IF A1b AND A2b = NO**: EXPLORE ONLY THE MOST SYMPTOMATIC **PAST** EPISODE

**Over that two week period, when you felt depressed or uninterested:**

		<u>Past 2 Weeks</u>	<u>Past Episode</u>
a	Was your appetite decreased or increased nearly every day? Did your weight decrease or increase without trying intentionally (i.e., by $\pm 5\%$ of body weight or $\pm 8$ lbs. or $\pm 3.5$ kgs., for a 160 lb./70 kg. person in a month)? IF YES TO EITHER, CODE YES.	NO      YES	NO      YES
b	Did you have trouble sleeping nearly every night (difficulty falling asleep, waking up in the middle of the night, early morning wakening or sleeping excessively)?	NO      YES	NO      YES
c	Did you talk or move more slowly than normal or were you fidgety, restless or having trouble sitting still almost every day?	NO      YES	NO      YES
d	Did you feel tired or without energy almost every day?	NO      YES	NO      YES
e	Did you feel worthless or guilty almost every day?	NO      YES	NO      YES
IF YES, ASK FOR EXAMPLES.			
THE EXAMPLES ARE CONSISTENT WITH A DELUSIONAL IDEA. Current Episode <input type="checkbox"/> No <input type="checkbox"/> Yes Past Episode <input type="checkbox"/> No <input type="checkbox"/> Yes			
f	Did you have difficulty concentrating or making decisions almost every day?	NO      YES	NO      YES
g	Did you repeatedly consider hurting yourself, feel suicidal, or wish that you were dead? Did you attempt suicide or plan a suicide? IF YES TO EITHER, CODE YES.	NO      YES	NO      YES
A4	Did these symptoms cause significant problems at home, at work, socially, at school or in some other important way?	NO      YES	NO      YES
A5	In between 2 episodes of depression, did you ever have an interval of at least 2 months, without any significant depression or any significant loss of interest?	NO      YES	NO      YES

ARE **5** OR MORE ANSWERS (**A1-A3**) CODED **YES** AND IS **A4** CODED **YES** FOR THAT TIME FRAME?

SPECIFY IF THE EPISODE IS CURRENT AND / OR PAST.

IF **A5** IS CODED **YES**, CODE **YES** FOR RECURRENT.

NO	YES
<b>MAJOR DEPRESSIVE EPISODE</b>	
CURRENT	<input type="checkbox"/>
PAST	<input type="checkbox"/>
RECURRENT	<input type="checkbox"/>

A6 a How many episodes of depression did you have in your lifetime? \_\_\_\_\_

Between each episode there must be at least 2 months without any significant depression.

## **B. SUICIDALITY**

## Points

### **In the past month did you:**

B1	Suffer any accident? IF NO TO B1, SKIP TO B2; IF YES, ASK B1a:	NO	YES	0
B1a	Plan or intend to hurt yourself in that accident either actively or passively (e.g. not avoiding a risk)? IF NO TO B1a, SKIP TO B2; IF YES, ASK B1b:	NO	YES	0
B1b	Intend to die as a result of this accident?	NO	YES	0
B2	Feel hopeless?	NO	YES	1
B3	Think that you would be better off dead or wish you were dead?	NO	YES	1
B4	Want to harm yourself or to hurt or to injure yourself or have mental images of harming yourself?	NO	YES	2
B5	Think about suicide? IF NO TO B5, SKIP TO B7. OTHERWISE ASK:	NO	YES	6

### Frequency Intensity

## Intensity

Occasionally	<input type="checkbox"/>	Mild	<input type="checkbox"/>
Often	<input type="checkbox"/>	Moderate	<input type="checkbox"/>
Very often	<input type="checkbox"/>	Severe	<input type="checkbox"/>

Can you state that you will not act on these impulses during this treatment program?

NO YES

B6      Feel unable to control these impulses?

NO YES

### B7 Have a suicide plan?

NO YES

B8 Take any active steps to prepare to injure yourself or to prepare for a suicide attempt in which you expected or intended to die?

NO YES 9

B9 Deliberately injure yourself without intending to kill yourself?

NO YES

B10 Attempt suicide?

NO YES

IF NO SKIP TO B11:

Hope to be rescued / survive   
Expected / intended to die

## In your lifetime:

B11 Did you ever make a suicide attempt?

NO YES

IS AT LEAST **1** OF THE ABOVE (EXCEPT B1) CODED **YES**?

IF YES, ADD THE TOTAL POINTS FOR THE ANSWERS (B1-B11) CHECKED 'YES' AND SPECIFY THE SUICIDALITY SCORE AS INDICATED IN THE DIAGNOSTIC BOX:

MAKE ANY ADDITIONAL COMMENTS ABOUT YOUR ASSESSMENT OF THIS PATIENT'S CURRENT AND NEAR FUTURE SUICIDALITY IN THE SPACE BELOW:

NO	YES	
<b>SUICIDALITY</b>		
<b>CURRENT</b>		
1-8 points	Low	<input type="checkbox"/>
9-16 points	Moderate	<input type="checkbox"/>
$\geq 17$ points	High	<input type="checkbox"/>

## C. MANIC AND HYPOMANIC EPISODES

(► MEANS : GO TO THE DIAGNOSTIC BOXES, CIRCLE NO IN MANIC AND HYPOMANIC DIAGNOSTIC BOXES, AND MOVE TO NEXT MODULE)

Do you have any family history of manic depressive illness or bipolar disorder, or any family member who had mood swings treated with a medication like lithium, sodium valproate (Depakote) or lamotrigine (Lamictal)?

NO YES

THIS QUESTION IS NOT A CRITERION FOR BIPOLAR DISORDER, BUT IS ASKED TO INCREASE THE CLINICIAN'S VIGILANCE ABOUT THE RISK FOR BIPOLAR DISORDER .

IF YES, PLEASE SPECIFY WHO: \_\_\_\_\_

C1 a Have you **ever** had a period of time when you were feeling 'up' or 'high' or 'hyper' or so full of energy or full of yourself that you got into trouble, - or that other people thought you were not your usual self? (Do not consider times when you were intoxicated on drugs or alcohol.)

NO YES

IF PATIENT IS PUZZLED OR UNCLEAR ABOUT WHAT YOU MEAN

BY 'UP' OR 'HIGH' OR 'HYPER', CLARIFY AS FOLLOWS: By 'up' or 'high' or 'hyper' I mean: having elated mood; increased energy; needing less sleep; having rapid thoughts; being full of ideas; having an increase in productivity, motivation, creativity, or impulsive behavior; phoning or working excessively or spending more money.

IF NO, CODE NO TO C1b: IF YES ASK:

b Are you currently feeling 'up' or 'high' or 'hyper' or full of energy? NO YES

C2 a Have you **ever** been persistently irritable, for several days, so that you had arguments or verbal or physical fights, or shouted at people outside your family? Have you or others noticed that you have been more irritable or over reacted, compared to other people, even in situations that you felt were justified?

NO YES

IF NO, CODE NO TO C2b: IF YES ASK:

b Are you currently feeling persistently irritable? NO YES

IS C1a OR C2a CODED YES?

NO YES

C3 IF C1b OR C2b = YES: EXPLORE THE CURRENT AND THE MOST SYMPTOMATIC PAST EPISODE, OTHERWISE IF C1b AND C2b = NO: EXPLORE ONLY THE MOST SYMPTOMATIC PAST EPISODE

During the times when you felt high, full of energy, or irritable did you:

	Current Episode		Past Episode	
a	NO	YES	NO	YES
	especially important person? If YES, ASK FOR EXAMPLES. THE EXAMPLES ARE CONSISTENT WITH A DELUSIONAL IDEA. Current Episode <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes Past Episode <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes			
b	NO	YES	NO	YES
c	NO	YES	NO	YES
d	NO	YES	NO	YES

		<u>Current Episode</u>		<u>Past Episode</u>	
e	Become easily distracted so that any little interruption could distract you?	NO	YES	NO	YES
f	Have a significant increase in your activity or drive, at work, at school, socially or sexually or did you become physically or mentally restless?	NO	YES	NO	YES
g	Want so much to engage in pleasurable activities that you ignored the risks or consequences (for example, spending sprees, reckless driving, or sexual indiscretions)?	NO	YES	NO	YES
<b>C3 SUMMARY: WHEN RATING CURRENT EPISODE:</b>		NO	YES	NO	YES
<b>IF C1b is NO, ARE 4 OR MORE C3 ANSWERS CODED YES?</b>					
<b>IF C1b is YES, ARE 3 OR MORE C3 ANSWERS CODED YES?</b>					
<b>WHEN RATING PAST EPISODE:</b>					
<b>IF C1a is NO, ARE 4 OR MORE C3 ANSWERS CODED YES?</b>					
<b>IF C1a is YES, ARE 3 OR MORE C3 ANSWERS CODED YES?</b>					
CODE YES ONLY IF THE ABOVE 3 OR 4 SYMPTOMS OCCURRED DURING THE SAME TIME PERIOD.					
RULE: ELATION/EXPANSIVENESS REQUIRES ONLY THREE C3 SYMPTOMS, WHILE IRRITABLE MOOD ALONE REQUIRES 4 OF THE C3 SYMPTOMS.					
<b>C4</b>	What is the longest time these symptoms lasted?				
a)	3 days or less	<input type="checkbox"/>		<input type="checkbox"/>	
b)	4 to 6 days	<input type="checkbox"/>		<input type="checkbox"/>	
c)	7 days or more	<input type="checkbox"/>		<input type="checkbox"/>	
<b>C5</b>	Were you hospitalized for these problems?	NO	YES	NO	YES
IF YES, STOP HERE AND CIRCLE YES IN MANIC EPISODE FOR THAT TIME FRAME.					
<b>C6</b>	Did these symptoms cause significant problems at home, at work, socially in your relationships with others, at school or in some other important way?	NO	YES	NO	YES

ARE **C3** SUMMARY AND **C5** AND **C6** CODED YES AND EITHER **C4a** or **b** or **c** CODED YES?

OR

ARE **C3** SUMMARY AND **C4c** AND **C6** CODED YES AND IS **C5** CODED NO?

SPECIFY IF THE EPISODE IS CURRENT AND / OR PAST.

**NO**                    **YES**

**MANIC EPISODE**

CURRENT                      
PAST                   

ARE **C3** SUMMARY AND **C5** AND **C6** CODED NO AND EITHER **C4b** OR **C4c** CODED YES?

OR

ARE **C3** SUMMARY AND **C4b** AND **C6** CODED YES AND IS **C5** CODED NO?

SPECIFY IF THE EPISODE IS CURRENT AND / OR PAST.

**NO**                    **YES**

**HYPOMANIC EPISODE**

CURRENT                      
PAST

ARE **C3** SUMMARY AND **C4a** CODED **YES** AND IS **C5** CODED **NO**?

**NO**

**YES**

**HYPOMANIC SYMPTOMS**

SPECIFY IF THE EPISODE IS CURRENT AND / OR PAST.

CURRENT

PAST

C7 a) IF MANIC EPISODE IS POSITIVE FOR EITHER CURRENT OR PAST ASK:

Did you have 2 or more manic episodes (**C4c**) in your lifetime (including the current episode if present)? **NO** **YES**

b) IF HYPOMANIC EPISODE IS POSITIVE FOR EITHER CURRENT OR PAST ASK:

Did you have 2 or more hypomanic EPISODES (**C4b**) in your lifetime (including the current episode)? **NO** **YES**

c) IF PAST “HYPOMANIC SYMPTOMS” IS CODED POSITIVE ASK:

Did you have 2 or more episodes of hypomanic SYMPTOMS (**C4a**) in your lifetime  
(including the current episode if present)?

**NO** **YES**

## D. PANIC DISORDER

(➡ MEANS : CIRCLE NO IN D5, D6 AND D7 AND SKIP TO E1)

D1	a	Have you, on more than one occasion, had spells or attacks when you <b>suddenly</b> felt anxious, frightened, uncomfortable or uneasy, even in situations where most people would not feel that way?	➡	NO	YES
			➡	NO	YES
D2		At any time in the past, did any of those spells or attacks come on unexpectedly or occur in an unpredictable or unprovoked manner?	➡	NO	YES
D3		Have you ever had one such attack followed by a month or more of persistent concern about having another attack, or worries about the consequences of the attack - or did you make a significant change in your behavior because of the attacks (e.g., shopping only with a companion, not wanting to leave your house, visiting the emergency room repeatedly, or seeing your doctor more frequently because of the symptoms)?	➡	NO	YES
D4		<b>During the worst attack that you can remember:</b>			
	a	Did you have skipping, racing or pounding of your heart?	➡	NO	YES
	b	Did you have sweating or clammy hands?	➡	NO	YES
	c	Were you trembling or shaking?	➡	NO	YES
	d	Did you have shortness of breath or difficulty breathing?	➡	NO	YES
	e	Did you have a choking sensation or a lump in your throat?	➡	NO	YES
	f	Did you have chest pain, pressure or discomfort?	➡	NO	YES
	g	Did you have nausea, stomach problems or sudden diarrhea?	➡	NO	YES
	h	Did you feel dizzy, unsteady, lightheaded or faint?	➡	NO	YES
	i	Did things around you feel strange, unreal, detached or unfamiliar, or did you feel outside of or detached from part or all of your body?	➡	NO	YES
	j	Did you fear that you were losing control or going crazy?	➡	NO	YES
	k	Did you fear that you were dying?	➡	NO	YES
	l	Did you have tingling or numbness in parts of your body?	➡	NO	YES
	m	Did you have hot flushes or chills?	➡	NO	YES
D5		ARE BOTH <b>D3, AND 4 OR MORE D4 ANSWERS, CODED YES?</b> IF YES TO D5, SKIP TO D7.	➡	NO	YES
					<i>PANIC DISORDER LIFETIME</i>
D6		IF <b>D5 = NO</b> , ARE ANY D4 ANSWERS CODED YES? THEN SKIP TO E1.	➡	NO	YES
					<i>LIMITED SYMPTOM ATTACKS LIFETIME</i>

D7 In the past month, did you have such attacks repeatedly (2 or more), and did you have persistent concern about having another attack, or worry about the consequences of the attacks, or did you change your behavior in any way because of the attacks? NO YES  
*PANIC DISORDER*  
*CURRENT*

## E. AGORAPHOBIA

E1 Do you feel anxious or uneasy in places or situations where help might not be available or escape might be difficult, like being in a crowd, standing in a line (queue), when you are alone away from home or alone at home, or when crossing a bridge, or traveling in a bus, train or car or where you might have a panic attack or the panic-like symptoms we just spoke about? NO YES

IF E1 = NO, CIRCLE NO IN E2.

E2 Do you fear these situations so much that you avoid them, or suffer through them, or need a companion to face them? NO YES  
*AGORAPHOBIA*  
*CURRENT*

IS E2 (CURRENT AGORAPHOBIA) CODED YES

and

IS D7 (CURRENT PANIC DISORDER) CODED YES?

NO YES

*PANIC DISORDER*  
*with Agoraphobia*  
*CURRENT*

IS E2 (CURRENT AGORAPHOBIA) CODED NO

and

IS D7 (CURRENT PANIC DISORDER) CODED YES?

NO YES

*PANIC DISORDER*  
*without Agoraphobia*  
*CURRENT*

IS E2 (CURRENT AGORAPHOBIA) CODED YES

and

IS D5 (PANIC DISORDER LIFETIME) CODED NO?

NO YES

*AGORAPHOBIA, CURRENT*  
*without history of*  
*Panic Disorder*

## F. SOCIAL PHOBIA (Social Anxiety Disorder)

(➡ MEANS : GO TO THE DIAGNOSTIC BOX, CIRCLE NO AND MOVE TO THE NEXT MODULE)

F1	In the past month, did you have persistent fear and significant anxiety at being watched, being the focus of attention, or of being humiliated or embarrassed? This includes things like speaking in public, eating in public or with others, writing while someone watches, or being in social situations.	➡	NO	YES								
F2	Is this social fear excessive or unreasonable and does it almost always make you anxious?	➡	NO	YES								
F3	Do you fear these social situations so much that you avoid them or suffer through them most of the time?	➡	NO	YES								
F4	Do these social fears disrupt your normal work, school or social functioning or cause you significant distress?											
<b>SUBTYPES</b> Do you fear and avoid 4 or more social situations? If YES      Generalized social phobia (social anxiety disorder) If NO      Non-generalized social phobia (social anxiety disorder)												
<b>EXAMPLES OF SUCH SOCIAL SITUATIONS TYPICALLY INCLUDE</b> <ul style="list-style-type: none"> <li>• INITIATING OR MAINTAINING A CONVERSATION,</li> <li>• PARTICIPATING IN SMALL GROUPS,</li> <li>• DATING,</li> <li>• SPEAKING TO AUTHORITY FIGURES,</li> <li>• ATTENDING PARTIES,</li> <li>• PUBLIC SPEAKING,</li> <li>• EATING IN FRONT OF OTHERS,</li> <li>• URINATING IN A PUBLIC WASHROOM, ETC.</li> </ul>												
NOTE TO INTERVIEWER: PLEASE ASSESS WHETHER THE SUBJECT'S FEARS ARE RESTRICTED TO NON-GENERALIZED ("ONLY 1 OR SEVERAL") SOCIAL SITUATIONS OR EXTEND TO GENERALIZED ("MOST") SOCIAL SITUATIONS. "MOST" SOCIAL SITUATIONS IS USUALLY OPERATIONALIZED TO MEAN 4 OR MORE SOCIAL SITUATIONS, ALTHOUGH THE DSM-IV DOES NOT EXPLICITLY STATE THIS.												
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;"><b>NO</b></td> <td style="width: 50%; text-align: center;"><b>YES</b></td> </tr> <tr> <td colspan="2" style="text-align: center;"><b><i>SOCIAL PHOBIA</i></b> <b><i>(Social Anxiety Disorder)</i></b> <b><i>CURRENT</i></b></td> </tr> <tr> <td style="text-align: center;">GENERALIZED</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td style="text-align: center;">NON-GENERALIZED</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> </table>					<b>NO</b>	<b>YES</b>	<b><i>SOCIAL PHOBIA</i></b> <b><i>(Social Anxiety Disorder)</i></b> <b><i>CURRENT</i></b>		GENERALIZED	<input type="checkbox"/>	NON-GENERALIZED	<input type="checkbox"/>
<b>NO</b>	<b>YES</b>											
<b><i>SOCIAL PHOBIA</i></b> <b><i>(Social Anxiety Disorder)</i></b> <b><i>CURRENT</i></b>												
GENERALIZED	<input type="checkbox"/>											
NON-GENERALIZED	<input type="checkbox"/>											

## G. OBSESSIVE-COMPULSIVE DISORDER

(► MEANS: GO TO THE DIAGNOSTIC BOX, CIRCLE NO AND MOVE TO THE NEXT MODULE)

G1 In the past month, have you been bothered by recurrent thoughts, impulses, or images that were unwanted, distasteful, inappropriate, intrusive, or distressing? - (For example, the idea that you were dirty, contaminated or had germs, **or** fear of contaminating others, **or** fear of harming someone even though it disturbs or distresses you, or fear you would act on some impulse, **or** fear or superstitions that you would be responsible for things going wrong, **or** obsessions with sexual thoughts, images or impulses, **or** hoarding, collecting, **or** religious obsessions.)

NO YES  
↓  
SKIP TO G4

(DO NOT INCLUDE SIMPLY EXCESSIVE WORRIES ABOUT REAL LIFE PROBLEMS. DO NOT INCLUDE OBSESSIONS DIRECTLY RELATED TO EATING DISORDERS, SEXUAL DEVIATIONS, PATHOLOGICAL GAMBLING, OR ALCOHOL OR DRUG ABUSE BECAUSE THE PATIENT MAY DERIVE PLEASURE FROM THE ACTIVITY AND MAY WANT TO RESIST IT ONLY BECAUSE OF ITS NEGATIVE CONSEQUENCES.)

G2 Did they keep coming back into your mind even when you tried to ignore or get rid of them?

G3 Do you think that these obsessions are the product of your own mind and that they are not imposed from the outside?

NO YES  
↓  
SKIP TO G4

NO YES  
**obsessions**

G4 In the past month, did you do something repeatedly without being able to resist doing it, like washing or cleaning excessively, counting or checking things over and over, or repeating, collecting, arranging things, or other superstitious rituals?

NO YES  
**compulsions**

IS G3 OR G4 CODED YES?

G5 At any point, did you recognize that either these obsessive thoughts or these compulsive behaviors were excessive or unreasonable?

NO YES  
→  
NO YES

G6 In the past month, did these obsessive thoughts and/or compulsive behaviors significantly interfere with your normal routine, your work or school, your usual social activities, or relationships, or did they take more than one hour a day?

NO YES  
**O.C.D.  
CURRENT**

## H. POSTTRAUMATIC STRESS DISORDER

(➡ MEANS : GO TO THE DIAGNOSTIC BOX, CIRCLE NO, AND MOVE TO THE NEXT MODULE)

<p>H1 Have you ever experienced or witnessed or had to deal with an extremely traumatic event that included actual or threatened death or serious injury to you or someone else?</p> <p>EXAMPLES OF TRAUMATIC EVENTS INCLUDE: SERIOUS ACCIDENTS, SEXUAL OR PHYSICAL ASSAULT, A TERRORIST ATTACK, BEING HELD HOSTAGE, KIDNAPPING, FIRE, DISCOVERING A BODY, WAR, OR NATURAL DISASTER, WITNESSING THE VIOLENT OR SUDDEN DEATH OF SOMEONE CLOSE TO YOU, OR A LIFE THREATENING ILLNESS.</p> <p>H2 Did you respond with intense fear, helplessness or horror?</p> <p>H3 During the past month, have you re-experienced the event in a distressing way (such as in dreams, intense recollections, flashbacks or physical reactions) or did you have intense distress when you were reminded about the event or exposed to a similar event?</p>	<p>→ NO YES</p> <p>→ NO YES</p> <p>→ NO YES</p>				
<p><b>H4 In the past month:</b></p> <p>a Have you avoided thinking about or talking about the event ?</p> <p>b Have you avoided activities, places or people that remind you of the event?</p> <p>c Have you had trouble recalling some important part of what happened?</p> <p>d Have you become much less interested in hobbies or social activities?</p> <p>e Have you felt detached or estranged from others?</p> <p>f Have you noticed that your feelings are numbed?</p> <p>g Have you felt that your life will be shortened or that you will die sooner than other people?</p>					
<p>→ NO YES</p>					
<p><b>ARE 3 OR MORE H4 ANSWERS CODED YES?</b></p>					
<p><b>H5 In the past month:</b></p> <p>a Have you had difficulty sleeping?</p> <p>b Were you especially irritable or did you have outbursts of anger?</p> <p>c Have you had difficulty concentrating?</p> <p>d Were you nervous or constantly on your guard?</p> <p>e Were you easily startled?</p>					
<p>→ NO YES</p>					
<p><b>ARE 2 OR MORE H5 ANSWERS CODED YES?</b></p>					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center; padding: 5px;">NO</td> <td style="width: 50%; text-align: center; padding: 5px;">YES</td> </tr> <tr> <td colspan="2" style="text-align: center; padding: 5px;"><b>POSTTRAUMATIC STRESS DISORDER CURRENT</b></td> </tr> </table>		NO	YES	<b>POSTTRAUMATIC STRESS DISORDER CURRENT</b>	
NO	YES				
<b>POSTTRAUMATIC STRESS DISORDER CURRENT</b>					
<p>H6 During the past month, have these problems significantly interfered with your work, school or social activities, or caused significant distress?</p>					

## I. ALCOHOL DEPENDENCE / ABUSE

(→ MEANS: GO TO DIAGNOSTIC BOXES, CIRCLE NO IN BOTH AND MOVE TO THE NEXT MODULE)

I1 <b>In the past 12 months</b> , have you had 3 or more alcoholic drinks, - within a 3 hour period, - on 3 or more occasions?		NO	YES
I2	<b>In the past 12 months:</b>		
a	Did you need to drink a lot more in order to get the same effect that you got when you first started drinking or did you get much less effect with continued use of the same amount?	NO	YES
b	When you cut down on drinking did your hands shake, did you sweat or feel agitated? Did you drink to avoid these symptoms (for example, "the shakes", sweating or agitation) or to avoid being hungover?	NO	YES
	IF YES TO ANY, CODE YES.		
c	During the times when you drank alcohol, did you end up drinking more than you planned when you started?	NO	YES
d	Have you tried to reduce or stop drinking alcohol but failed?	NO	YES
e	On the days that you drank, did you spend substantial time in obtaining alcohol, drinking, or in recovering from the effects of alcohol?	NO	YES
f	Did you spend less time working, enjoying hobbies, or being with others because of your drinking?	NO	YES
g	If your drinking caused you health or mental problems, did you still keep on drinking?	NO	YES

**ARE 3 OR MORE I2 ANSWERS CODED YES?**

\* IF YES, SKIP 13 QUESTIONS AND GO TO NEXT MODULE. "DEPENDENCE PREEMPTS ABUSE" IN DSM IV TR.

**I3 In the past 12 months:**

a Have you been intoxicated, high, or hungover more than once when you had other responsibilities at school, at work, or at home? Did this cause any problems? NO YES  
(CODE YES ONLY IF THIS CAUSED PROBLEMS.)

b Were you intoxicated more than once in any situation where you were physically at risk, for example, driving a car, riding a motorbike, using machinery, boating, etc.? NO YES

c Did you have legal problems more than once because of your drinking, for example, an arrest or disorderly conduct? NO YES

d If your drinking caused problems with your family or other people, did you still keep on drinking? NO YES

ARE **1** OR MORE **I3** ANSWERS CODED **YES**?

NO YES

**ALCOHOL ABUSE**  
**CURRENT**

## J. SUBSTANCE DEPENDENCE / ABUSE (NON-ALCOHOL)

(► MEANS : GO TO THE DIAGNOSTIC BOXES, CIRCLE NO IN ALL DIAGNOSTIC BOXES, AND MOVE TO THE NEXT MODULE)

Now I am going to show you / read to you a list of street drugs or medicines.

J1 a In the past 12 months, did you take any of these drugs more than once, to get high, to feel elated, to get "a buzz" or to change your mood? NO YES

CIRCLE EACH DRUG TAKEN:

**Stimulants:** amphetamines, "speed", crystal meth, "crank", "rush", Dexedrine, Ritalin, diet pills.

**Cocaine:** snorting, IV, freebase, crack, "speedball".

**Narcotics:** heroin, morphine, Dilaudid, opium, Demerol, methadone, Darvon, codeine, Percodan, Vicoden, OxyContin.

**Hallucinogens:** LSD ("acid"), mescaline, peyote, psilocybin, STP, "mushrooms", "ecstasy", MDA, MDMA.

**Phencyclidine:** PCP ("Angel Dust", "PeaCe Pill", "Tranq", "Hog"), or ketamine ("special K").

**Inhalants:** "glue", ethyl chloride, "rush", nitrous oxide ("laughing gas"), amyl or butyl nitrate ("poppers").

**Cannabis:** marijuana, hashish ("hash"), THC, "pot", "grass", "weed", "reefer".

**Tranquilizers:** Quaalude, Seconal ("reds"), Valium, Xanax, Librium, Ativan, Dalmane, Halcion, barbiturates, Miltown, GHB, Roofinol, "Roofies".

**Miscellaneous:** steroids, nonprescription sleep or diet pills. Cough Medicine? Any others?

SPECIFY THE MOST USED DRUG(S): \_\_\_\_\_

WHICH DRUG(S) CAUSE THE BIGGEST PROBLEMS?: \_\_\_\_\_

FIRST EXPLORE THE DRUG CAUSING THE BIGGEST PROBLEMS AND MOST LIKELY TO MEET DEPENDENCE / ABUSE CRITERIA.

IF MEETS CRITERIA FOR ABUSE OR DEPENDENCE, SKIP TO THE NEXT MODULE. OTHERWISE, EXPLORE THE NEXT MOST PROBLEMATIC DRUG.

J2 Considering your use of (NAME THE DRUG / DRUG CLASS SELECTED), in the past 12 months:

a Have you found that you needed to use much more (NAME OF DRUG / DRUG CLASS SELECTED) to get the same effect that you did when you first started taking it? NO YES

b When you reduced or stopped using (NAME OF DRUG / DRUG CLASS SELECTED), did you have withdrawal symptoms (aches, shaking, fever, weakness, diarrhea, nausea, sweating, heart pounding, difficulty sleeping, or feeling agitated, anxious, irritable, or depressed)? Did you use any drug(s) to keep yourself from getting sick (withdrawal symptoms) or so that you would feel better? NO YES

IF YES TO EITHER, CODE YES.

c Have you often found that when you used (NAME OF DRUG / DRUG CLASS SELECTED), you ended up taking more than you thought you would? NO YES

d Have you tried to reduce or stop taking (NAME OF DRUG / DRUG CLASS SELECTED) but failed? NO YES

e On the days that you used (NAME OF DRUG / DRUG CLASS SELECTED), did you spend substantial time (>2 HOURS), obtaining, using or in recovering from the drug, or thinking about the drug? NO YES

f Did you spend less time working, enjoying hobbies, or being with family or friends because of your drug use? NO YES

g If (NAME OF DRUG / DRUG CLASS SELECTED) caused you health or mental problems, did you still keep on using it? NO YES

ARE **3** OR MORE **J2** ANSWERS CODED **YES**?

SPECIFY DRUG(S): \_\_\_\_\_

\* IF YES, SKIP J3 QUESTIONS, MOVE TO NEXT DISORDER.  
"DEPENDENCE PREEMPTS ABUSE" IN DSM IV TR.

NO YES \*

**SUBSTANCE DEPENDENCE**  
**CURRENT**

**Considering your use of (NAME THE DRUG CLASS SELECTED), in the past 12 months:**

J3 a Have you been intoxicated, high, or hungover from (NAME OF DRUG / DRUG CLASS SELECTED) more than once, when you had other responsibilities at school, at work, or at home? Did this cause any problem? NO YES  
(CODE YES ONLY IF THIS CAUSED PROBLEMS.)

b Have you been high or intoxicated from (NAME OF DRUG / DRUG CLASS SELECTED) more than once in any situation where you were physically at risk (for example, driving a car, riding a motorbike, using machinery, boating, etc.)? NO YES

c Did you have legal problems more than once because of your drug use, for example, an arrest or disorderly conduct? NO YES

d If (NAME OF DRUG / DRUG CLASS SELECTED) caused problems with your family or other people, did you still keep on using it? NO YES

ARE **1** OR MORE **J3** ANSWERS CODED **YES**?

SPECIFY DRUG(S): \_\_\_\_\_

NO YES

**SUBSTANCE ABUSE**  
**CURRENT**

## K. PSYCHOTIC DISORDERS AND MOOD DISORDER WITH PSYCHOTIC FEATURES

ASK FOR AN EXAMPLE OF EACH QUESTION ANSWERED POSITIVELY. CODE YES ONLY IF THE EXAMPLES CLEARLY SHOW A DISTORTION OF THOUGHT OR OF PERCEPTION OR IF THEY ARE NOT CULTURALLY APPROPRIATE. BEFORE CODING, INVESTIGATE WHETHER DELUSIONS QUALIFY AS "BIZARRE".

DELUSIONS ARE "BIZARRE" IF: CLEARLY IMPLAUSIBLE, ABSURD, NOT UNDERSTANDABLE, AND CANNOT DERIVE FROM ORDINARY LIFE EXPERIENCE.

HALLUCINATIONS ARE SCORED "BIZARRE" IF: A VOICE COMMENTS ON THE PERSON'S THOUGHTS OR BEHAVIOR, OR WHEN TWO OR MORE VOICES ARE CONVERSING WITH EACH OTHER. THE PURPOSE OF THIS MODULE IS TO EXCLUDE PATIENTS WITH PSYCHOTIC DISORDERS. THIS MODULE NEEDS EXPERIENCE.

Now I am going to ask you about unusual experiences that some people have.				BIZARRE	
K1	a	Have you ever believed that people were spying on you, or that someone was plotting against you, or trying to hurt you?  NOTE: ASK FOR EXAMPLES TO RULE OUT ACTUAL STALKING.	NO	YES	YES
	b	IF YES OR YES BIZARRE: do you currently believe these things?	NO	YES	YES ↳K6
K2	a	Have you ever believed that someone was reading your mind or could hear your thoughts, or that you could actually read someone's mind or hear what another person was thinking?	NO	YES	YES
	b	IF YES OR YES BIZARRE: do you currently believe these things?	NO	YES	YES ↳K6
K3	a	Have you ever believed that someone or some force outside of yourself put thoughts in your mind that were not your own, or made you act in a way that was not your usual self? Have you ever felt that you were possessed?  CLINICIAN: ASK FOR EXAMPLES AND DISCOUNT ANY THAT ARE NOT PSYCHOTIC.	NO	YES	YES
	b	IF YES OR YES BIZARRE: do you currently believe these things?	NO	YES	YES ↳K6
K4	a	Have you ever believed that you were being sent special messages through the TV, radio, newspapers, books or magazines or that a person you did not personally know was particularly interested in you?	NO	YES	YES
	b	IF YES OR YES BIZARRE: do you currently believe these things?	NO	YES	YES ↳K6
K5	a	Have your relatives or friends ever considered any of your beliefs odd or unusual?  INTERVIEWER: ASK FOR EXAMPLES. ONLY CODE YES IF THE EXAMPLES ARE CLEARLY DELUSIONAL IDEAS NOT EXPLORED IN QUESTIONS K1 TO K4, FOR EXAMPLE, SOMATIC OR RELIGIOUS DELUSIONS OR DELUSIONS OF GRANDIOSITY, JEALOUSY, GUILT, RUIN OR DESTITUTION, ETC.	NO	YES	YES
	b	IF YES OR YES BIZARRE: do they currently consider your beliefs strange?	NO	YES	YES
K6	a	Have you ever heard things other people couldn't hear, such as voices?  IF YES TO VOICE HALLUCINATION: Was the voice commenting on your thoughts or behavior or did you hear two or more voices talking to each other?	NO	YES	YES
	b	IF YES OR YES BIZARRE TO K6a: have you heard sounds / voices in the past month?  IF YES TO VOICE HALLUCINATION: Was the voice commenting on your thoughts or behavior or did you hear two or more voices talking to each other?	NO	YES	YES ↳K8b

K7 a Have you ever had visions when you were awake or have you ever seen things other people couldn't see? NO YES

CLINICIAN: CHECK TO SEE IF THESE ARE CULTURALLY INAPPROPRIATE.

b IF YES: have you seen these things in the past month? NO YES

**CLINICIAN'S JUDGMENT**

K8 b IS THE PATIENT CURRENTLY EXHIBITING INCOHERENCE, DISORGANIZED SPEECH, OR MARKED LOOSENING OF ASSOCIATIONS? NO YES

K9 b IS THE PATIENT CURRENTLY EXHIBITING DISORGANIZED OR CATATONIC BEHAVIOR? NO YES

K10 b ARE NEGATIVE SYMPTOMS OF SCHIZOPHRENIA, E.G. SIGNIFICANT AFFECTIVE FLATTENING, POVERTY OF SPEECH (ALOGIA) OR AN INABILITY TO INITIATE OR PERSIST IN GOAL-DIRECTED ACTIVITIES (AVOLITION), PROMINENT DURING THE INTERVIEW? NO YES

K11 a ARE 1 OR MORE « a » QUESTIONS FROM K1a TO K7a CODED YES OR YES BIZARRE AND IS EITHER:

MAJOR DEPRESSIVE EPISODE, (CURRENT, RECURRENT OR PAST)

OR

MANIC OR HYPOMANIC EPISODE, (CURRENT OR PAST) CODED YES?

NO YES  
↳ K13

IF NO TO K11 a, CIRCLE NO IN BOTH 'MOOD DISORDER WITH PSYCHOTIC FEATURES' DIAGNOSTIC BOXES AND MOVE TO K13.

b You told me earlier that you had period(s) when you felt (depressed/high/persistently irritable).

Were the beliefs and experiences you just described (SYMPTOMS CODED YES FROM K1a TO K7a) restricted exclusively to times when you were feeling depressed/high/irritable?

IF THE PATIENT EVER HAD A PERIOD OF AT LEAST 2 WEEKS OF HAVING THESE BELIEFS OR EXPERIENCES (PSYCHOTIC SYMPTOMS) WHEN THEY WERE NOT DEPRESSED/HIGH/IRRITABLE, CODE NO TO THIS DISORDER.

IF THE ANSWER IS NO TO THIS DISORDER, ALSO CIRCLE NO TO K12 AND MOVE TO K13

**NO** **YES**

**MOOD DISORDER WITH PSYCHOTIC FEATURES**

**LIFETIME**

K12 a ARE 1 OR MORE « b » QUESTIONS FROM K1b TO K7b CODED YES OR YES BIZARRE AND IS EITHER:

MAJOR DEPRESSIVE EPISODE, (CURRENT)

OR

MANIC OR HYPOMANIC EPISODE, (CURRENT) CODED YES?

**NO** **YES**

**MOOD DISORDER WITH PSYCHOTIC FEATURES**

**CURRENT**

IF THE ANSWER IS YES TO THIS DISORDER (LIFETIME OR CURRENT), CIRCLE NO TO K13 AND K14 AND MOVE TO THE NEXT MODULE.

K13 ARE 1 OR MORE « b » QUESTIONS FROM K1b TO K6b, CODED YES BIZARRE?

OR

ARE 2 OR MORE « b » QUESTIONS FROM K1b TO K10b, CODED YES (RATHER THAN YES BIZARRE)?

AND DID AT LEAST TWO OF THE PSYCHOTIC SYMPTOMS OCCUR DURING THE SAME 1 MONTH PERIOD?

NO YES

***PSYCHOTIC DISORDER  
CURRENT***

K14 IS **K13** CODED YES

OR

ARE 1 OR MORE « a » QUESTIONS FROM K1a TO K6a, CODED YES BIZARRE?

OR

ARE 2 OR MORE « a » QUESTIONS FROM K1a TO K7a, CODED YES (RATHER THAN YES BIZARRE)

AND DID AT LEAST TWO OF THE PSYCHOTIC SYMPTOMS OCCUR DURING THE SAME 1 MONTH PERIOD?

NO YES

***PSYCHOTIC DISORDER  
LIFETIME***

## L. ANOREXIA NERVOSA

(➡ MEANS : GO TO THE DIAGNOSTIC BOX, CIRCLE NO, AND MOVE TO THE NEXT MODULE)

L1 a How tall are you?

ft   in.

cm.

lbs.

kgs.

b. What was your lowest weight in the past 3 months?

➡ NO YES

c IS PATIENT'S WEIGHT EQUAL TO OR BELOW THE THRESHOLD CORRESPONDING TO HIS / HER HEIGHT? (SEE TABLE BELOW)

### In the past 3 months:

L2 In spite of this low weight, have you tried not to gain weight?

➡ NO YES

L3 Have you intensely feared gaining weight or becoming fat, even though you were underweight?

➡ NO YES

L4 a Have you considered yourself too big / fat or that part of your body was too big / fat?

➡ NO YES

b Has your body weight or shape greatly influenced how you felt about yourself?

➡ NO YES

c Have you thought that your current low body weight was normal or excessive?

➡ NO YES

L5 ARE 1 OR MORE ITEMS FROM L4 CODED YES?

➡ NO YES

L6 FOR WOMEN ONLY: During the last 3 months, did you miss all your menstrual periods when they were expected to occur (when you were not pregnant)?

➡ NO YES

FOR WOMEN: ARE L5 AND L6 CODED YES?

NO YES

FOR MEN: IS L5 CODED YES?

ANOREXIA NERVOSA  
CURRENT

### HEIGHT / WEIGHT TABLE CORRESPONDING TO A BMI THRESHOLD OF 17.5 kg/m<sup>2</sup>

#### Height/Weight

ft/in	4'9	4'10	4'11	5'0	5'1	5'2	5'3	5'4	5'5	5'6	5'7	5'8	5'9	5'10
lbs.	81	84	87	89	92	96	99	102	105	108	112	115	118	122
cm	145	147	150	152	155	158	160	163	165	168	170	173	175	178
kgs	37	38	39	41	42	43	45	46	48	49	51	52	54	55

#### Height/Weight

ft/in	5'11	6'0	6'1	6'2	6'3
lbs.	125	129	132	136	140
cm	180	183	185	188	191
kgs	57	59	60	62	64

The weight thresholds above are calculated using a body mass index (BMI) equal to or below 17.5 kg/m<sup>2</sup> for the patient's height. This is the threshold guideline below which a person is deemed underweight by the DSM-IV and the ICD-10 Diagnostic Criteria for Research for Anorexia Nervosa.

## **M. BULIMIA NERVOSA**

(→ MEANS : GO TO THE DIAGNOSTIC BOXES, CIRCLE NO IN ALL DIAGNOSTIC BOXES, AND MOVE TO THE NEXT MODULE)

M1	In the past three months, did you have eating binges or times when you ate a very large amount of food within a 2-hour period?	→	NO	YES
M2	In the last 3 months, did you have eating binges as often as twice a week?	→	NO	YES
M3	During these binges, did you feel that your eating was out of control?	→	NO	YES
M4	Did you do anything to compensate for, or to prevent a weight gain from these binges, like vomiting, fasting, exercising or taking laxatives, enemas, diuretics (fluid pills), or other medications?	→	NO	YES
M5	Does your body weight or shape greatly influence how you feel about yourself?	→	NO	YES
M6	DO THE PATIENT'S SYMPTOMS MEET CRITERIA FOR ANOREXIA NERVOSA?	↓	NO	YES
			Skip to M8	
M7	Do these binges occur only when you are under ( ____ lbs./kgs.)?		NO	YES
	INTERVIEWER: WRITE IN THE ABOVE PARENTHESIS THE THRESHOLD WEIGHT FOR THIS PATIENT'S HEIGHT FROM THE HEIGHT / WEIGHT TABLE IN THE ANOREXIA NERVOSA MODULE.			
M8	IS M5 CODED YES AND IS EITHER M6 OR M7 CODED NO?			
			<b>NO</b>	<b>YES</b>
			<b>BULIMIA NERVOSA</b>	<b>CURRENT</b>
	IS M7 CODED YES?			
			<b>NO</b>	<b>YES</b>
			<b>ANOREXIA NERVOSA</b>	<b>CURRENT</b>
			<i>Binge Eating/Purging Type</i>	

## N. GENERALIZED ANXIETY DISORDER

(► MEANS : GO TO THE DIAGNOSTIC BOX, CIRCLE NO, AND MOVE TO THE NEXT MODULE)

N1	<p>a Were you excessively anxious or worried about several routine things, over the past 6 months?</p> <p>IN ENGLISH, IF THE PATIENT IS UNCLEAR ABOUT WHAT YOU MEAN, PROBE BY ASKING (Do others think that you are a "worry wart") AND GET EXAMPLES.</p>	<span style="font-size: 2em;">►</span> NO      YES
b	<p>Are these anxieties and worries present most days?</p>	<span style="font-size: 2em;">►</span> NO      YES
ARE THE PATIENT'S ANXIETY AND WORRIES RESTRICTED EXCLUSIVELY TO, OR BETTER EXPLAINED BY, ANY DISORDER PRIOR TO THIS POINT?		<span style="font-size: 2em;">►</span> NO      YES
N2	<p>Do you find it difficult to control the worries?</p>	<span style="font-size: 2em;">►</span> NO      YES
N3	<p>FOR THE FOLLOWING, CODE <b>NO</b> IF THE SYMPTOMS ARE CONFINED TO FEATURES OF ANY DISORDER EXPLORED PRIOR TO THIS POINT.</p> <p><b>When you were anxious over the past 6 months, did you, most of the time:</b></p>	<span style="font-size: 2em;">►</span> NO      YES
a	Feel restless, keyed up or on edge?	NO      YES
b	Have muscle tension?	NO      YES
c	Feel tired, weak or exhausted easily?	NO      YES
d	Have difficulty concentrating or find your mind going blank?	NO      YES
e	Feel irritable?	NO      YES
f	Have difficulty sleeping (difficulty falling asleep, waking up in the middle of the night, early morning wakening or sleeping excessively)?	NO      YES
ARE 3 OR MORE <b>N3</b> ANSWERS CODED <b>YES</b> ?		<span style="font-size: 2em;">►</span> NO      YES
N4	<p>Do these anxieties and worries disrupt your normal work, school or social functioning or cause you significant distress?</p>	<span style="font-size: 2em;">►</span> NO      YES
<b>GENERALIZED ANXIETY DISORDER CURRENT</b>		<span style="font-size: 2em;">►</span> NO      YES

## O. RULE OUT MEDICAL, ORGANIC OR DRUG CAUSES FOR ALL DISORDERS

IF THE PATIENT CODES POSITIVE FOR ANY CURRENT DISORDER ASK:

**Just before these symptoms began:**

O1a	Were you taking any drugs or medicines?	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Uncertain
O1b	Did you have any medical illness?	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Uncertain

IN THE CLINICIAN'S JUDGMENT: ARE EITHER OF THESE LIKELY TO BE DIRECT CAUSES OF THE PATIENT'S DISORDER?

IF NECESSARY ASK ADDITIONAL OPEN-ENDED QUESTIONS.

O2	<b>SUMMARY:</b> HAS AN ORGANIC CAUSE BEEN RULED OUT?	<input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Uncertain
----	--	---

## P. ANTISOCIAL PERSONALITY DISORDER

(➡ MEANS : GO TO THE DIAGNOSTIC BOX AND CIRCLE NO)

P1 **Before you were 15 years old, did you:**

a	repeatedly skip school or run away from home overnight?	NO	YES
b	repeatedly lie, cheat, "con" others, or steal?	NO	YES
c	start fights or bully, threaten, or intimidate others?	NO	YES
d	deliberately destroy things or start fires?	NO	YES
e	deliberately hurt animals or people?	NO	YES
f	force someone to have sex with you?	NO	YES

ARE 2 OR MORE P1 ANSWERS CODED YES?

→ NO YES

DO NOT CODE YES TO THE BEHAVIORS BELOW IF THEY ARE EXCLUSIVELY  
POLITICALLY OR RELIGIOUSLY MOTIVATED.

P2 **Since you were 15 years old, have you:**

a	repeatedly behaved in a way that others would consider irresponsible, like failing to pay for things you owed, deliberately being impulsive or deliberately not working to support yourself?	NO	YES
b	done things that are illegal even if you didn't get caught (for example, destroying property, shoplifting, stealing, selling drugs, or committing a felony)?	NO	YES
c	been in physical fights repeatedly (including physical fights with your spouse or children)?	NO	YES
d	often lied or "conned" other people to get money or pleasure, or lied just for fun?	NO	YES
e	exposed others to danger without caring?	NO	YES
f	felt no guilt after hurting, mistreating, lying to, or stealing from others, or after damaging property?	NO	YES

ARE 3 OR MORE P2 QUESTIONS CODED YES?

NO YES  
**ANTISOCIAL PERSONALITY  
DISORDER  
LIFETIME**

THIS CONCLUDES THE INTERVIEW

## REFERENCES

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e Is Major Depressive Episode coded YES (current or past)?  
**and**  
 Is Hypomanic Episode coded YES (current or past)?  
**and**  
 Is Manic Episode coded NO (current and past)?

**Specify:**

- If the Bipolar Disorder is **current** or **past** or both
- If the most recent mood episode is **hypomanic** or **depressed** (mutually exclusive)

<b>BIPOLAR II DISORDER</b>	
Bipolar II Disorder	current      past
<b>Most Recent Episode</b>	
Hypomanic	<input type="checkbox"/>
Depressed	<input type="checkbox"/>

f Is MDE coded NO (current and past)  
**and**  
 Is Manic Episode coded NO (current and past)?  
**and is either:**

- 1) C7b coded YES for the appropriate time frame?  
**or**
- 2) C3 Summary coded YES for the appropriate time frame?  
**and**  
 C4a coded YES for the appropriate time frame?  
**and**  
 C7c coded YES for the appropriate time frame?

<b>BIPOLAR DISORDER NOS</b>	
Bipolar Disorder NOS	current      past

Specify if the Bipolar Disorder NOS is **current** or **past** or both

## M.I.N.I. PLUS

The shaded modules below are additional modules available in the MINI PLUS beyond what is available in the standard MINI. The un-shaded modules below are in the standard MINI.

These MINI PLUS modules can be inserted into or used in place of the standard MINI modules, as dictated by the specific needs of any study.

MODULES	TIME FRAME
A MAJOR DEPRESSIVE EPISODE	Current (2 weeks) Past Recurrent
MOOD DISORDER DUE TO A GENERAL MEDICAL CONDITION	Current Past
SUBSTANCE INDUCED MOOD DISORDER	Current Past
MDE WITH MELANCHOLIC FEATURES	Current (2 weeks)
MDE WITH ATYPICAL FEATURES	Current (2 weeks)
MDE WITH CATATONIC FEATURES	Current (2 weeks)
B DYSTHYMIA	Current (Past 2 years) Past
C SUICIDALITY	Current (Past Month) Risk: <input type="checkbox"/> Low <input type="checkbox"/> Medium <input type="checkbox"/> High
D MANIC EPISODE	Current Past
HYPOMANIC EPISODE	Current Past
BIPOLAR I DISORDER	Current Past
BIPOLAR II DISORDER	Current Past
BIPOLAR DISORDER NOS	Current Past
MANIC EPISODE DUE TO A GENERAL MEDICAL CONDITION	Current Past
HYPOMANIC EPISODE DUE TO A GENERAL MEDICAL CONDITION	Current Past
SUBSTANCE INDUCED MANIC EPISODE	Current Past
SUBSTANCE INDUCED HYPOMANIC EPISODE	Current Past
E PANIC DISORDER	Current (Past Month) Lifetime
ANXIETY DISORDER WITH PANIC ATTACKS DUE TO A GENERAL MEDICAL CONDITION	Current
SUBSTANCE INDUCED ANXIETY DISORDER WITH PANIC ATTACKS	Current
F AGORAPHOBIA	Current
G SOCIAL PHOBIA (Social Anxiety Disorder)	Current (Past Month)
H SPECIFIC PHOBIA	Current
I OBSESSIVE-COMPULSIVE DISORDER	Current (Past Month)
OCD DUE TO A GENERAL MEDICAL CONDITION	Current
SUBSTANCE INDUCED OCD	Current
J POSTTRAUMATIC STRESS DISORDER	Current (Past Month)
K ALCOHOL DEPENDENCE	Past 12 Months
ALCOHOL DEPENDENCE	Lifetime
ALCOHOL ABUSE	Past 12 Months
ALCOHOL ABUSE	Lifetime
L SUBSTANCE DEPENDENCE (Non-alcohol)	Past 12 Months
SUBSTANCE DEPENDENCE (Non-alcohol)	Lifetime
SUBSTANCE ABUSE (Non-alcohol)	Past 12 Months

M	PSYCHOTIC DISORDERS	Lifetime
	MOOD DISORDER WITH PSYCHOTIC FEATURES	Current
	SCHIZOPHRENIA	Current
	SCHIZOAFFECTIVE DISORDER	Lifetime
	SCHIZOPHRENIFORM DISORDER	Current
	BRIEF PSYCHOTIC DISORDER	Lifetime
	DELUSIONAL DISORDER	Current
	PSYCHOTIC DISORDER DUE TO A GENERAL MEDICAL CONDITION	Lifetime
	SUBSTANCE INDUCED PSYCHOTIC DISORDER	Current
	PSYCHOTIC DISORDER NOS	Lifetime
	MOOD DISORDER WITH PSYCHOTIC FEATURES	Current
	MOOD DISORDER NOS	Lifetime
	MAJOR DEPRESSIVE DISORDER WITH PSYCHOTIC FEATURES	Current
	BIPOLAR I DISORDER WITH PSYCHOTIC FEATURES	Past
		Current
		Past
N	ANOREXIA NERVOSA	Current (Past 3 Months)
O	BULIMIA NERVOSA	Current (Past 3 Months)
	BULIMIA NERVOSA PURGING TYPE	Current
	BULIMIA NERVOSA NONPURGING TYPE	Current
	ANOREXIA NERVOSA, BINGE EATING/PURGING TYPE	Current
	ANOREXIA NERVOSA, RESTRICTING TYPE	Current
P	GENERALIZED ANXIETY DISORDER	Current (Past 6 Months)
	GENERALIZED ANXIETY DISORDER DUE TO A GENERAL MEDICAL CONDITION	Current
	SUBSTANCE INDUCED GAD	Current
Q	ANTISOCIAL PERSONALITY DISORDER	Lifetime
R	SOMATIZATION DISORDER	Lifetime
S	HYPOCHONDRIASIS	Current
T	BODY DYSMORPHIC DISORDER	Current
U	PAIN DISORDER	Current
V	CONDUCT DISORDER	Past 12 Months
W	ATTENTION DEFICIT/HYPERACTIVITY DISORDER (Children/Adolescents)	Past 6 Months
	ATTENTION DEFICIT/HYPERACTIVITY DISORDER (Adults)	Lifetime
X	ADJUSTMENT DISORDERS	Current
Y	PREMENSTRUAL DYSPHORIC DISORDER	Current
Z	MIXED ANXIETY-DEPRESSIVE DISORDER	Current

# PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

**SUBJECT #:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

Over the last 2 weeks, how often have you been  
bothered by any of the following problems?  
(use "✓" to indicate your answer)

	<b>Not at all</b>	<b>Several days</b>	<b>More than half the days</b>	<b>Nearly every day</b>
<b>1. Little interest or pleasure in doing things</b>	0	1	2	3
<b>2. Feeling down, depressed, or hopeless</b>	0	1	2	3
<b>3. Trouble falling or staying asleep, or sleeping too much</b>	0	1	2	3
<b>4. Feeling tired or having little energy</b>	0	1	2	3
<b>5. Poor appetite or overeating</b>	0	1	2	3
<b>6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down</b>	0	1	2	3
<b>7. Trouble concentrating on things, such as reading the newspaper or watching television</b>	0	1	2	3
<b>8. Moving or speaking so slowly that other people could have noticed. Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual</b>	0	1	2	3
<b>9. Thoughts that you would be better off dead, or of hurting yourself</b>	0	1	2	3

add columns

+

+

*(Healthcare professional: For interpretation of TOTAL, TOTAL: please refer to accompanying scoring card).*

**10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?**

Not difficult at all \_\_\_\_\_  
Somewhat difficult \_\_\_\_\_  
Very difficult \_\_\_\_\_  
Extremely difficult \_\_\_\_\_

## PHQ-9 Patient Depression Questionnaire

### For initial diagnosis:

1. Patient completes PHQ-9 Quick Depression Assessment.
2. If there are at least 4 ✓'s in the shaded section (including Questions #1 and #2), consider a depressive disorder. Add score to determine severity.

### **Consider Major Depressive Disorder**

- if there are at least 5 ✓'s in the shaded section (one of which corresponds to Question #1 or #2)

### **Consider Other Depressive Disorder**

- if there are 2-4 ✓'s in the shaded section (one of which corresponds to Question #1 or #2)

**Note:** Since the questionnaire relies on patient self-report, all responses should be verified by the clinician, and a definitive diagnosis is made on clinical grounds taking into account how well the patient understood the questionnaire, as well as other relevant information from the patient.

Diagnoses of Major Depressive Disorder or Other Depressive Disorder also require impairment of social, occupational, or other important areas of functioning (Question #10) and ruling out normal bereavement, a history of a Manic Episode (Bipolar Disorder), and a physical disorder, medication, or other drug as the biological cause of the depressive symptoms.

### **To monitor severity over time for newly diagnosed patients or patients in current treatment for depression:**

1. Patients may complete questionnaires at baseline and at regular intervals (eg, every 2 weeks) at home and bring them in at their next appointment for scoring or they may complete the questionnaire during each scheduled appointment.
2. Add up ✓'s by column. For every ✓: Several days = 1 More than half the days = 2 Nearly every day = 3
3. Add together column scores to get a TOTAL score.
4. Refer to the accompanying **PHQ-9 Scoring Box** to interpret the TOTAL score.
5. Results may be included in patient files to assist you in setting up a treatment goal, determining degree of response, as well as guiding treatment intervention.

### **Scoring: add up all checked boxes on PHQ-9**

**For every ✓** Not at all = 0; Several days = 1;  
More than half the days = 2; Nearly every day = 3

### **Interpretation of Total Score**

Total Score	Depression Severity
1-4	Minimal depression
5-9	Mild depression
10-14	Moderate depression
15-19	Moderately severe depression
20-27	Severe depression

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# Rivermead Post Concussion Symptoms Questionnaire

Modified (Rpq-3 And Rpq-13)<sup>42</sup> Printed With Permission: Modified Scoring System From Eyes 2005 <sup>28</sup>

Subject ID:

Date:

After a head injury or accident some people experience symptoms that can cause worry or nuisance. We would like to know if you now suffer any of the symptoms given below. Because many of these symptoms occur normally, we would like you to compare yourself now with before the accident. For each symptom listed below please circle the number that most closely represents your answer.

- 0 = not experienced at all
- 1 = no more of a problem
- 2 = a mild problem
- 3 = a moderate problem
- 4 = a severe problem

Compared with **before** the accident, do you **now** (i.e., over the last 24 hours) suffer from:

	not experienced	no more of a problem	mild problem	moderate problem	severe problem
Headaches	0	1	2	3	4
Feelings of dizziness	0	1	2	3	4
Nausea and/or vomiting	0	1	2	3	4
Noise sensitivity (easily upset by loud noise)	0	1	2	3	4
Sleep disturbance	0	1	2	3	4
Fatigue, tiring more easily	0	1	2	3	4
Being irritable, easily angered	0	1	2	3	4
Feeling depressed or tearful	0	1	2	3	4
Feeling frustrated or impatient	0	1	2	3	4
Forgetfulness, poor memory	0	1	2	3	4
Poor concentration	0	1	2	3	4
Taking longer to think	0	1	2	3	4
Blurred vision	0	1	2	3	4
Light sensitivity (easily upset by bright light)	0	1	2	3	4
Double vision	0	1	2	3	4
Restlessness	0	1	2	3	4

Are you experiencing any other difficulties? Please specify, and rate as above.

1.	0	1	2	3	4
2.	0	1	2	3	4

Administration only:

<b>RPQ-3</b> (total for first three items)	
<b>RPQ-13</b> (total for next 13 items)	

## Rivermead Post Concussion Symptoms Questionnaire (cont.)

Modified (Rpq-3 And Rpq-13)<sup>42</sup> Printed With Permission: Modified Scoring System From Eyres 2005 <sup>28</sup>

### Administration only

Individual item scores reflect the presence and severity of post concussive symptoms. Post concussive symptoms, as measured by the RPQ, may arise for different reasons subsequent to (although not necessarily directly because of) a traumatic brain injury. The symptoms overlap with broader conditions, such as pain, fatigue and mental health conditions such as depression<sup>72</sup>.

The questionnaire can be repeated to monitor a patient's progress over time. There may be changes in the severity of symptoms, or the range of symptoms. Typical recovery is reflected in a reduction of symptoms and their severity within three months.

### Scoring

The scoring system has been modified from Eyres, 2005<sup>24</sup>.

The items are scored in two groups. The first group (RPQ-3) consists of the first three items (headaches, feelings of dizziness and nausea) and the second group (RPQ-13) comprises the next 13 items. The total score for RPQ-3 items is potentially 0–12 and is associated with early symptom clusters of post concussive symptoms. If there is a higher score on the RPQ-3, earlier reassessment and closer monitoring is recommended.

The RPQ-13 score is potentially 0–52, where higher scores reflect greater severity of post concussive symptoms. The RPQ-13 items are associated with a later cluster of symptoms, although the RPQ-3 symptoms of headaches, dizziness and nausea may also be present. The later cluster of symptoms is associated with having a greater impact on participation, psychosocial functioning and lifestyle. Symptoms are likely to resolve within three months. A gradual resumption of usual activities is recommended during this period, appropriate to symptoms. If the symptoms do not resolve within three months, consideration of referral for specialist assessment or treatment services is recommended.

### References:

Eyres, S., Carey, A., Gilworth, G., Neumann, V., Tennant, A. (2005). Construct validity and reliability of the Rivermead Post Concussion Symptoms Questionnaire. *Clinical Rehabilitation*, 19, 878-887.

King, N. S., Crawford, S., Wenden, F.J., Moss, N.E.G. Wade, D.T. (1995). The Rivermead Post Concussion Symptoms Questionnaire: a measure of symptoms commonly experienced after head injury and its reliability *Journal of Neurology*, 242, 587-592.

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# Appendix II: Symptom Checklist Included in VA's National Traumatic Brain Injury Evaluation and Treatment Protocol

## NEUROBEHAVIORAL SYMPTOM INVENTORY

**Please rate the following symptoms with regard to how much they have disturbed you SINCE YOUR INJURY.**

**0 = None-** Rarely if ever present; not a problem at all

**1 = Mild-** Occasionally present, but it does not disrupt activities; I can usually continue what I'm doing; doesn't really concern me.

**2 = Moderate-** Often present, occasionally disrupts my activities; I can usually continue what I'm doing with some effort; I feel somewhat concerned.

**3 = Severe-** Frequently present and disrupts activities; I can only do things that are fairly simple or take little effort; I feel like I need help.

**4 = Very Severe-** Almost always present and I have been unable to perform at work, school or home due to this problem; I probably cannot function without help.

1. Feeling dizzy:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

2. Loss of balance:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

3. Poor coordination, clumsy:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

4. Headaches:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

5. Nausea:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

6. Vision problems, blurring, trouble seeing:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

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**Appendix II: Symptom Checklist Included in  
VA's National Traumatic Brain Injury  
Evaluation and Treatment Protocol**

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7. Sensitivity to light:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
8. Hearing difficulty:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
9. Sensitivity to noise:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
10. Numbness or tingling on parts of my body:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
11. Change in taste and/or smell:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
12. Loss of appetite or increase appetite:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
13. Poor concentration, can't pay attention, easily distracted:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
14. Forgetfulness, can't remember things:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
15. Difficulty making decisions:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
16. Slowed thinking, difficulty getting organized, can't finish things:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
17. Fatigue, loss of energy, getting tired easily:	0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE

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**Appendix II: Symptom Checklist Included in  
VA's National Traumatic Brain Injury  
Evaluation and Treatment Protocol**

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18. Difficulty falling or staying asleep:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

19. Feeling anxious or tense:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

20. Feeling depressed or sad:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

21. Irritability, easily annoyed:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

22. Poor frustration tolerance, feeling easily overwhelmed by things:

0 NONE	1 MILD	2 MODERATE	3 SEVERE	4 VERY SEVERE
-----------	-----------	---------------	-------------	------------------

Subject Number: \_\_\_\_\_

Date: \_\_\_\_\_

In a typical week, we would like to know how much and when you are using your TV and Computer. Please place a C (computer) and/or T (television) in each hour time slot to indicate use.

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12AM							
1AM							
2AM							
3AM							
4AM							
5AM							
6AM							
7AM							
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							
10PM							
11PM							

# Personality Assessment Inventory (PAI)



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## Personality Assessment Inventory™ (PAI®)

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Revised and updated materials help increase the accuracy of personality assessment.

**Purpose:** 22 nonoverlapping full scales provide a comprehensive assessment of adult psychopathology in ages 18 years and older

**Age Range:** Adult  
Elder Adult

**Admin:** Individual or group

**Time:** 50-60 minutes to administer; 15-20 minutes to score

**Qualification:** [C](#)

**Sample Reports:** N/A

**Related Products:** [PAI® Professional Report Service](#)  
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With its newly revised Professional Manual, Profile Form Adults-Revised, and Critical Items Form-Revised, the PAI® continues to raise the standard for the assessment of adult psychopathology. This objective inventory of adult personality assesses psychopathological syndromes and provides information relevant for clinical diagnosis, treatment planning, and screening for psychopathology. Since its introduction, the PAI has been heralded as one of the most important innovations in the field of clinical assessment.

### PAI® Scales and Subscales

The 344 PAI items constitute 22 nonoverlapping scales covering the constructs most relevant to a broad-based assessment of mental disorders: 4 validity scales, 11 clinical scales, 5 treatment scales, and 2 interpersonal scales. To facilitate interpretation and to cover the full range of complex clinical constructs, 10 scales contain conceptually derived subscales.

The PAI Clinical scales were developed to provide information about critical diagnostic features of 11 important clinical constructs. These 11 scales may be divided into three broad classes of disorders: those within the neurotic spectrum, those within the psychotic spectrum, and those associated with behavior disorder or impulse control problems.

The Treatment scales were developed to provide indicators of potential complications in treatment that would not necessarily be apparent from diagnostic information. These five scales include two indicators of potential for harm to self or others, two measures of the respondent's environmental circumstances, and one indicator of the respondent's motivation for treatment.

The Interpersonal scales were developed to provide an assessment of the respondent's interpersonal style along two dimensions: a warmly affiliative versus a cold rejecting style, and a dominating/controlling versus a meekly submissive style. These axes provide a useful way of conceptualizing many different mental disorders: persons at the extremes of these dimensions may present with a variety of disorders. A number of studies provide evidence that diagnostic groups differ on these dimensions.

The PAI includes a Borderline Features scale and an Antisocial Features scale. Both of these scales specifically assess character pathology. The Borderline Features scale is the only PAI scale that has four subscales, reflecting the factorial complexity of the construct. The Antisocial Features scale includes a total of three facets: one assessing antisocial behaviors, and the other two assessing antisocial traits.

# Beck Depression Inventory (BDI-II)

Participant ID

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## Beck Depression Inventory (BDI-II)

Instructions: This questionnaire consists of 21 groups of statements. Please read each group of statements carefully, and then pick out the one statement in each group that best describes the way you have been feeling during the past two weeks, including today. Circle the number beside the statement you have picked. If several statements in the group seem to apply equally well, circle the highest number for that group. Be sure that you do not choose more than one statement for any group, including Item 16 (Changes in Sleeping Pattern) or Item 18 (Changes in Appetite).

### 1. Sadness

- I do not feel sad. (0)
- I feel sad much of the time. (1)
- I am sad all the time. (2)
- I am so sad or unhappy that I can't stand it. (3)

### 2. Pessimism

- I am not discouraged about my future. (0)
- I feel more discouraged about my future than I used to be. (1)
- I do not expect things to work out for me. (2)
- I feel my future is hopeless and will only get worse. (3)

### 3. Past Failure

- I do not feel like a failure. (0)
- I have failed more than I should have. (1)
- As I look back, I see a lot of failures. (2)
- I feel I am a total failure as a person. (3)

### 4. Loss of Pleasure

- I get as much pleasure as I ever did from the things I enjoy. (0)
- I don't enjoy things as much as I used to. (1)
- I get very little pleasure from the things I used to enjoy. (2)
- I can't get any pleasure from the things I used to enjoy. (3)

### 5. Guilty Feelings

- I don't feel particularly guilty. (0)
- I feel guilty over many things I have done or should have done. (1)
- I feel quite guilty most of the time. (2)
- I feel guilty all of the time. (3)

### 6. Punishment Feelings

- I don't feel I am being punished. (0)
- I feel I may be punished. (1)
- I expect to be punished. (2)
- I feel I am being punished. (3)

### 7. Self-Dislike

- I feel the same about myself as ever. (0)
- I have lost confidence in myself. (1)
- I am disappointed in myself. (2)
- I dislike myself. (3)

## 8. Self-Criticalness

- I don't criticize or blame myself more than usual. (0)
- I am more critical of myself than I used to be. (1)
- I criticize myself for all of my faults. (2)
- I blame myself for everything bad that happens. (3)

## 9. Suicidal Thoughts or Wishes

- I don't have any thoughts of killing myself. (0)
- I have thoughts of killing myself, but I would not carry them out. (1)
- I would like to kill myself. (2)
- I would kill myself if I had the chance. (3)

## 10. Crying

- I don't cry anymore than I used to. (0)
- I cry more than I used to. (1)
- I cry over every little things. (2)
- I feel like crying, but I can't. (3)

## 11. Agitation

- I am no more restless or wound up than usual. (0)
- I feel more restless or wound up than usual. (1)
- I feel so restless or agitated that it's hard to stay still. (2)
- I am so restless or agitated that I have to keep moving or doing something. (3)

## 12. Loss of Interest

- I have not lost interest in other people or activities. (0)
- I am less interested in other people or things than before. (1)
- I have lost most of my interest in other people or things. (2)
- It's hard to get interested in anything. (3)

## 13. Indecisiveness

- I make decisions about as well as ever. (0)
- I find it more difficult to make decisions than usual. (1)
- I have much greater difficulty in making decisions than I used to. (2)
- I have trouble making any decisions. (3)

## 14. Worthlessness

- I do not feel I am worthless. (0)
- I don't consider myself as worthwhile and useful as I used to. (1)
- I feel more worthless as compared to other people. (2)
- I feel utterly worthless. (3)

## 15. Loss of Energy

- I have as much energy as ever. (0)
- I have less energy than I used to have. (1)
- I don't have enough energy to do very much. (2)
- I don't have enough energy to do anything. (3)

## 16. Changes in Sleep Pattern.

- I have not experienced any change in my sleeping pattern. (0)
- I sleep somewhat more than usual. (1a)
- I sleep somewhat less than usual. (1b)
- I sleep a lot more than usual. (2a)
- I sleep a lot less than usual. (2b)
- I sleep most of the day. (3a)
- I wake up 1-2 hours early and can't get back to sleep. (3b)

**17. Irritability**

- I am no more irritable than usual. (0)
- I am more irritable than usual. (1)
- I am much more irritable than usual. (2)
- I am irritable all the time. (3)

**18. Changes in Appetite**

- I have not experienced any change in my appetite. (0)
- My appetite is somewhat less than usual. (1a)
- My appetite is somewhat more than usual. (1b)
- My appetite is much less than before. (2a)
- My appetite is much greater than usual. (2b)
- I have no appetite at all. (3a)
- I crave food all the time. (3b)

**19. Concentration Difficulty**

- I can concentrate as well as ever. (0)
- I can't concentrate as well as usual. (1)
- It's hard to keep my mind on anything for very long. (2)
- I find I can't concentrate on anything. (3)

**20. Tiredness or Fatigue**

- I am no more tired or fatigued than usual. (0)
- I get more tired or fatigued more easily than usual. (1)
- I am too tired or fatigued to do a lot of the things I used to do. (2)
- I am too tired or fatigued to do most of the things I used to do. (3)

**21. Loss of Interest in Sex**

- I have not noticed any recent change in my interest in sex. (0)
- I am less interested in sex than I used to be. (1)
- I am much less interested in sex now. (2)
- I have lost interest in sex completely. (3)

Subject # \_\_\_\_\_ Date: \_\_\_\_\_

DIRECTIONS: A number of statements which people have used to describe themselves are given below. Read each statement and then circle the appropriate number to the right of the statement to indicate how you feel right now, THAT IS, at this moment.

There are no right or wrong answers.  
 Do not spend too much time on any one statement but give the answer which seems to describe your present feelings best.

		Not at all	Somewhat	Moderately so	Very much so
1. I feel calm. . . . .		1	2	3	4
2. I feel secure. . . . .		1	2	3	4
3. I am tense . . . . .		1	2	3	4
4. I feel regretful . . . . .		1	2	3	4
5. I feel at ease . . . . .		1	2	3	4
6. I feel upset . . . . .		1	2	3	4
7. I am presently worrying over possible misfortunes. . . . .		1	2	3	4
8. I feel rested. . . . .		1	2	3	4
9. I feel anxious . . . . .		1	2	3	4
10. I feel comfortable . . . . .		1	2	3	4
11. I feel self-confident. . . . .		1	2	3	4
12. I feel nervous . . . . .		1	2	3	4
13. I am jittery . . . . .		1	2	3	4
14. I feel "high strung" . . . . .		1	2	3	4
15. I am relaxed . . . . .		1	2	3	4
16. I feel content . . . . .		1	2	3	4
17. I am worried . . . . .		1	2	3	4
18. I feel over-excited and "rattled". . . . .		1	2	3	4
19. I feel joyful. . . . .		1	2	3	4
20. I feel pleasant. . . . .		1	2	3	4

Subject # \_\_\_\_\_

DATE \_\_\_\_\_

INSTRUCTIONS: A number of statements which people have used to describe themselves are given below. Read each statement and then circle the appropriate number to the right of the statement to indicate how you generally feel.

There are no right or wrong answers.

Do not spend too much time on any one statement but give the answer which seems to describe how you generally feel.

		Almost never	Sometimes	Often	Almost always
21.	I feel pleasant. . . . .	1	2	3	4
22.	I tire quickly . . . . .	1	2	3	4
23.	I feel like crying . . . . .	1	2	3	4
24.	I wish I could be as happy as others seem to be. . . . .	1	2	3	4
25.	I am losing out on things because I can't make up my mind soon enough . . . . .	1	2	3	4
26.	I feel rested. . . . .	1	2	3	4
27.	I am "calm, cool, and collected" . . . . .	1	2	3	4
28.	I feel that difficulties are piling up so that I cannot overcome them . . . . .	1	2	3	4
29.	I worry too much over something that really doesn't matter . . . . .	1	2	3	4
30.	I am happy . . . . .	1	2	3	4
31.	I am inclined to take things hard. . . . .	1	2	3	4
32.	I lack self-confidence . . . . .	1	2	3	4
33.	I feel secure. . . . .	1	2	3	4
34.	I try to avoid facing a crises or difficulty . . . . .	1	2	3	4
35.	I feel blue. . . . .	1	2	3	4
36.	I am content . . . . .	1	2	3	4
37.	Some unimportant thought runs through my mind and bothers me . . . . .	1	2	3	4
38.	I take disappointments so keenly that I can't put them out of my mind. . . . .	1	2	3	4
39.	I am a steady person . . . . .	1	2	3	4
40.	I get in a state of tension or turmoil as I think over my recent concerns and interests. . . . .	1	2	3	4

## ● VIII. Preferences

1. Please mark the bubble which best describes your feelings **RIGHT NOW**.

I feel like gambling

not at all  very much

I am driving and the light turns yellow. I feel like

stopping  accelerating

The lights suddenly go out in an unfamiliar stairwell

I don't move  I proceed immediately

I feel like

avoiding everyone  taking on the world

I feel like diving from a diving board, which is

very high  very low

I like

routine  adventure

I seek

the thrill of danger  tranquillity

I am in a hurry

I take a dangerous shortcut  I take a safe detour

I am open to

negotiation  confrontation

I prefer to

direct  be supervised

I give priority to

reason  action

I like to listen to music

at a loud volume  very softly

I am sure of myself

not at all  completely

I prefer discussions, which are

animated  calm

A hostile situation

weakens me  reinforces me

A menacing dog approaches

I confront it  I run away

[Serial #]

Faced with a potentially dangerous event

I take my time  I instantly react

Seeing a person who is drowning, I first

dive in  call for help

I prefer work that is

well planned  not planned

I am right

all the time  never

I emphasize

precision  speed

I like to drive

very fast  very slow

I like to listen to music with a tempo that is

very slow  very fast

I like to take risks

not at all  a lot

---

### THANK YOU FOR COMPLETING THIS SURVEY!

Please provide any additional comments below or on the back of the survey, if needed.

Subject: \_\_\_\_\_

Date: \_\_\_\_\_

Read the following scenarios. Each scenario presents a situation and asks a question about the chance or likelihood that you would experience a particular outcome. For each one, think about how likely that outcome would be for YOU in that situation. Do NOT worry about how most people would do in a particular situation—just think about the chance that a particular outcome would happen to YOU in that situation. Circle the percent chance that best represents the probability that the outcome would happen to YOU.

1. You arrive 25 minutes late for a big job interview. What is the probability that YOU will get the job?

0%    10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

2. If you were to find yourself confronted by a vicious angry dog, what is the probability that YOU could get away unharmed?

0%    10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

3. Regardless of your moral convictions, if you were to shoplift a pair of \$50 sunglasses from a chain drug store, what is the probability that YOU could get away with it without being caught?

0%    10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

4. While leaving a popular night club, you are attacked by a drunk man in his early 20s wielding a 10 inch knife. During the scuffle, your friend is stabbed, but not fatally. What is the chance that YOU will be killed during the attack?

0%    10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

5. While on vacation, you meet up with a stranger asking for help. Although the story the stranger tells you is heart wrenching and he seems very sincere, you are aware that he may just be a con-artist trying to scam you. If the stranger truly is a con-artist, what is the probability YOU will end up being scammed out of some of your money?

0%    10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

6. You awaken one morning realizing that you engaged in unprotected sex with someone you just met. Now that the alcohol has worn off, your partner remorsefully tells you that he/she has suffered for a long time with a very serious sexually transmitted disease. What is the chance that YOU will contract the sexually transmitted disease yourself after this contact?

0%    10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

7. While on vacation in a far away country, your 3 traveling companions have all contracted a bad case of diarrhea after drinking the water. You realize that you just drank some of the same water about an hour ago. What is the likelihood that YOU will come down with diarrhea too?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

8. While on vacation in the woods, you decide to go hiking in an unfamiliar and thickly wooded area without a map or guide. What is the likelihood that YOU will get lost?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

9. You have been at a nightclub for 4 hours. During that time you have had 7 alcoholic beverages. You are feeling a little “buzzed” but you decide to drive yourself home anyway because it is only about 5 miles away. What is the probability that YOU will make it home without any negative incident?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

10. While playing golf one afternoon a thunderstorm comes up quickly. There is much wind and occasional lightning is hitting nearby. Because you are winning the game and only have two more holes to play, you decide to continue to the end. What is the likelihood that YOU will be struck by lightning before finishing the game?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

11. While at your job you discover that one of your superiors has been embezzling large amounts of money from your organization. You decide to inform higher management of his illegal behavior. What is the chance that YOUR future career at the company will be harmed by reporting him?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

12. Your company has a strict policy forbidding the removal of computer equipment from the work premises. However, you have a big project due that can only be completed if you “borrow” a company laptop computer over the weekend. What is the probability that YOU could secretly remove the computer for the weekend and return it to work on Monday without ever being caught?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

13. You are a foreigner living in a war-torn country that is filled with violence and frequent sniper attacks. Although it is dark outside and there are many hostile insurgents in the area, you decide to drive alone and unarmed down a 10 mile stretch of empty highway to spend the weekend in the next town. What is the probability that YOU will be killed while making the trip?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

14. While staying at a high rise hotel a bad fire breaks out several floors below yours. After hearing the fire alarm and smelling smoke, you quickly devise a plan of escape. What is the likelihood that YOU would be unable to figure out a way to escape and would die in the fire?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

15. A severe natural disaster has devastated your town, resulting in widespread panic, looting, and deadly violence. The escape routes leading from the town are blocked with gridlock traffic and street gangs are killing at random and using violent means to steal limited necessities and survive. What is the chance that YOU will be able to outmaneuver the looters and escape the town unharmed?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

16. You enter a competition in an arena in which you are particularly talented. What is the chance that YOU will ultimately win the competition?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

17. You are sightseeing off a tall bridge where many individuals have tried to commit suicide by jumping to their deaths in the water below. Approximately half of all jumpers have not survived the long drop into the bay. Unfortunately, you stumble and are accidentally knocked off of the bridge. What is the likelihood that YOU would die in the fall?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

18. Your biggest rival has challenged you in some way. What is the likelihood that YOU will ultimately defeat your rival at whatever he/she has challenged you with?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

19. A bad automobile accident has just occurred in front of you. In one of the cars, the driver is unconscious and bleeding. You smell gas and notice that smoke is starting to billow out from the car. Afraid that the car may explode at any moment, you work to pull the unconscious driver from the car. What is the chance that YOU will die in the process of saving the driver?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

20. While on vacation on a tropical island you decided to rent a small motor boat to do some sightseeing and fishing out along the island coast. After stopping the boat some distance from the shore you lay down to take a brief nap. Upon awakening you realize that you can no longer see the shore and notice that there is a fierce storm coming. What is the likelihood that YOU will die at sea?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

---

## Day of Scan Information Questionnaire (DSIQ)

Subject ID \_\_\_\_\_

Date \_\_\_\_\_

Age \_\_\_\_\_  
(Years)

Height \_\_\_\_\_  
(Feet/Inches)

Weight \_\_\_\_\_  
(Pounds)

Sex

Male  
 Female

Handedness

Right  
 Left  
 Both/Neither

What is the highest grade or level of school that you have completed or the highest degree you have obtained?

< 9th  
 9th  
 10th  
 11th  
 HS Grad  
 2yr College  
 College Grad  
 Some Grad School  
 Masters  
 Doctorate

With what ethnicity do you identify?

White  
 Hispanic/Latino  
 Black/African-American  
 Native-American/American Indian  
 Asian/Pacific Islander  
 Other

Do you have any problems with reading?

No    Yes

If yes, please explain

---

What is your primary language (what do you speak at home most of the time)?

English  Spanish  Other

If other, please specify

---

---

## Caffeine Use

Did you have any caffeine containing products today?

Yes  No

If yes, how much?

---

On average, how many cups of caffeinated coffee do you drink per day?

---

On average, how many cups of caffeinated tea do you drink per day?

---

On average, how many cans of caffeinated soda do you drink per day?

---

On average, how many caffeinated sports drinks do you drink per day?

---

If you drink caffeinated sports drinks, what brand do you drink?

---

Do you use any other caffeinated products, such as Vivarin?

Yes  No

If yes, what?

---

How much?

---

How often?

---

---

**Nicotine Use**

Do you smoke cigarettes?

Yes  No

If YES, about how many cigarettes do you smoke per day?

---

How long have you been smoking?

(\_\_ years \_\_ months)

Have you tried to quit?

Yes  No

If YES, how many times?

---

If NO, did you ever smoke cigarettes in the past?

Yes  No

If YES, how many cigarettes did you smoke per day?

---

When did you start smoking?

---

When did you quit?

---

Do you use smokeless tobacco, such as dip or chew?

Yes  No

If YES, about how much do you use per day?

---

If NO, did you ever use smokeless tobacco in the past?

Yes  No

If YES, how much did you use per day?

---

When did you start using?

---

When did you quit?

---

Do you use any other nicotine-containing products?

Yes  No

If YES, what?

---

How much?

---

How often?

---

---

**Other**

Do you take diet pills?

Yes  No

If YES, what brand?

---

How much?

---

How often?

---

Are you currently taking any medications, vitamins, or supplements?

Yes  No

If YES, please list:

(Name: \_\_\_\_ Dosage (per day): \_\_\_\_ (e.g. Ibuprofen, 200 mg))

If YES, please list:

(Name: \_\_\_\_ Dosage (per day): \_\_\_\_)

If YES, please list:

(Name: \_\_\_\_ Dosage (per day): \_\_\_\_)

If YES, please list:

(Name: \_\_\_\_ Dosage (per day): \_\_\_\_)

How many times per month do you drink (alcohol)?

---

On those occasions, what is the average number of drinks you consume?

---

On those occasions, what is the largest number of drinks you consume?

---

How many times in the past year have you used marijuana?

---

Have you ever used marijuana at other times in your life?

Yes  No

If YES, at what age did you begin smoking marijuana?

---

On approximately how many occasions have you used marijuana?

---

Do you use any other street drugs currently or in the past year?

Yes  No

If yes, what?

---

How much?

---

How often?

---

## Physical Information

If female, when was your last menstrual period (be as precise as possible)?

---

(Date of period: \_\_\_\_\_ or about \_\_\_\_\_ days ago)

---

## Concussion Information

How many "concussions" have you had in your life?

---

Did you lose consciousness or get "knocked out" each time?

---

How long ago was your most recent concussion?

---

Date it happened

---

Briefly describe the situation that led to your most recent concussion

---

Did you "see stars" during your last concussion?

Yes  No

Did you lose consciousness during your last concussion?

Yes  No

If YES, for how long were you unconscious?

\_\_\_\_\_  
(Minutes)

Did you notice that your sleep became worse following the concussion?

Yes  No

---

**After your concussion, what sleep problems became more noticeable to you (Select all that apply)?**

	Yes	No
I get sleepier during the day	<input type="radio"/>	<input type="radio"/>
I get drowsier than I used to when trying to concentrate or work	<input type="radio"/>	<input type="radio"/>
I fall asleep when I should not	<input type="radio"/>	<input type="radio"/>
It is harder to stay alert during the day	<input type="radio"/>	<input type="radio"/>
It is harder to fall asleep at night	<input type="radio"/>	<input type="radio"/>
I fall asleep much later than I used to	<input type="radio"/>	<input type="radio"/>
I fall asleep much earlier than I used to	<input type="radio"/>	<input type="radio"/>
I sleep later in the morning than I used to	<input type="radio"/>	<input type="radio"/>
I wake up much earlier in the morning than I used to	<input type="radio"/>	<input type="radio"/>
When I do sleep, it is fitful or less restful than it used to be	<input type="radio"/>	<input type="radio"/>
I wake up off and on throughout the night more than I used to	<input type="radio"/>	<input type="radio"/>
I have more nightmares than I used to	<input type="radio"/>	<input type="radio"/>

In the months BEFORE your concussion, at what time did you normally go to bed at night on weeknights (Sun-Thurs)?

\_\_\_\_\_  
(In standard time HH:MM)

AM or PM?

AM  PM

In the months BEFORE your concussion, at what time did you normally go to bed at night on weekends (Fri-Sat)?

\_\_\_\_\_  
(In standard time HH:MM)

AM or PM?

AM  PM

In the months BEFORE your concussion, what time did you typically awaken on weekdays (Mon-Fri)?

\_\_\_\_\_  
(In standard time HH:MM)

AM or PM?

AM  
 PM

In the months BEFORE your concussion, what time did you typically awaken on weekends (Sat-Sun)?

\_\_\_\_\_  
(In standard time HH:MM)

AM or PM?

AM  PM

In the months BEFORE your concussion, how long did it typically take you to fall asleep at night on weeknights (Sun-Thurs)?

\_\_\_\_\_  
(HH:MM)

In the months BEFORE your concussion, how long did it typically take you to fall asleep at night on weekends (Fri-Sat)?

\_\_\_\_\_  
(HH:MM)

---

## Current Sleep Habits

How much sleep did you get last night?

\_\_\_\_\_  
(HH:MM (e.g. 07:30 for 7 hours 30 minutes of sleep))

Since your concussion, how much do you typically sleep on weeknights (Sun-Thurs)?

\_\_\_\_\_  
(HH:MM)

Since your concussion, how much do you typically sleep on weekend nights (Fri-Sat)?

\_\_\_\_\_  
(HH:MM)

Since your concussion, at what time do you normally go to bed at night on weeknights (Sun-Thurs)?

\_\_\_\_\_  
(In standard time HH:MM)

AM or PM?

AM  
 PM

Since your concussion, at what time do you normally go to bed at night on weekends (Fri-Sat)?

\_\_\_\_\_  
(In standard time HH:MM)

AM or PM?

AM  
 PM

Since your concussion, at what time do you typically awaken on weekdays (Mon-Fri)?

(In standard time HH:MM)

AM or PM?

AM  
 PM

Since your concussion, at what time do you typically awaken on weekends (Sat-Sun)?

(In standard time HH:MM)

AM or PM?

AM  
 PM

Since your concussion, how long does it typically take to fall asleep at night on weeknights (Sun-Thurs)?

(HH:MM (e.g. 00:15 for 15 minutes))

Since your concussion, how long does it typically take you to fall asleep at night on weekends (Fri-Sat)?

(HH:MM)

Since your concussion, at what time of day do you feel sleepiest?

(In standard time HH:MM)

AM or PM?

AM  
 PM

Since your concussion, at what time of day do you feel most alert?

(In standard time HH:MM)

AM or PM?

AM    PM

Since your concussion, how much time do you need to sleep per night to feel your best?

(HH:MM)

Since your concussion: "If I get less than \_\_\_\_ hours/minutes of sleep, I notice an impairment in my ability to function at work."

(HH:MM)

Since your concussion: "If I get more than \_\_\_\_ hours/minutes of sleep, I notice an impairment in my ability to function at work."

(HH:MM)

Is daytime sleepiness currently a problem for you?

Yes  No

Are you currently doing shift work, that is, working early morning, evening, or night shifts?

Yes  No

Do you ever have trouble falling asleep?

Yes  No

If yes, how often per week, month, or year?

((Designate time period in the next question))

If yes, how often per time period?

Week  
 Month  
 Year

If yes, did this start or get worse since your concussion?

Yes  No

Do you ever have trouble staying asleep?

Yes  No

If yes, how often per week, month, or year?

((Designate time period in the next question))

If yes, how often per time period?

Week  
 Month  
 Year

If yes, did this start or get worse since your concussion?

Yes  No

Do you take more than two daytime naps per month?

Yes  No

If yes, about how many times per week do you nap?

---

At what time of day do you normally begin your nap?

\_\_\_\_\_  
(HH:MM)

AM or PM?

AM  
 PM

At what time of day do you normally wake up from your nap?

\_\_\_\_\_  
(HH:MM)

AM or PM?

AM  
 PM

Do you consider yourself a light, normal, or heavy sleeper?

Light  
 Normal  
 Heavy

Have you ever been diagnosed or treated for sleep apnea or sleep disordered breathing?

Yes  No

I yawn often

1 (Never)  2  3  4  5  6  7  8  9  10 (Always yawning)

When I see or hear someone else yawn, I will yawn too

1 (Never)  
 2  
 3  
 4  
 5  
 6  
 7  
 8  
 9  
 10 (Every time)

### Recent Risk of Dozing Off (ESS)

How likely are you to doze off or fall asleep in the following situations, in contrast to just feeling tired? This refers to your usual way of life in the last two weeks. Even if you have not done some of these things recently, try to work out how they would have affected you. Use the following scale to choose the most appropriate number for each situation.

0 - Would never doze  
 1 - Slight chance of dozing  
 2 - Moderate chance of dozing  
 3 - High chance of dozing

	Would never doze (0)	Slight chance of dozing (1)	Moderate chance of dozing (2)	High chance of dozing (3)
1. Sitting and reading	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Watching TV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Sitting, inactive in a public place (e.g. a theater or meeting)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. As a passenger in a car for an hour without a break	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Lying down to rest in the afternoon when circumstances permit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Sitting and talking to someone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Sitting quietly after a lunch without alcohol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. In a car, while stopped for a few minutes in traffic

Source: Johns MW. A new method for measuring daytime sleepiness: The Epworth Sleepiness Scale. Sleep 1991; 14(6): 540-5.

## MEQ

SUBJECT: \_\_\_\_\_ DATE: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

1. Considering only your own "feeling best" rhythm, at what time would you get up if you were entirely free to plan your day?

5:00 - 6:30 AM  
 6:30 - 7:45 AM  
 7:45 - 9:45 AM  
 9:45 - 11:00 AM  
 11:00 AM - 12:00 PM

2. Considering only your own "feeling best" rhythm, at what time would you go to bed if you were entirely free to plan your evening?

8:00 - 9:00 PM  
 9:00 - 10:15 PM  
 10:15 PM - 12:30 AM  
 12:30 - 1:45 AM  
 1:45 - 3:00 AM

3. If there is a specific time at which you have to get up in the morning, to what extent are you dependent on being woken up by an alarm clock?

not at all dependent  
 slightly dependent  
 fairly dependent  
 very dependent

4. Assuming adequate environmental conditions, how easy do you find getting up in the mornings?

not at all easy  
 not very easy  
 fairly easy  
 very easy

5. How alert do you feel during the first half hour after having woken in the mornings?

not at all alert  
 slightly alert  
 fairly alert  
 very alert

6. How is your appetite during the first half-hour after having woken in the mornings?

very poor  
 fairly poor  
 fairly good  
 very good

7. During the first half-hour after having woken in the morning, how tired do you feel?

very tired  
 fairly tired  
 fairly refreshed  
 very refreshed

8. When you have no commitments the next day, at what time do you go to bed compared to your usual bedtime?

- seldom or never later
- less than one hour later
- 1-2 hours later
- more than two hours later

9. You have decided to engage in some physical exercise. A friend suggests that you do this one hour twice a week and the best time for him is between 7:00-8:00 AM. Bearing in mind nothing else but your own "feeling best" rhythm how do you think you would perform?

- would be in good form
- would be in reasonable form
- would find it difficult
- would find it very difficult

10. At what time in the evening do you feel tired and as a result in need of sleep?

- 8:00 - 9:00 PM
- 9:00 - 10:15 PM
- 10:15 PM - 12:45 AM
- 12:45 - 2:00 AM
- 2:00 - 3:00 AM

11. You wish to be at your peak performance for a test which you know is going to be mentally exhausting and lasting for two hours. You are entirely free to plan your day and considering only your own "feeling best" rhythm which ONE of the four testing times would you choose?

- 8:00 - 10:00 AM
- 11:00 AM - 1:00 PM
- 3:00 - 5:00 PM
- 7:00 - 9:00 PM

12. If you went to bed at 11:00 PM at what level of tiredness would you be?

- not at all tired
- a little tired
- fairly tired
- very tired

13. For some reason you have gone to bed several hours later than usual, but there is no need to get up at any particular time the next morning. Which ONE of the following events are you most likely to experience?

- will wake up at usual time and will NOT fall asleep
- will wake up at usual time and will doze thereafter
- will wake up at usual time but will fall asleep again
- will NOT wake up until later than usual

14. One night you have to remain awake between 4:00 - 6:00 AM in order to carry out a night watch. You have no commitments the next day. Which ONE of the following alternatives will suit you best?

- would NOT go to bed until watch was over
- would take a nap before and sleep after
- would take a good sleep before and nap after
- would take ALL sleep before watch

15. You have to do two hours of hard physical work. You are entirely free to plan your day and considering only your own "feeling best" rhythm which ONE of the following times would you choose?

- 8:00 - 10:00 AM
- 11:00 AM - 1:00 PM
- 3:00 - 5:00 PM
- 7:00 - 9:00 PM

16. You have decided to engage in hard physical exercise. A friend suggests that you do this for one hour twice a week and the best time for him is between 10:00 - 11:00 PM. Bearing in mind nothing else but your own "feeling best" rhythm how well do you think you would perform?

- would be in good form
- would be in reasonable form
- would find it difficult
- would find it very difficult

17. Suppose that you can choose your own work hours. Assume that you worked a FIVE-hour day (including breaks) and that your job was interesting and paid by results. During which time period would you want that five consecutive hours to END?

- 12:00 - 4:00 AM
- 4:00 - 8:00 AM
- 8:00 - 9:00 AM
- 9:00 AM - 2:00 PM
- 2:00 - 5:00 PM
- 5:00 PM - 12:00 AM

18. At what time of the day do you think that you reach your "feeling best" peak?

- 12:00 - 5:00 AM
- 5:00 - 8:00 AM
- 8:00 - 10:00 AM
- 10:00 AM - 5:00 PM
- 5:00 - 10:00 PM
- 10:00 PM - 12:00 AM

19. One hears about "morning" and "evening" types of people. Which ONE of these types do you consider yourself to be?

- definitely a "morning" person
- rather more a "morning" than an "evening" type
- rather more an "evening" than a "morning" type
- definitely an "evening" type

Subject: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_ : \_\_\_\_

SSS #1

Please put an **X** next to the statement that best describes how you feel:

**Right now I am:**

- Feeling active, vital, alert or wide awake
- Functioning at high levels, but not at peak; able to concentrate
- Awake, but relaxed; responsive but not fully alert
- Somewhat foggy, let down
- Foggy; losing interest in remaining awake; slowed down
- Sleepy, woozy, fighting sleep; prefer to lie down
- No longer fighting sleep, sleep onset soon; having dream-like thoughts
- ♦ Asleep

Session (1 or 2) \_\_\_\_\_ ID# \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_ AM  
PM

### **PITTSBURGH SLEEP QUALITY INDEX**

**INSTRUCTIONS:**

The following questions relate to your usual sleep habits during the past month only. Your answers should indicate the most accurate reply for the majority of days and nights in the past month. Please answer all questions.

1. During the past month, what time have you usually gone to bed at night?

BED TIME \_\_\_\_\_

2. During the past month, how long (in minutes) has it usually taken you to fall asleep each night?

NUMBER OF MINUTES \_\_\_\_\_

3. During the past month, what time have you usually gotten up in the morning?

GETTING UP TIME \_\_\_\_\_

4. During the past month, how many hours of actual sleep did you get at night? (This may be different than the number of hours you spent in bed.)

HOURS OF SLEEP PER NIGHT \_\_\_\_\_

***For each of the remaining questions, check the one best response. Please answer all questions.***

5. During the past month, how often have you had trouble sleeping because you . . .

a) Cannot get to sleep within 30 minutes

Not during the past month _____	Less than once a week _____	Once or twice a week _____	Three or more times a week _____
---------------------------------	-----------------------------	----------------------------	----------------------------------

b) Wake up in the middle of the night or early morning

Not during the past month _____	Less than once a week _____	Once or twice a week _____	Three or more times a week _____
---------------------------------	-----------------------------	----------------------------	----------------------------------

c) Have to get up to use the bathroom

Not during the past month _____	Less than once a week _____	Once or twice a week _____	Three or more times a week _____
---------------------------------	-----------------------------	----------------------------	----------------------------------

d) Cannot breathe comfortably

Not during the past month \_\_\_\_\_ Less than once a week \_\_\_\_\_ Once or twice a week \_\_\_\_\_ Three or more times a week \_\_\_\_\_

e) Cough or snore loudly

Not during the past month \_\_\_\_\_ Less than once a week \_\_\_\_\_ Once or twice a week \_\_\_\_\_ Three or more times a week \_\_\_\_\_

f) Feel too cold

Not during the past month \_\_\_\_\_ Less than once a week \_\_\_\_\_ Once or twice a week \_\_\_\_\_ Three or more times a week \_\_\_\_\_

g) Feel too hot

Not during the past month \_\_\_\_\_ Less than once a week \_\_\_\_\_ Once or twice a week \_\_\_\_\_ Three or more times a week \_\_\_\_\_

h) Had bad dreams

Not during the past month \_\_\_\_\_ Less than once a week \_\_\_\_\_ Once or twice a week \_\_\_\_\_ Three or more times a week \_\_\_\_\_

i) Have pain

Not during the past month \_\_\_\_\_ Less than once a week \_\_\_\_\_ Once or twice a week \_\_\_\_\_ Three or more times a week \_\_\_\_\_

j) Other reason(s), please describe \_\_\_\_\_

How often during the past month have you had trouble sleeping because of this?

Not during the past month \_\_\_\_\_ Less than once a week \_\_\_\_\_ Once or twice a week \_\_\_\_\_ Three or more times a week \_\_\_\_\_

6. During the past month, how would you rate your sleep quality overall?

Very good \_\_\_\_\_

Fairly good \_\_\_\_\_

Fairly bad \_\_\_\_\_

Very bad \_\_\_\_\_

7. During the past month, how often have you taken medicine to help you sleep (prescribed or "over the counter")?

Not during the past month _____	Less than once a week _____	Once or twice a week _____	Three or more times a week _____
---------------------------------	-----------------------------	----------------------------	----------------------------------

8. During the past month, how often have you had trouble staying awake while driving, eating meals, or engaging in social activity?

Not during the past month _____	Less than once a week _____	Once or twice a week _____	Three or more times a week _____
---------------------------------	-----------------------------	----------------------------	----------------------------------

9. During the past month, how much of a problem has it been for you to keep up enough enthusiasm to get things done?

No problem at all \_\_\_\_\_

Only a very slight problem \_\_\_\_\_

Somewhat of a problem \_\_\_\_\_

A very big problem \_\_\_\_\_

10. Do you have a bed partner or room mate?

No bed partner or room mate \_\_\_\_\_

Partner/room mate in other room \_\_\_\_\_

Partner in same room, but not same bed \_\_\_\_\_

Partner in same bed \_\_\_\_\_

If you have a room mate or bed partner, ask him/her how often in the past month you have had . . .

a) Loud snoring

Not during the past month _____	Less than once a week _____	Once or twice a week _____	Three or more times a week _____
---------------------------------	-----------------------------	----------------------------	----------------------------------

b) Long pauses between breaths while asleep

Not during the past month _____	Less than once a week _____	Once or twice a week _____	Three or more times a week _____
---------------------------------	-----------------------------	----------------------------	----------------------------------

c) Legs twitching or jerking while you sleep

Not during the past month _____	Less than once a week _____	Once or twice a week _____	Three or more times a week _____
---------------------------------	-----------------------------	----------------------------	----------------------------------

d) Episodes of disorientation or confusion during sleep

Not during the past month \_\_\_\_\_ Less than once a week \_\_\_\_\_ Once or twice a week \_\_\_\_\_ Three or more times a week \_\_\_\_\_

e) Other restlessness while you sleep; please describe \_\_\_\_\_

---

Not during the past month \_\_\_\_\_ Less than once a week \_\_\_\_\_ Once or twice a week \_\_\_\_\_ Three or more times a week \_\_\_\_\_

# FOSQ

Study ID \_\_\_\_\_

Date \_\_\_\_\_

Some people have difficulty performing everyday activities when they feel tired or sleepy. The purpose of this questionnaire is to find out if you generally have difficulty carrying out certain activities because you are too sleepy or tired. In this questionnaire, when the words "sleepy" or "tired" are used, it means the feeling that you can't keep your eyes open, your head is droopy, that you want to "nod off", or that you feel the urge to take a nap. These words do not refer to the tired or fatigued feeling you may have after you have exercised.

Please circle one answer for each question. Please try to be as accurate as possible.

**0 – I don't do this activity for other reasons**

**1 – No difficulty**

**2 – Yes, a little difficulty**

**3 – Yes, Moderate difficulty**

**4 – Yes, Extreme difficulty**

1. Do you generally have difficulty concentrating on things you do because you are sleepy or tired?	0    1    2    3    4
2. Do you generally have difficulty remembering things because you are sleepy or tired?	0    1    2    3    4
3. Do you have difficulty finishing a meal because you become sleepy or tired?	0    1    2    3    4
4. Do you have difficulty working on a hobby (for example: sewing, collecting, gardening) because you are sleepy or tired?	0    1    2    3    4
5. Do you have difficulty doing work around the house (for example: cleaning house, doing laundry, taking out the trash, repair work) because you are sleepy or tired?	0    1    2    3    4
6. Do you have difficulty operating a motor vehicle for short distances (less than 100 miles) because you become sleepy or tired?	0    1    2    3    4
7. Do you have difficulty operating a motor vehicle for long distances (greater than 100 miles) because you become sleepy or tired?	0    1    2    3    4
8. Do you have difficulty getting things done because you are too sleepy or tired to drive or take public transportation?	0    1    2    3    4
9. Do you have difficulty take care of financial affairs and doing paperwork (for example: writing checks, paying bills, keeping financial records, filling out tax forms, etc.) because you are sleepy or tired?	0    1    2    3    4
10. Do you have difficulty performing employed or volunteer work because you are sleepy or tired?	0    1    2    3    4
11. Do you have difficulty maintaining a telephone conversation because you become sleepy or tired?	0    1    2    3    4

**0 – I don't do this activity for other reasons**

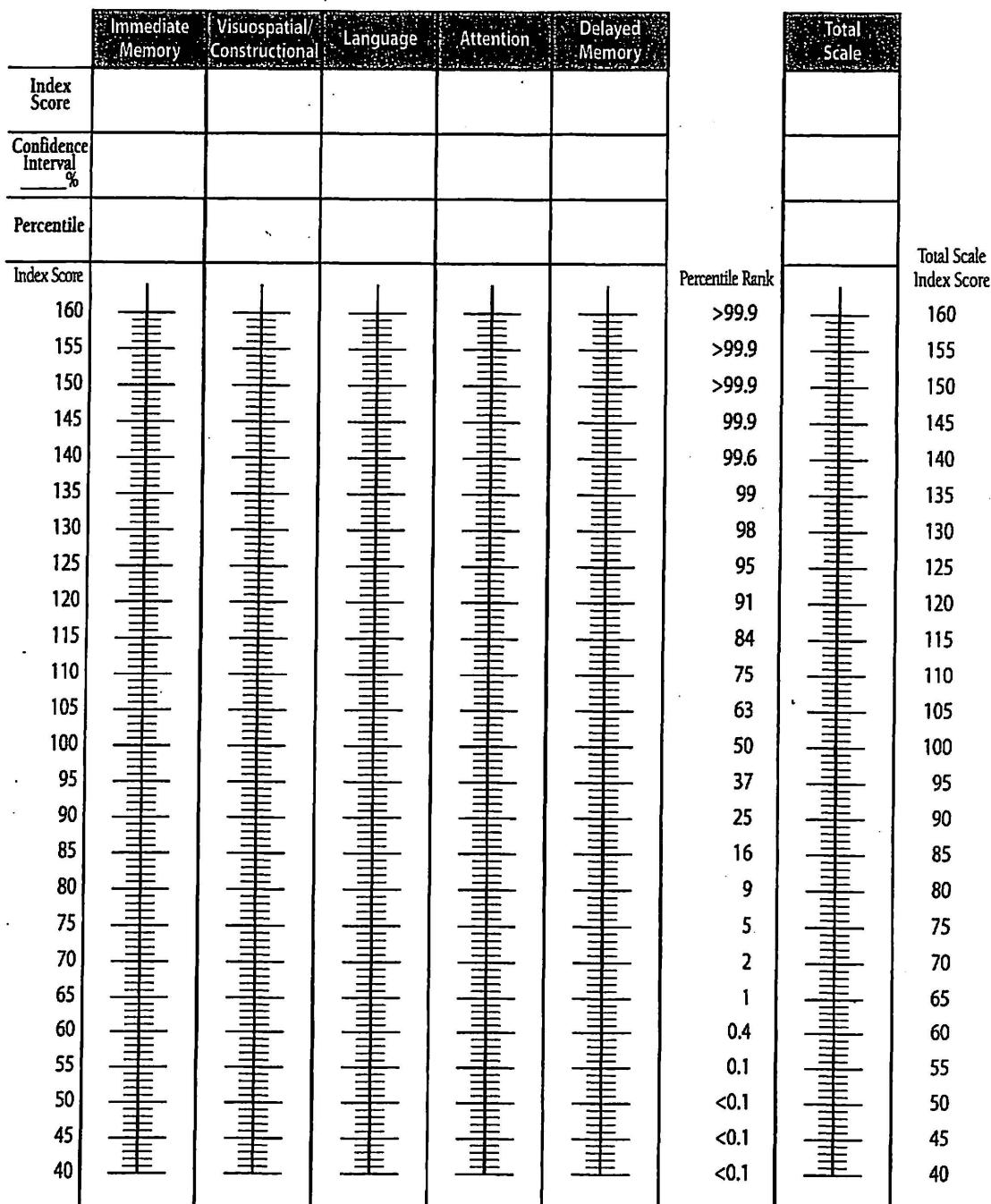
**1 – No difficulty**  
**2 – Yes, a little difficulty**  
**3 – Yes, Moderate difficulty**  
**4 – Yes, Extreme difficulty**

	0	1	2	3	4
12. Do you have difficulty visiting with your family or friends in <b>your</b> home because you become sleepy or tired?	0	1	2	3	4
13. Do you have difficulty visiting with your family or friends in <b>their</b> homes because you become sleepy or tired?	0	1	2	3	4
14. Do you have difficulty doing things for your family or friends because you become sleepy or tired?	0	1	2	3	4
15. Has your relationship with family, friends or work colleagues been affected because you are sleepy or tired?	0	1	2	3	4
16. Do you have difficulty exercising or participating in a sporting activity because you are too sleepy or tired?	0	1	2	3	4
17. Do you have difficulty watching a movie or videotape because you become sleepy or tired?	0	1	2	3	4
18. Do you have difficulty enjoying the theater or a lecture because you become sleepy or tired?	0	1	2	3	4
19. Do you have difficulty enjoying a concert because you become sleepy or tired?	0	1	2	3	4
20. Do you have difficulty watching television because you are sleepy or tired?	0	1	2	3	4
21. Do you have difficulty participating in religious services, meetings or a group club because you are sleepy or tired?	0	1	2	3	4
22. Do you have difficulty being as active as you want to be in the evening because you are sleepy or tired?	0	1	2	3	4
23. Do you have difficulty being as active as you want to be in the morning because you are sleepy or tired?	0	1	2	3	4
24. Do you have difficulty being as active as you want to be in the afternoon because you are sleepy or tired?	0	1	2	3	4
25. Do you have difficulty keeping a pace with others your own age because you are sleepy or tired?	0	1	2	3	4
26. How would you rate yourself in your general level of activity?	1	2	3	4	
	1= Very low; 2= Low;				
	3= Medium; 4= High				
27. Has your intimate or sexual relationship been affected because you are sleepy or tired?	0	1	2	3	4
28. Has your desire for intimacy or sex been affected because you are sleepy or tired?	0	1	2	3	4
29. Has your ability to become sexually aroused been affected because you are sleepy or tired?	0	1	2	3	4
30. Has your ability to have an orgasm been affected because you are sleepy or tired?	0	1	2	3	4

Subject # \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Education Level \_\_\_\_\_

Examiner \_\_\_\_\_ Date of Testing \_\_\_\_\_ Ethnicity \_\_\_\_\_

Observations: \_\_\_\_\_



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# ANAM4™

*Automated Neuropsychological Assessment Metrics*



Quick Start Guide



## **Scope of This Document**

This is a quick start reference to familiarize a first-time user with the basic concepts and operations of the ANAM4™ software.

## **Disclaimer**

The ANAM4™ testing system does not constitute the practice of medicine or the provision of professional health care advice. The information provided by ANAM4™ software is of a general nature and does not represent medical advice, a diagnosis, or prescription for treatment. You are advised to seek the advice of a qualified medical professional or researcher for interpretation of test results. C-SHOP and the University of Oklahoma are not responsible for any decisions made based on information obtained using ANAM4™ software. Your qualified medical professional has the sole responsibility for establishing diagnosis and suggesting appropriate treatment.

## **Further Reading**

For additional information regarding ANAM4™ or ANAM4™ data files, please refer to the ANAM4™ User Guide.

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# Requirements

## *Hardware Requirements*

The ANAM4™ system is designed for use on personal computer systems. Minimum hardware requirements include the following:

- **Processor speed:** Pentium 90 MHz microprocessor.
- **Memory:** 32 MB RAM.
- **Storage:** The core ANAM4™ test system requires a minimum of approximately 25MB. Due to data storage requirements and to ensure optimal performance, at least 150MB of free space is highly recommended. A full ANAM4™ installation including ancillary modules (ADEPT™/APR™) requires approximately 50MB of space (130MB if the .NET Framework v2.0 is not already present). Due to data storage requirements and to ensure optimal performance, at least 300MB of free space prior to installation is highly recommended.
- **Response device:** Most standard input devices are supported, including a serial mouse, USB mouse and keyboard, and PS/2 mouse and keyboard. When using laptop computers, most internal keyboards and pointing devices will be adequate for most ANAM4 test modules, but the use of external input devices is highly recommended where practical.

## *Software Requirements*

- **Operating system:** Windows 95/98/2000, NT4.0, or XP. To date, ANAM4™ has not been fully tested on Windows ME or Windows Vista.
- **Windows updates:** Application of all Windows updates. Updates are available at: <http://update.microsoft.com>
- **Flash animation:** For operating systems older than Windows XP, Adobe Flash Player is required to view the opening logo screen. Flash may be acquired via free download: <http://www.adobe.com/go/getflashplayer>

**Note:** When installing Flash Player via the website, uncheck the accompanying Yahoo toolbar before clicking "Install Now" unless you desire the toolbar.



## Installing and Running ANAM4™

The ANAM4™ test system consists of a library of tests designed for a broad spectrum of clinical and research applications. This library of computer-based tests was constructed to meet the need for precise measurement of cognitive processing efficiency in a variety of psychological assessment contexts that include neuropsychology, readiness to perform, neurotoxicology, pharmacology, and human factors research.

ANAM4™ will be automatically installed from the installation CD. If the installation does not begin automatically, click Start > Run on the task bar. Type your CD drive letter followed by :\Setup (e.g., D:\Setup or E:\Setup). Finally, click **OK** to proceed with the installation.

The default installation directory is C:\Program Files\C-SHOP\ANAM4.



Upon installation, a desktop icon for ANAM4™ will be created.

To run ANAM4™, double-click on the ANAM4™ icon located on your desktop, the AnamMenu.exe file located in the C:\Program Files\C-SHOP\ANAM4 directory, or the ANAM4 program listed in start->Programs->ANAM4.

# 2

## Starting ANAM4™

### *Starting ANAM4™*

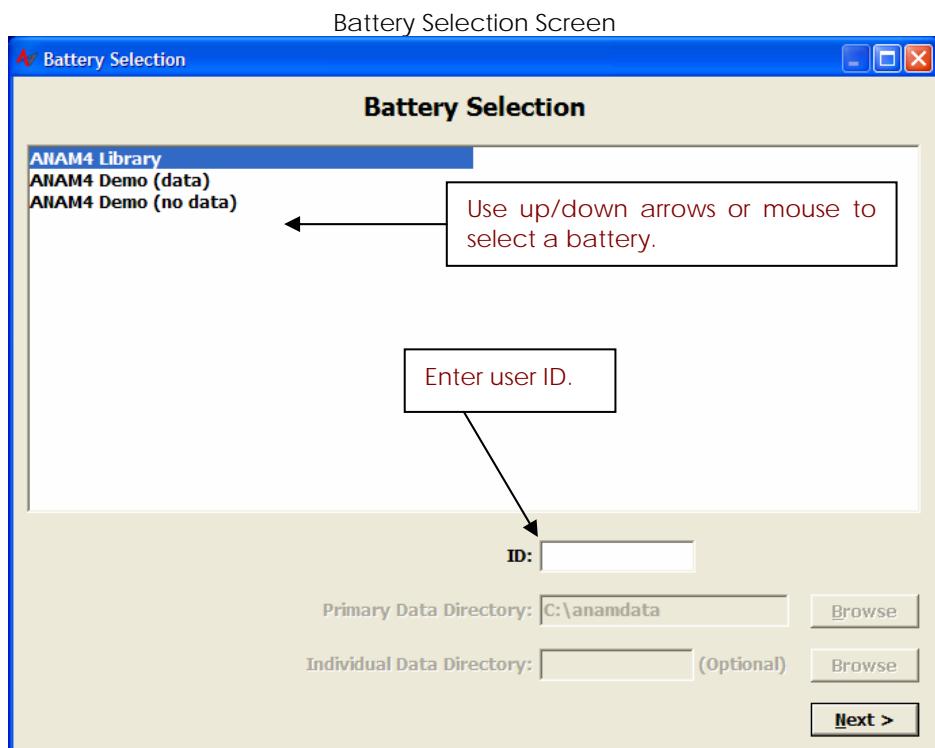
1. Double-click the ANAM4 icon on your desktop.



### *Selecting a Battery and Entering the User ID*

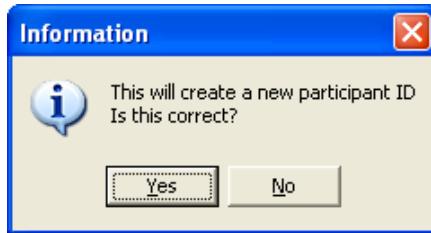
The *Battery Selection* screen allows the user to choose a battery, specify an ID number, and specify data directories.

1. Use the up/down cursor keys or mouse to select the desired ANAM4™ battery.



2. Enter a user ID. The user ID can be any alphanumeric character string.

**Note:** If a test ID is entered that has never been used on this computer, you will be asked to verify that you are creating a new participant ID. If this is correct, click **Yes**. If the session is a repeat administration for this person (thus, the participant ID has been used previously), you will not receive this prompt.



### *Changing Data Directories (Folders)*

The default data storage directory is C:\anamdata. All data files will be stored in this directory unless specified otherwise.

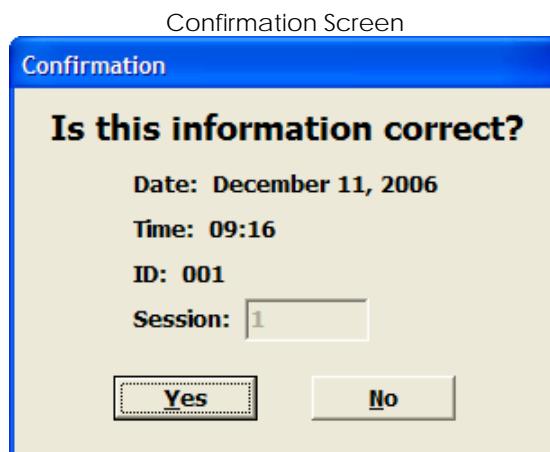
*To change the Primary Data Directory or Individual Data Directory:*

1. Press **<Alt><F1>**. This will unlock the *Primary Data Directory* and *Individual Data Directory* fields for modification.
2. Type the path location of the directory for data storage or click **Browse**. If you select **Browse**, navigate to the directory where you would like to store the ANAM data files.

After confirming all information on the *Battery Selection* screen, Press **Enter** or click **Next** to continue.

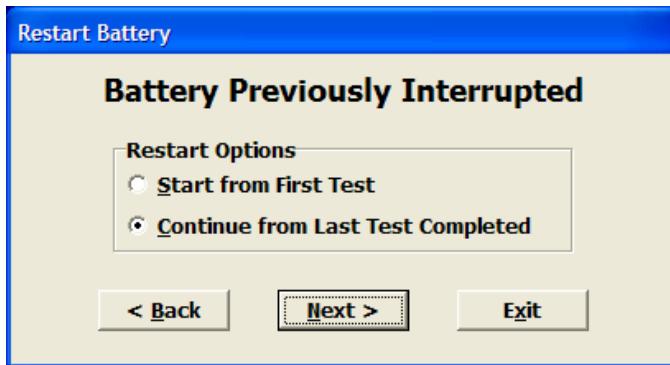
### *Confirming Date, Time, ID, and Session Number*

1. Confirm that the Date and Time on your computer are accurately set. If not, click on **No**, close the *Battery Selection* screen that reappears by clicking on the red close button at the upper right corner, correct the Date/Time setting, and restart ANAM4™.
2. Confirm that the correct Session number is about to be run. If you are certain that it needs to be changed, press **<Alt><F1>** to unlock the field and enter the desired session number.



### *Restarting a Previously Cancelled Battery*

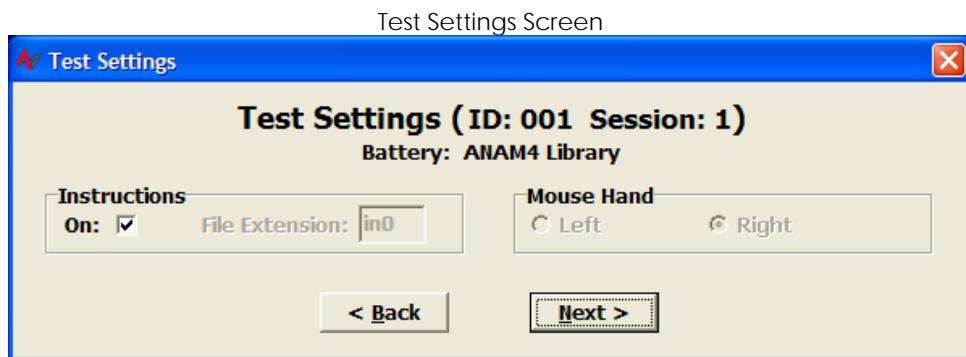
1. If the specified Session was previously canceled before completion, you may see the following screen asking if you wish to *Start from First Test* or *Continue from Last Test Completed*. You are also allowed to go back to the *Battery Selection* screen.



2. Once you have selected the desired option, click on **Next** to continue.

### *Selecting Test Settings*

The *Test Settings* screen allows the user to customize the ANAM4™ test session.

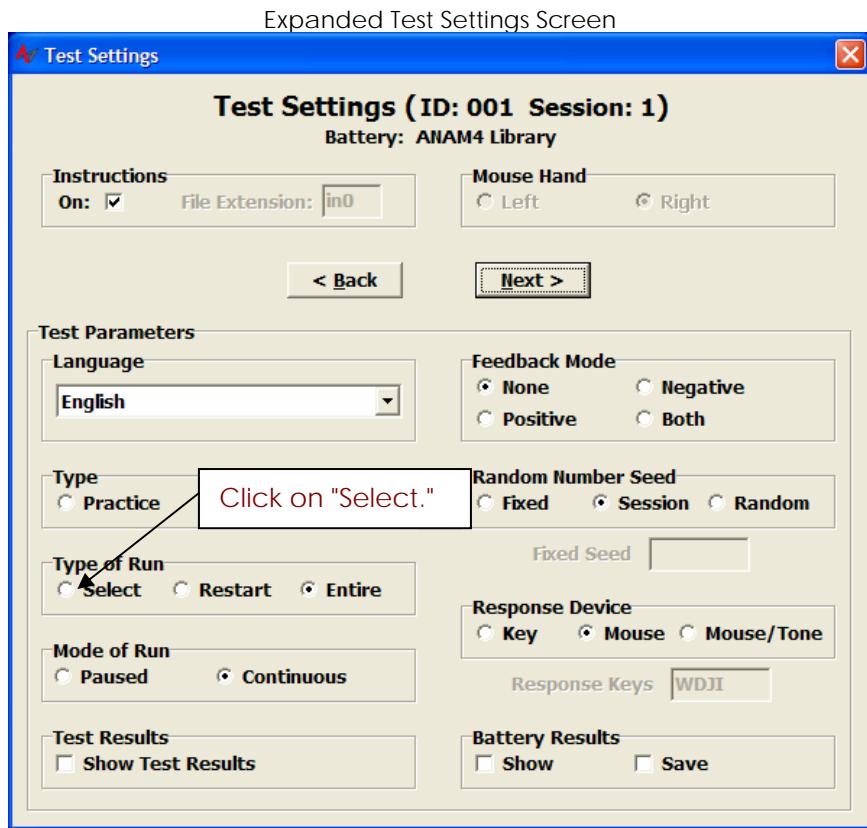


**Note:** After using the battery a few times for a particular person, you may wish to turn off instructions by deselecting the "Instructions" box. Make sure it is checked **On** the first time through.

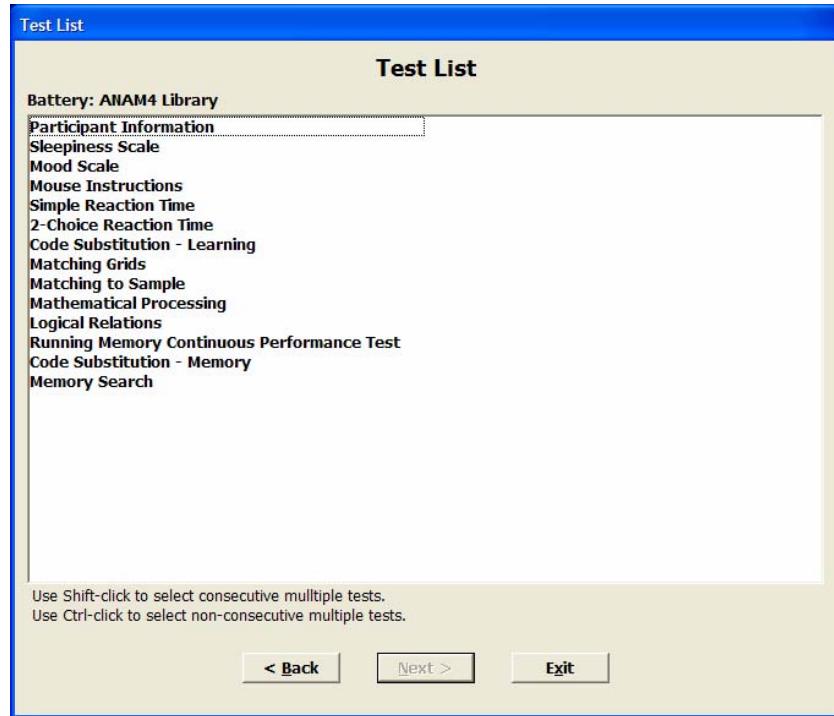
1. If you have a participant who uses the computer mouse with the left hand and you wish to obtain responses using the left hand, press **<Alt><F1>** to unlock the Mouse Hand setting and select **Left**.
2. If the Test Settings are correct, press **Enter** or click on **Next** to begin the testing.

## Selecting a Specific Test or Subset of Tests

1. If you wish to select a single test or subset of tests, press **<Alt><F2>** and then click on **Select** under Type of Run.



2. Press **Enter** or click on **Next** to continue. The list of tests within the battery will appear on the next screen.



3. After selecting the desired test or set of tests using the instructions at the bottom of the screen, press **Enter** or click on **Next** to continue.

#### *Proceeding through the Battery*

1. Tests will proceed in sequence.

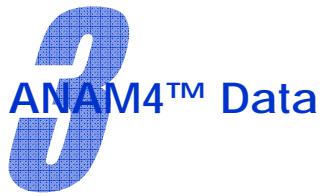
**Note:** If instructions are On, the typical sequence for each test is one or more pages of instructions, a screen with the test name, the test itself, and (if selected from the *Test Settings* screen) a feedback screen summarizing individual Test Results.

2. If you wish to abort from any test (end the test without collecting data), press **<Alt><F1>** at any time following the instructions screen(s).

**Note:** The **<Alt><F1>** exit function works ONLY after the display of test instructions is complete.



3. After the test aborts, you will see the above window. If you wish to cancel the rest of the battery, click **Yes**. If you wish to continue with the remaining tests, click **No**.
4. At the conclusion of the battery, you will see a "Thank You" message informing you that the Test Battery is complete.



Four types of data files are generated following test administration through the ANAM4™ test system as follows:

- Summary Data Files in Text Format (CSV) – summary statistics computed across all items/trials of a given test (without variable labels)
- Raw Data Files in Text Format (CSV) – individual item/trial information (without variable labels)
- Summary Data Files in XML Format – summary statistics computed across all items/trials of a given test (with variable labels)
- Raw Data Files in XML Format – Individual item/trial information (with variable labels).

#### *File Naming*

Data filenames are coded in the following manner. The first letter represents the type of file as follows:

- **S** for summary data in text format
- **R** for raw data in text format
- **X** for summary data in XML format
- **Z** for raw data in XML format.

The next sequence of characters corresponds to the participant ID code (of variable length). The ID code is followed by a P or T designating a Practice or Test session, respectively. The final portion of the filename indicates the session number. A three-letter file extension is used to identify the specific test. A list of test extensions can be found in **Chapter 4**.

Example: **S32545T01.SRT** is a summary data file for participant 32545 for Test Session number 1 of the Simple Reaction Time test.

#### *ANAM4™ Data Directories*

The default *Primary Data Directory* is C:\anamdata. Data from all completed tests will be saved in this directory. By default, no *Individual Data Directory* is specified. For information on changing the *Primary Data Directory* or *Individual Data Directory*, see **Chapter 2**.



## ANAM4™ Tests

### *ANAM4™ Test Names, Modules, and Extensions*

Test Name	Module Name (.exe)	Extension
2-Choice Reaction Time	2choice	.2ch
4-Choice Reaction Time	4choice	.4ch
Code Substitution		
Learning	codesub	.cds
Immediate	codesub	.cdi
Delayed	codesub	.cdd
Demographics	demog	.sub
Digit Reaction Time	digitrt	.drt
Dual Task (Tracking / Memory)	dualtask	.dtn
Grammatical Reasoning	gram	.grm
Logical Relations	logical	.lrs
Manikin	manikin	.mkn
Matching Grids	matching	.mtg
Matching to Sample	mat2samp	.m2s
Mathematical Processing	math	.mth
Memory Search	stern	.stn
Mental State Exam	mse	.mse
Mood Scale	mood	.moo
Procedural Reaction Time	proctr	.pro
Pursuit Tracking	pursuit	.pur
Reaction Time	react	.rct
Relative Judgment	reljudg	.rlj
Running Memory CPT	runcpt	.cpt
Simple Reaction Time	simplert	.srt
Sleepiness Scale	sleepsc	.slp
Spatial Processing - Simultaneous	dspat	.spd
Spatial Processing - Delayed	spat	.spa
Standard CPT	stdcpt	.scp
Stroop Test	stroop	.str
Switching	switch	.swt
Symbolic Reaction Time	symbolrt	.sym
Tapping	tapping	.tpl, .tpr
Tower Puzzle	tower	.atp
Unstable Tracking	track	.trk
Visual Vigilance	visvig	.vis

## For More Information

### **ANAM4™ User Manual**

[www.c-shop.ou.edu/literature/manual.pdf](http://www.c-shop.ou.edu/literature/manual.pdf)

### **Quick Start Guide for the ADEPT™ Software**

[www.c-shop.ou.edu/literature/ADEPTquickstart.pdf](http://www.c-shop.ou.edu/literature/ADEPTquickstart.pdf)

### **Quick Start Guide for the APR™ Software**

[www.c-shop.ou.edu/literature/APRquickstart.pdf](http://www.c-shop.ou.edu/literature/APRquickstart.pdf)

### **ANAM4™ Technical Literature**

[www.c-shop.ou.edu](http://www.c-shop.ou.edu)

### **Technical Support**

[www.c-shop.ou.edu](http://www.c-shop.ou.edu)



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# 1 List Learning

## Trial 1

Say *I am going to read you a list of words. I want you to listen carefully and, when I finish, repeat back as many words as you can. You don't have to say them in the same order that I do—just repeat back as many words as you can remember, in any order. Okay?*

## Trials 2–4

Say *I am going to read the list again. When I finish, repeat back as many words as you can, even if you have already said them before. Okay?*

Record responses in order.

Scoring: 1 point for each word correctly recalled on each trial.

List	Trial 1	Trial 2	Trial 3	Trial 4
Market				
Package				
Elbow				
Apple				
Story				
Carpet				
Bubble				
Highway				
Saddle				
Powder				

Number Correct	+	+	+	=	
Total Trial 1		Total Trial 2		Total Trial 3	

Total Trial 4

Total Score  
Range=0–40

## 2 Story Memory

### Trial 1

Say *I am going to read you a short story. I'd like you to listen carefully and, when I finish, repeat back as much of the story as you can remember. Try and use the same wording, if you can. Okay?*

Read the story below, then say **Now repeat back as much of that story as you can.**

### Trial 2

Say *I am going to read that same story again. When I finish, I want you to again repeat back as much of the story as you can remember. Try to repeat it as exactly as you can.*

Read the story below, then say **Now repeat back as much of that story as you can.**

Scoring: 1 point for *verbatim* recall of bold, italic words or alternatives, shown below in color within parentheses. Record intrusions or variations in the Responses column.

Story	Responses	Trial 1 Score (0 or 1)	Trial 2 Score (0 or 1)	Item Score (0-2)
1. On <b>Tuesday</b> ,				
2. <b>May</b>				
3. <b>Fourth</b> ,				
4. in <b>Cleveland</b> , Ohio,				
5. a <b>3</b> alarm				
6. <b>fire</b> broke out.				
7. <b>Two</b>				
8. <b>hotels</b>				
9. and a <b>restaurant</b>				
10. were <b>destroyed</b>				
11. before the <b>firefighters</b> ( <b>firemen</b> )				
12. were able to <b>extinguish</b> it ( <b>put it out</b> ).				

Total Score  
(Trial 1 + Trial 2)  
Range=0-24

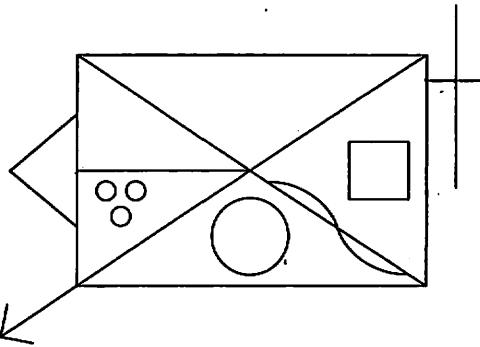
### 3 Figure Copy



Time Limit: 4 minutes

Fold this page back and present the Figure Copy Drawing Page along with the stimulus. Ask the examinee to make an exact copy of the figure. Tell the examinee that he or she is being timed, but that the score is based *only* on the exactness of his or her copy.

Scoring: 1 point for correctness and completeness (drawing), and 1 point for proper placement. See Appendix 1 in Stimulus Booklet A for complete scoring criteria and scoring examples.



#### Figure Copy Criteria

(Fold back for use.)

Item	Drawing (0 or 1)	Placement (0 or 1)	Score (0, 1, or 2)	Scoring Criteria
1. rectangle				<p>Drawing: lines are unbroken and straight; angles 90 degrees; top/bottom lines 25% longer than sides Placement: not rotated more than 15 degrees</p>
2. diagonal cross				<p>Drawing: lines are unbroken and straight and should approximately bisect each other Placement: ends of lines should meet corners of the rectangle without significant overlap or measurable distance between the ends of the lines and the corners</p>
3. horizontal line				<p>Drawing: line is unbroken and straight; should not exceed 1/2 the length of the rectangle Placement: should bisect left side of the rectangle at approximately a right angle and intersect the diagonal cross</p>
4. circle				<p>Drawing: round, unbroken and closed; diameter should be approximately 1/4–1/3 height of rectangle Placement: placed in appropriate segment; not touching any other part of figure</p>
5. 3 small circles				<p>Drawing: round, unbroken and closed; equal size; triangular arrangement; not touching each other Placement: in appropriate segment; not touching figure; triangle formed not rotated more than 15 degrees</p>
6. square				<p>Drawing: must be closed; 90 degree angles; lines straight and unbroken; height is 1/4–1/3 height of rectangle Placement: in appropriate segment; not touching any other part of figure; not rotated more than 15 degrees</p>
7. curving line				<p>Drawing: 2 curved segments are approximately equal in length and symmetrical; correct direction of curves Placement: ends of line touch diagonal; do not touch corner of rectangle or intersection of diagonal lines</p>
8. outside cross				<p>Drawing: vertical line of the outside cross is parallel to side of rectangle; &gt;1/2 the height of rectangle; horizontal line crosses vertical at 90 degree angle and is between 20–50% of length of vertical line Placement: horizontal line of outside cross touches rectangle higher than 2/3 the height of rectangle, but below top; does not penetrate the rectangle</p>
9. triangle				<p>Drawing: angle formed by 2 sides of triangle is between 60–100 degrees; sides are straight, unbroken and meet in a point; distance on vertical side of rectangle subsumed by triangle is approximately 50% of the height of vertical side Placement: roughly centered on the left vertical side of the rectangle</p>
10. arrow				<p>Drawing: straight and unbroken; lines forming arrow are approximately equal in length and not more than 1/3 length of staff Placement: must protrude from appropriate corner of rectangle such that staff appears to be continuation of diagonal cross</p>

Total Score  
Range=0–20

# Figure Copy Drawing Page

(Fold back for use.)

## 4 Line Orientation



Time Limit: 20 seconds/item

Present the sample item, and say **These two lines down here** (indicate) **match two of the lines on top. Can you tell me the numbers, or point to the lines that they match?** Correct any errors and make sure the examinee understands the task. Continue with Items 1–10.

Scoring: 1 point for each line correctly identified.

Item	Responses	Correct Responses	Score (0, 1, or 2)
Sample		1, 7	
1.		10, 12	
2.		4, 11	
3.		6, 9	
4.		8, 13	
5.		2, 4	

Item	Responses	Correct Responses	Score (0, 1, or 2)
6.		1, 6	
7.		3, 10	
8.		5, 8	
9.		1, 3	
10.		11, 13	
Total Score Range=0–20			

## 5 Picture Naming



Time Limit: 20 seconds/item

Ask the examinee to name each picture. Give the semantic cue only if the picture is obviously misperceived.

Scoring: 1 point for each item that is correctly named spontaneously or following semantic cue.

Item	Semantic Cue	Responses	Score (0 or 1)
1. chair	a piece of furniture		
2. pencil	used for writing		
3. well	you get water from it		
4. giraffe	an animal		
5. sailboat	used on the water (if "boat," query "what kind")		
6. cannon	a weapon, used in war		
7. pliers	a tool		
8. trumpet	a musical instrument ("cornet" okay)		
9. clothespin	used to hold laundry on a line		
10. kite	it's flown in the air		

Total Score Range=0–10

## 6 Semantic Fluency



Time Limit: 60 seconds

Say **Now I'd like you to tell me the names of all of the different kinds of fruits and vegetables that you can think of. I'll give you one minute to come up with as many as you can. Ready?**

Scoring: 1 point for each correct response.

1. \_\_\_\_\_ 11. \_\_\_\_\_ 21. \_\_\_\_\_ 31. \_\_\_\_\_  
2. \_\_\_\_\_ 12. \_\_\_\_\_ 22. \_\_\_\_\_ 32. \_\_\_\_\_  
3. \_\_\_\_\_ 13. \_\_\_\_\_ 23. \_\_\_\_\_ 33. \_\_\_\_\_  
4. \_\_\_\_\_ 14. \_\_\_\_\_ 24. \_\_\_\_\_ 34. \_\_\_\_\_  
5. \_\_\_\_\_ 15. \_\_\_\_\_ 25. \_\_\_\_\_ 35. \_\_\_\_\_  
6. \_\_\_\_\_ 16. \_\_\_\_\_ 26. \_\_\_\_\_ 36. \_\_\_\_\_  
7. \_\_\_\_\_ 17. \_\_\_\_\_ 27. \_\_\_\_\_ 37. \_\_\_\_\_  
8. \_\_\_\_\_ 18. \_\_\_\_\_ 28. \_\_\_\_\_ 38. \_\_\_\_\_  
9. \_\_\_\_\_ 19. \_\_\_\_\_ 29. \_\_\_\_\_ 39. \_\_\_\_\_  
10. \_\_\_\_\_ 20. \_\_\_\_\_ 30. \_\_\_\_\_ 40. \_\_\_\_\_

Total Score  
Range=0-40

## 7 Digit Span

Say **I am going to say some numbers, and I want you to repeat them after me. Okay?**

Read the numbers at the rate of 1 per second. Only read the second string in each set if the first string was failed.  
Discontinue after failure of both strings in any set.

Scoring: 2 points for the first string correct, 1 point for the second string correct, and 0 points for both strings failed.

Item	First String	String Score (0 or 2)	Second String	String Score (0 or 1)	Item Score (0-2)
1.	4-9		5-3		
2.	8-3-5		2-4-1		
3.	7-2-4-6		1-6-3-8		
4.	5-3-9-2-4		3-8-4-9-1		
5.	6-4-2-9-3-5		9-1-5-3-7-6		
6.	2-8-5-1-9-3-7		5-3-1-7-4-9-2		
7.	8-3-7-9-5-2-4-1		9-5-1-4-2-7-3-8		
8.	1-5-9-2-3-8-7-4-6		5-1-9-7-6-2-3-6-5		

Total Score  
Range=0-16

## 8 Coding



Time Limit: 90 seconds

Say ***Look at these boxes (indicate key). For each one of these marks there is a number that goes with it. Down here there are marks, but no numbers. I want you to fill in the number that goes with each mark.***

Demonstrate the first three. Say ***Now I would like you to fill in the rest of these boxes up to the double lines*** (indicate) ***for practice.*** Correct any errors as they are made. Make sure that the examinee understands the task and has correctly completed the sample items before you begin timing.

Say ***Now I would like you to continue to fill in the numbers that match the marks. Go as quickly as you can without skipping any. When you reach the end of the line, go on to the next one. Ready? Go ahead.***

Redirect the examinee to the task if he or she becomes distracted. If the examinee is unable to comprehend the task, the subtest score is 0.

Scoring: 1 point for each item correctly coded within 90 seconds (*do not score the sample items*).

Note: Familiarize yourself with these instructions before administering this subtest.

Total Score  
Range=0-89

## 9 List Recall

Say *Do you remember the list of words that I read to you in the beginning? Tell me as many of those words as you can remember now.*

Scoring: 1 point for each word correctly recalled.

List (Do not read.)	Response	Score (0 or 1)
Market		
Package		
Elbow		
Apple		
Story		
Carpet		
Bubble		
Highway		
Saddle		
Powder		
Total Score Range=0-10		

## 10 List Recognition

Say *I'm going to read you some words. Some of these words were on that list, and some of them weren't. I want you to tell me which words were on the list. For each word, ask Was \_\_\_\_\_ on the list?*

Scoring: 1 point for each word correctly identified. Circle the letter corresponding to examinee's response (y = yes, n = no); bold, capitalized (Y, N) letter indicates correct response.

List	Circle One	List	Circle One	List	Circle One	List	Circle One
1. Apple	Y n	6. sailor	y N	11. Bubble	Y n	16. Saddle	Y n
2. honey	y N	7. velvet	y N	12. prairie	y N	17. Powder	Y n
3. Market	Y n	8. Carpet	Y n	13. Highway	Y n	18. angel	y N
4. Story	Y n	9. valley	y N	14. oyster	y N	19. Package	Y n
5. fabric	y N	10. Elbow	Y n	15. student	y N	20. meadow	y N

Total Score  
Range=0-20

# Story Recall

Say: ***Do you remember that story about a fire that I read to you earlier? Tell me as many details from the story as you can remember now.***

Scoring: 1 point for each verbatim recall of bold, italic words or alternatives, shown below in color within parentheses. Record intrusions or variations in the Responses column.

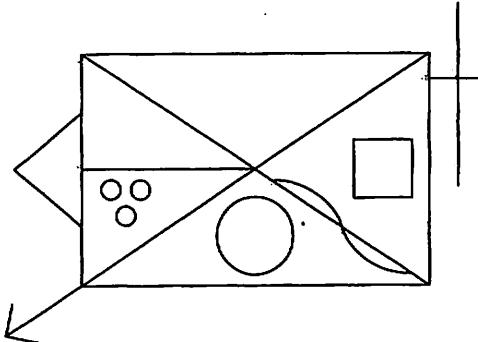
Story (Do not read.)	Responses	Item Score (0 or 1)
1. On <i>Tuesday</i> ,		
2. <i>May</i>		
3. <i>Fourth</i> ,		
4. in <i>Cleveland</i> , Ohio,		
5. a <i>3 alarm</i>		
6. <i>fire</i> broke out.		
7. <i>Two</i>		
8. <i>hotels</i>		
9. and a <i>restaurant</i>		
10. were <i>destroyed</i>		
11. before the <i>firefighters</i> ( <i>firemen</i> )		
12. were able to <i>extinguish it</i> ( <i>put it out</i> ).		
Total Score Range=0-12		

## 12 Figure Recall

Say *Do you remember that figure that I had you copy? I want you to draw as much of it as you can remember now. If you remember a part, but you're not sure where it goes, put it anywhere. Try to draw as much of it as you can.*

Now, present the Figure Recall Drawing Page.

Scoring: 1 point for correctness and completeness (drawing), and 1 point for proper placement. See Appendix 1 in Stimulus Booklet A for complete scoring criteria and scoring examples.



### Figure Recall Criteria

(Fold back for use.)

Item	Drawing (0 or 1)	Placement (0 or 1)	Score (0, 1, or 2)	Scoring Criteria
1. rectangle				Drawing: lines are unbroken and straight; angles 90 degrees; top/bottom lines 25% longer than sides Placement: not rotated more than 15 degrees
2. diagonal cross				Drawing: lines are unbroken and straight and should approximately bisect each other Placement: ends of lines should meet corners of the rectangle without significant overlap or measurable distance between the ends of the lines and the corners
3. horizontal line				Drawing: line is unbroken and straight; should not exceed 1/2 the length of the rectangle Placement: should bisect left side of the rectangle at approximately a right angle and intersect the diagonal cross
4. circle				Drawing: round, unbroken and closed; diameter should be approximately 1/4–1/3 height of rectangle Placement: placed in appropriate segment; not touching any other part of figure
5. 3 small circles				Drawing: round, unbroken and closed; equal size; triangular arrangement; not touching each other Placement: in appropriate segment; not touching figure; triangle formed not rotated more than 15 degrees
6. square				Drawing: must be closed; 90 degree angles; lines straight and unbroken; height is 1/4–1/3 height of rectangle Placement: in appropriate segment; not touching any other part of figure; not rotated more than 15 degrees
7. curving line				Drawing: 2 curved segments are approximately equal in length and symmetrical; correct direction of curves Placement: ends of line touch diagonal; do not touch corner of rectangle or intersection of diagonal lines
8. outside cross				Drawing: vertical line of the outside cross is parallel to side of rectangle; >1/2 the height of rectangle; horizontal line crosses vertical at 90 degree angle and is between 20–50% of length of vertical line Placement: horizontal line of outside cross touches rectangle higher than 2/3 the height of rectangle, but below top; does not penetrate the rectangle
9. triangle				Drawing: angle formed by 2 sides of triangle is between 60–100 degrees; sides are straight, unbroken and meet in a point; distance on vertical side of rectangle subsumed by triangle is approximately 50% of the height of vertical side Placement: roughly centered on the left vertical side of the rectangle
10. arrow				Drawing: straight and unbroken; lines forming arrow are approximately equal in length and not more than 1/3 length of staff Placement: must protrude from appropriate corner of rectangle such that staff appears to be continuation of diagonal cross

Total Score  
Range=0–20

# Figure Recall Drawing Page

(Fold back for use.)

## Psychomotor Vigilance Test

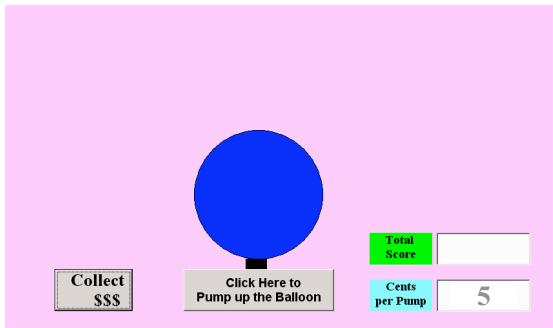
Press the spacebar every time an “x” appears on the screen.



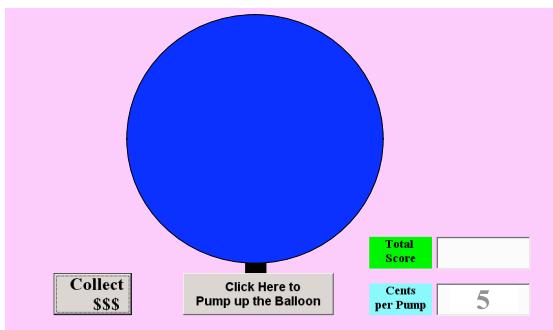
X

# Balloon Analog Risk Task

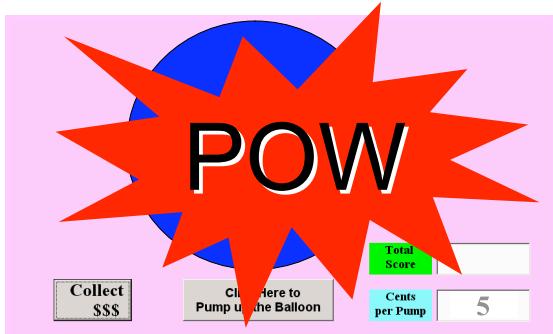
Inflate Balloon by Pressing Key



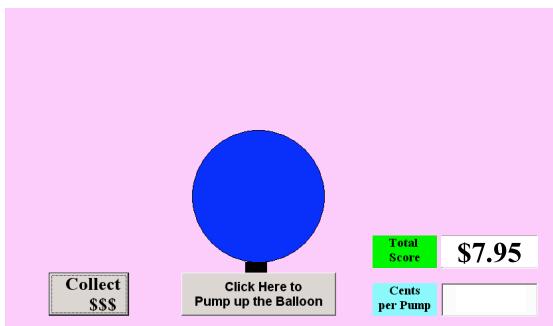
Balloon Grows in Size and \$\$\$ Value



If Balloon Explodes, All \$\$\$ is Lost



Goal: Earn as Much Money as Possible



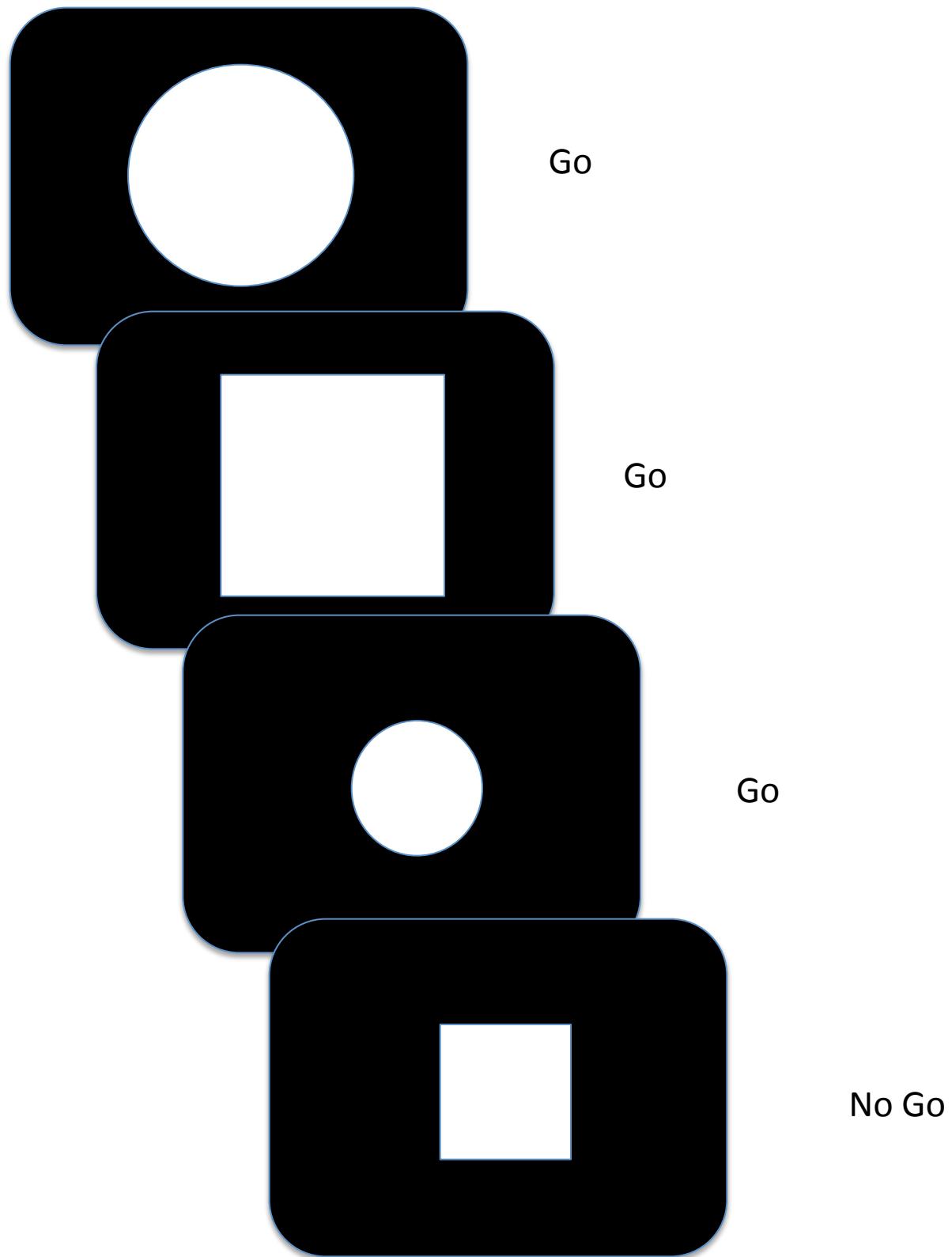
- The BART presents participants with 30 virtual balloons.
- Each balloon can be inflated one increment for each key press.

- With each key press the size of the balloon increases.
- Each increment also increases the potential value of the balloon by 5 cents.
- The balloon can be “cashed in” at any time and the total accumulated value retained.

- Each balloon can explode at any time.
- If a balloon explodes, all of the potential money accumulated *for that balloon* will be lost.

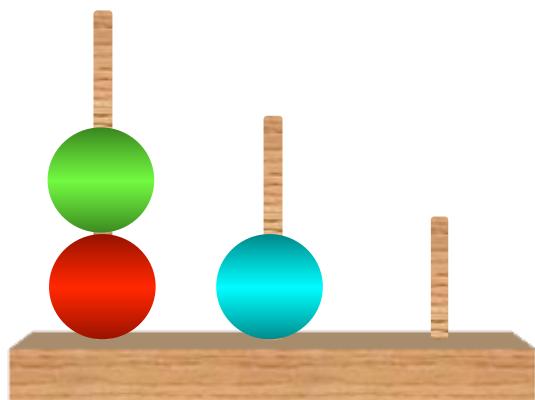
- The goal is to maximize winnings.
- Only 30 balloons are presented

## Go/No-Go Task

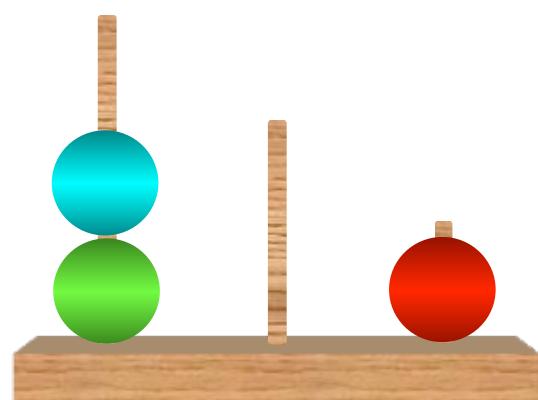


## Tower of London Task

**Your Tower**



**Goal**



Test Date

[Blank Boxes for Year, Month, Day]

ID: \_\_\_\_\_

Sex:  F  MHandedness:  R  LTest Age:   

Address/School/Testing Site: \_\_\_\_\_

Highest Education/Grade: \_\_\_\_\_

Examiner Name: \_\_\_\_\_

Total Raw Score to *T* Score Conversion

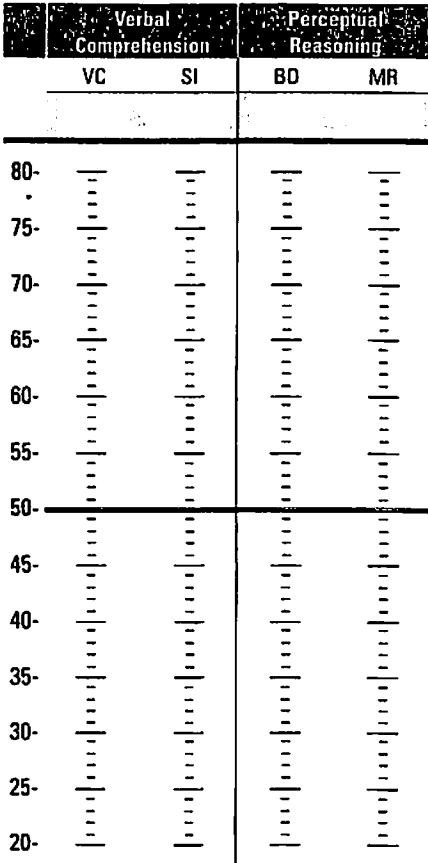
Subtest	Raw Score	<i>T</i> Scores		
		Verbal Comp.	Perc. Rsgn.	Full Scale-4
Block Design	<input type="text"/>			
Vocabulary	<input type="text"/>			
Matrix Reasoning	<input type="text"/>			
Similarities	<input type="text"/>			
Sum of <i>T</i> Scores				
		Verbal Comp.	Perc. Rsgn.	Full Scale-4
				Full Scale-2

## Examinee Visual/Hearing Aids During Testing

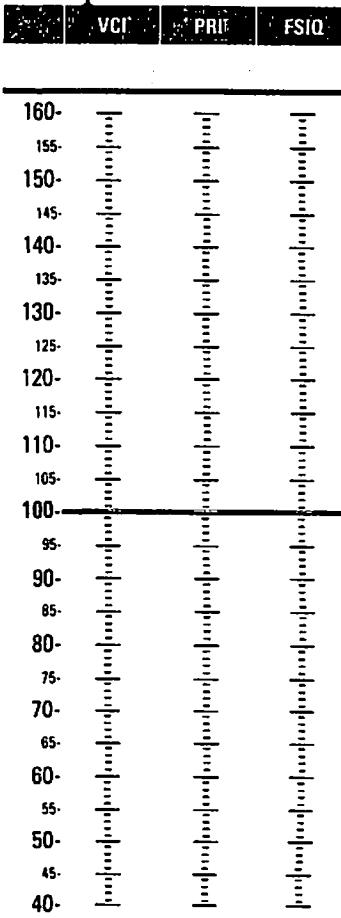
Check type of aid examinee needed:	Used	Not Used
<input type="checkbox"/> Glasses	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Prescription Lenses	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Assisted Listening Device	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Other:	<input type="checkbox"/>	<input type="checkbox"/>

Sum of *T* Scores to Composite Score Conversion

Scale	Sum of <i>T</i> Scores	Composite Score	Percentile Rank	Confidence Interval 90% or 95%
Verbal Comp.	<input type="text"/>	VCI	<input type="text"/>	-
Perc. Rsgn.	<input type="text"/>	PRI	<input type="text"/>	-
Full Scale-4	<input type="text"/>	FSIQ-4	<input type="text"/>	-
Full Scale-2	<input type="text"/>	FSIQ-2	<input type="text"/>	-

Subtest *T* Score Profile

## Composite Score Profile



## Ranges of Expected Scores

Scale	Confidence Level	
	90%	68%
FSIQ-4	<input type="text"/>	<input type="text"/>
WISC-IV FSIQ	<input type="text"/>	<input type="text"/>
WAIS-IV FSIQ	<input type="text"/>	<input type="text"/>

# 1. Block Design

(Time limit: See item)

 Start  
Ages 6-8:  
Item 1  
Ages 9-90:  
Item 3

 Reverse  
Ages 9-90: Does not obtain a perfect score on either Item 3 or Item 4, administer the preceding items in reverse order until two consecutive perfect scores are obtained.

 Discontinue  
After 2 consecutive scores of 0.

 Stop  
Ages 6-8:  
After Item 11.

 Record & Score  
Items 1-4:  
Score 0, 1, or 2 points.  
Items 5-13:  
Score 0, 4, 5, 6, or 7 points.

	Design	Presentation Method	Time Limit	Completion Time		Constructed Design		Score			
6-8 →	1.  Examiner	 Model and Picture	30"	Trial 1	Trial 2	Trial 1	Trial 2	0	1 2		
	2. 	 Model and Picture	30"	Trial 1	Trial 2	Trial 1	Trial 2	0	1 2		
9-90 →	3. 	 Model and Picture	45"	Trial 1	Trial 2	Trial 1	Trial 2	0	1 2		
	4. 	 Model and Picture	45"	Trial 1	Trial 2	Trial 1	Trial 2	0	1 2		
	5. 	 Picture	60"					21-60	16-20	11-15	1-10
	6. 	 Picture	60"					21-60	16-20	11-15	1-10
	7. 	 Picture	60"					21-60	16-20	11-15	1-10
	8. 	 Picture	60"					21-60	16-20	11-15	1-10
	9. 	 Picture	120"					71-120	46-70	31-45	1-30
	10. 	 Picture	120"					61-120	46-60	36-45	1-35
6-8 STOP	11. 	 Picture	120"					61-120	46-60	36-45	1-35
	12. 	 Picture	120"					61-120	46-60	36-45	1-35
	13. 	 Picture	120"					101-120	81-100	56-80	1-55

Maximum Raw Score  
Ages 6-8: 57  
Ages 9-90: 71

Block Design  
Total Raw Score



Start  
Ages 6-90:  
Item 4



Reverse  
Ages 6-90: Does not obtain a perfect score on either Item 4 or Item 5, administer the preceding items in reverse order until two consecutive perfect scores are obtained.



Discontinue  
After 3  
consecutive  
scores of 0.



Stop  
Age 6:  
After Item 22.  
Ages 7-11:  
After Item 25.  
Ages 12-14:  
After Item 28.



Record & Score  
Items 1-3: Score 0 or 1 point.  
Items 4-5: Score 0 or 2 points.  
Items 6-31: Score 0, 1, or 2 points.  
See the Manual for sample responses.

Item	Response	Score
1. Fish		0 1
2. Shovel		0 1
3. Shell		0 1
4. Shirt		0 2
5. Car		0 2
6. Lamp		0 1 2
7. Bird		0 1 2
8. Tongue		0 1 2
9. Pet		0 1 2
10. Lunch		0 1 2
11. Bell		0 1 2
12. Calendar		0 1 2
13. Alligator		0 1 2
14. Dance		0 1 2

If the examinee provides a 2-point response that requires feedback or gives an incorrect (0 point) response, provide corrective feedback as instructed in the Manual.



2. Vocabulary *(continued)*

Discontinue after 3 consecutive scores of 0.

Item	Response	Score
15. Summer		0 1 2
16. Reveal		0 1 2
17. Decade		0 1 2
18. Entertain		0 1 2
19. Tradition		0 1 2
20. Enthusiastic		0 1 2
21. Improvise		0 1 2
22. Haste		0 1 2
6 STOP 23. Trend		0 1 2
24. Impulse		0 1 2
25. Ruminate		0 1 2
7-11 STOP 26. Mollify		0 1 2
27. Extirpate		0 1 2
28. Panacea		0 1 2
12-14 STOP		

continue →

Item	Response	Score
29. Perfunctory		0 1 2
30. Insipid		0 1 2
31. Pavid		0 1 2

## Maximum Raw Score

Age 6: 41

Ages 7–11: 47

Ages 12–14: 53

Ages 15–90: 59

Vocabulary  
Total Raw Score 

## 3. Matrix Reasoning

 Start  
Ages 6–8:  
Sample Items A & B,  
then Item 1  
Ages 9–90:  
Sample Items A & B,  
then Item 4

 Reverse  
Ages 9–90: Does not obtain a perfect score  
on either Item 4 or Item 5, administer the  
preceding items in reverse order until two  
consecutive perfect scores are obtained.

 Discontinue  
After 3 consecutive  
scores of 0.

 Stop  
Ages 6–8:  
After Item 24.

 Record & Score  
Score 0 or 1 point.  
Correct responses are in color.

Item	Response	Score
6–90	SA: 1 <b>2</b> 3 4 5	
	SB: 1 2 <b>3</b> 4 5	
6–8	1. 1 <b>2</b> 3 4 5 0 1	
	2. <b>1</b> 2 3 4 5 0 1	
	3. 1 2 <b>3</b> 4 5 0 1	
9–90	4. <b>1</b> 2 3 4 5 0 1	
	5. 1 2 3 4 <b>5</b> 0 1	
	6. <b>1</b> 2 3 4 5 0 1	
	7. 1 2 <b>3</b> 4 5 0 1	
	8. 1 2 <b>3</b> 4 5 0 1	
	9. 1 2 3 <b>4</b> 5 0 1	
	10. 1 <b>2</b> 3 4 5 0 1	
	11. 1 2 <b>3</b> 4 5 0 1	
	12. 1 2 3 <b>4</b> 5 0 1	
	13. <b>1</b> 2 3 4 5 0 1	
	14. 1 2 3 <b>4</b> 5 0 1	

Item	Response	Score
15.	1 <b>2</b> 3 4 5	0 1
16.	1 2 <b>3</b> 4 <b>5</b>	0 1
17.	1 2 <b>3</b> 4 <b>5</b>	0 1
18.	1 <b>2</b> 3 4 5	0 1
19.	1 2 <b>3</b> 4 <b>5</b>	0 1
20.	1 <b>2</b> 3 4 5	0 1
21.	1 2 <b>3</b> 4 <b>5</b>	0 1
22.	1 2 <b>3</b> 4 5	0 1
23.	<b>1</b> 2 3 4 5	0 1
24.	1 2 <b>3</b> 4 <b>5</b>	0 1
25.	1 2 <b>3</b> 4 <b>5</b>	0 1
26.	1 <b>2</b> 3 4 <b>5</b>	0 1
27.	1 2 <b>3</b> 4 <b>5</b>	0 1
28.	1 2 <b>3</b> 4 <b>5</b>	0 1
29.	<b>1</b> 2 3 4 <b>5</b>	0 1
30.	1 <b>2</b> 3 4 <b>5</b>	0 1

## Maximum Raw Score

Ages 6–8: 24

Ages 9–90: 30

Matrix Reasoning  
Total Raw Score

## 4. Similarities



Start  
Ages 6–8:  
Item 1  
Ages 9–90:  
Item 4



Reverse  
Ages 9–90: Does not obtain a perfect score on *either* Item 4 or Item 5, administer the preceding items in reverse order until two consecutive perfect scores are obtained.



Discontinue  
After 3 consecutive scores of 0.



Stop  
Ages 6–8:  
After Item 22.



Record & Score  
Items 1–3: Score 0 or 1 point.  
Correct responses are in color.  
Items 4–5: Score 0 or 2 points.  
Items 6–24: Score 0, 1, or 2 points.  
See Manual for sample responses.

Picture Item	Response	Score
6–8	†1. 1 2 <b>3</b> 4 5 0 1	

Picture Item	Response	Score
6–8	2. 1 2 3 <b>4</b> 5 0 1	

Picture Item	Response	Score
6–8	3. 1 <b>2</b> 3 4 5 0 1	

Verbal Items	Response	Score
9–90	† 4. Green–Blue	0 2

† 5. Square–Triangle

0 2

6. Cow–Bear

0 1 2

7. Shirt–Jacket

0 1 2

8. Pen–Crayon

0 1 2

9. Hat–Umbrella

0 1 2

10. Airplane–Bus

0 1 2

11. Door–Window

0 1 2

12. Child–Adult

0 1 2

§ If the examinee provides a response that suggests he or she does not understand the task, provide the specified prompt in the Manual.

† If the examinee provides a 2-point response that requires feedback or provides an incorrect (0 point) response, provide corrective feedback as instructed in the Manual.



## 4. Similarities (continued)

Discontinue after 3 consecutive scores of 0.

Verbal Items	Response	Score
13. Shoulder-Ankle		0 1 2
14. Love-Hate		0 1 2
15. Smooth-Rough		0 1 2
16. Hand-Flag		0 1 2
17. Wall-Line		0 1 2
18. Heat-Wind		0 1 2
19. More-Less		0 1 2
20. Shadow-Echo		0 1 2
21. Tradition-Habit		0 1 2
22. Peace-War		0 1 2
23. Time-Progress		0 1 2
24. Memory-Practice		0 1 2

6-8 STOP

23. Time-Progress

24. Memory-Practice

Maximum Raw Score  
 Ages 6-8: 41  
 Ages 9-90: 45

Similarities  
 Total Raw Score



Examinee Name: \_\_\_\_\_

Age: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Examiner Name: \_\_\_\_\_

## Record Form

### Behavioral Observations

Referral source/Reason for referral/Presenting complaint(s)

Physical appearance

Language (e.g., first/native language, other language, English fluency, expressive and receptive language ability, articulation)

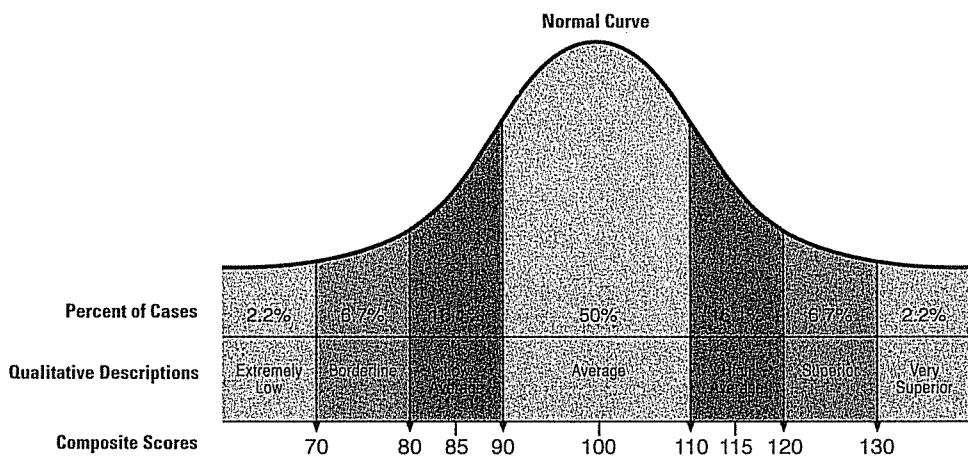
Attention and concentration

Attitude toward testing (e.g., rapport, eager to speak, working habits, interest, motivation, reaction to success/failure)

Affect/Mood

Unusual behaviors/Verbalizations (e.g., perseverations, stereotypic movements, bizarre and atypical verbalizations)

Other notes



**PEARSON**

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# California Verbal Learning Test—Second Edition

Dean C. Delis Joel H. Kramer Edith Kaplan Beth A. Ober

California Verbal Learning Test®  
Second Edition • Adult Version

Standard  
Form

ID#: \_\_\_\_\_ Examiner: \_\_\_\_\_

Sex:  F  M

Race/Ethnicity: \_\_\_\_\_

Education (years): \_\_\_\_\_

Date Tested	Year	Month	Day

Handedness:  R  L  Ambidextrous

Hearing adequate?  Y  N

Hearing aid?  Y  N

First language: \_\_\_\_\_

Preferred language: \_\_\_\_\_

Effort appear adequate?  Y  ?  N

Age at Testing			

Affect and mood: \_\_\_\_\_

Physical appearance: \_\_\_\_\_

Other behaviors: \_\_\_\_\_

Major complaints: \_\_\_\_\_

Diagnostic history: \_\_\_\_\_

Current medications: \_\_\_\_\_

Performance Category	Raw Score	Standard Score	Performance Description	Raw Score	Standard Score
Trial 1 Free Recall <b>Correct</b>			Long-Delay Free Recall <b>Correct</b>		
Trial 2 Free Recall <b>Correct</b>			Long-Delay Cued Recall <b>Correct</b>		
Trial 3 Free Recall <b>Correct</b>			Free-Recall <b>Intrusions</b> (Immediate & Delayed, All Types)		
Trial 4 Free Recall <b>Correct</b>			Cued-Recall <b>Intrusions</b> (All Types)		
Trial 5 Free Recall <b>Correct</b>			Total <b>Intrusions</b> (All Recall Trials, All Types)		
Trials 1–5 Free Recall <b>Total Correct</b>		(T score)	Total <b>Repetitions</b> (All Recall Trials)		
List B Free Recall <b>Correct</b>			Long-Delay Yes/No Recognition <b>Hits</b>		
Short-Delay Free Recall <b>Correct</b>			Long-Delay Yes/No Recognition <b>False-Positives</b>		
Short-Delay Cued Recall <b>Correct</b>			Long-Delay Forced-Choice Recognition <b>Accuracy</b> (# hits _____ /16) × 100	%	

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PsychCorp

Product Number 0154035742

**List A Immediate Free Recall Trial 1**

I'm going to read a list of words to you. Listen carefully, because when I'm through, I want you to tell me as many of the words as you can. You can say them in any order, just say as many of them as you can. Are you ready?

Read List A at an even pace, taking slightly longer than one second per word, so the entire list takes 18 to 20 seconds. Then say: **Go ahead.**

**List A**

truck  
spinach  
giraffe  
bookcase  
onion  
motorcycle  
cabinet  
zebra  
subway  
lamp  
celery  
cow  
desk  
boat  
squirrel  
cabbage

**Trial 1**

Resp Type

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	

Total Correct  CTotal Repetitions  RTotal Intrusions  I**Trial 2**

I'm going to read the same list again. Like before, tell me as many of the words as you can, in any order. Be sure to also say words from the list that you told me the first time.

**Trials 3 and 4**

I'm going to read the same list again. Like before, tell me as many of the words as you can, in any order, including words from the list you've said before.

**Trial 5**

I'm going to read the same list one more time. Like before, tell me as many of the words as you can, in any order, including words from the list you've said before.

Record all responses verbatim, in the order recalled. Prompt only once (e.g., Anything else?) at the end of each free and cued recall trial (i.e., after 15 seconds with no response or when the examinee says he/she cannot remember more words).

**Trial 2**

Resp Type

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	

Total Correct  CTotal Repetitions  RTotal Intrusions  I**Trial 3**

Resp Type

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	

Total Correct  CTotal Repetitions  RTotal Intrusions  I**Trial 4**

Resp Type

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	

Total Correct  CTotal Repetitions  RTotal Intrusions  I**Trial 5**

Resp Type

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	

Total Correct  CTotal Repetitions  RTotal Intrusions  I

**List B Immediate Free Recall**

Now I'm going to read a second list of words to you. When I'm through, I want you to tell me as many words from this second list as you can, in any order. Don't tell me words from the first list, just this second list.

Read List B at an even pace, taking slightly longer than one second per word, so the entire list takes 18 to 20 seconds. Then say: Go ahead.

**List B**

violin  
cucumber  
elephant  
closet  
turnip  
guitar  
basement  
sheep  
clarinet  
garage  
corn  
rabbit  
patio  
saxophone  
tiger  
radishes

**Trial B**

		Resp Type
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		

Total Correct C

Total Repetitions R

Total Intrusions I

**List A Short-Delay Free Recall**

Now I want you to tell me all the words you can from the *first* list, the one I read to you several times. Don't tell me words from the second list, just the first list. Go ahead.

Record all responses verbatim, in the order recalled. Prompt only once (e.g., Anything else?) at the end of each free and cued recall trial (i.e., after 15 seconds with no response or when the examinee says he/she cannot remember more words).

**List A**

		Resp Type
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		

Total Correct C

Total Repetitions R

Total Intrusions I

**List A Short-Delay Cued Recall**

Tell me all the words from the first list that are furniture. Tell me all the words from the first list that are vegetables. Tell me all the words from the first list that are ways of traveling. Tell me all the words from the first list that are animals.

There should be approximately a **20-minute delay** between the completion of Short-Delay Cued Recall and the start of Long-Delay Free Recall. Do not inform the examinee that there will be later CVLT-II trials.

**Furniture**

		Resp Type
1		
2		
3		
4		
5		
6		
7		
8		

**Vegetables**

		Resp Type
1		
2		
3		
4		
5		
6		
7		
8		

**Ways of Traveling**

		Resp Type
1		
2		
3		
4		
5		
6		
7		
8		

**Animals**

		Resp Type
1		
2		
3		
4		
5		
6		
7		
8		

Total Correct C

Total Repetitions R

Total Intrusions I

### List A Long-Delay Free Recall

I read two different lists of words to you earlier: a first list that I read to you several times, and a second list that I read to you once. Tell me all the words you can that were from the *first* list. Don't tell me words from the second list, just the first list. Go ahead.

### List A

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
1																				

Total Correct C

Total Repetitions R

Total Intrusions I

### List A Long-Delay Cued Recall

Tell me all the words from the first list that are furniture.

Tell me all the words from the first list that are vegetables.

Tell me all the words from the first list that are ways of traveling.

Tell me all the words from the first list that are animals.

#### Furniture

1

2

3

4

5

6

7

8

#### Vegetables

1

2

3

4

5

6

7

8

#### Ways of Traveling

1

2

3

4

5

6

7

8

#### Animals

1

2

3

4

5

6

7

8

Total Correct C

Total Repetitions R

Total Intrusions I

### List A Long-Delay Yes/No Recognition

Now I'm going to read more words to you. After I read each one, say "Yes" if that word was from the first list, or say "No" if it was not from the first list.

If the examinee responds "I don't know" during Yes/No Recognition, say, "Tell me whether you think \_\_\_\_\_ was on the first list."

wallet

Y N

UN

boat

Y N

T

boat

Y N

BN

saxophone

Y N

BS

cucumber

Y N

BS

giraffe

Y N

T

carrot

Y N

PR

patio

Y N

BN

cabbage

Y N

T

desk

Y N

T

bracelet

Y N

UN

car

Y N

PR

elephant

Y N

BS

violin

Y N

BN

cow

Y N

T

fork

Y N

UN

bus

Y N

PR

celery

Y N

T

lamp

Y N

T

radishes

Y N

BS

table

Y N

PR

rose

Y N

UN

motorcycle

Y N

T

sheep

Y N

BS

basement

Y N

BN

dog

Y N

PR

bookcase

Y N

T

matches

Y N

UN

spinach

Y N

T

clarinet

Y N

BN

truck

Y N

T

rabbit

Y N

BS

chair

Y N

PR

corn

Y N

BS

seashell

Y N

UN

garage

Y N

BN

squirrel

Y N

T

turnip

Y N

BS

cabinet

Y N

T

onion

Y N

T

lion

Y N

PR

camera

Y N

UN

guitar

Y N

BN

subway

Y N

T

tiger

Y N

BS

coffee

Y N

UN

zebra

Y N

T

lettuce

Y N

PR

closet

Y N

BN

Total Hits

Total False-Positives

There should be approximately a **10-minute delay** between the completion of Yes/No Recognition and the start of Forced-Choice Recognition. Do not inform the examinee that there will be a later CVLT-II trial.

T = Target  
Distractor Types: BS = List B Shared; BN = List B Non-Shared; PR = Prototypical; UN = Unrelated

**List A Long-Delay Forced-Choice Recognition (Optional)**

Earlier, I read some lists of words to you, remember? Now I am going to read some words two at a time. After I read both words, say which of the words was from the *first* list, the one I read to you several times. It may be difficult to remember which one to pick, but even if it's hard for you, just try your best. Ready?

Was *boat* or *flag* on the first list?

Was \_\_\_\_\_ or \_\_\_\_\_ on the first list?

*Circle the examinee's responses.*

If the examinee says "I don't know," say, "I know it may be difficult, but just take your best guess."

Score (1 or 0)	Dist type		
	C	<b>boat</b>	or flag
	C	cake	or <b>desk</b>
	A	majority	or <b>cow</b>
	C	<b>celery</b>	or aspirin
	A	<b>bookcase</b>	or silence
	C	blender	or <b>truck</b>
	A	<b>onion</b>	or logic
	C	baseball	or <b>zebra</b>
	A	instruction	or <b>cabinet</b>
	A	<b>squirrel</b>	or direction
	C	blanket	or <b>cabbage</b>
	A	<b>subway</b>	or technique
	A	height	or <b>spinach</b>
	C	<b>giraffe</b>	or towel
	A	subject	or <b>motorcycle</b>
	C	<b>lamp</b>	or sprinkler

Distractor types: C = concrete; A = abstract

### Total Hits

Total Accuracy: (        /16) × 100 =        %



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# Multi-Source Interference Task (MSIT)

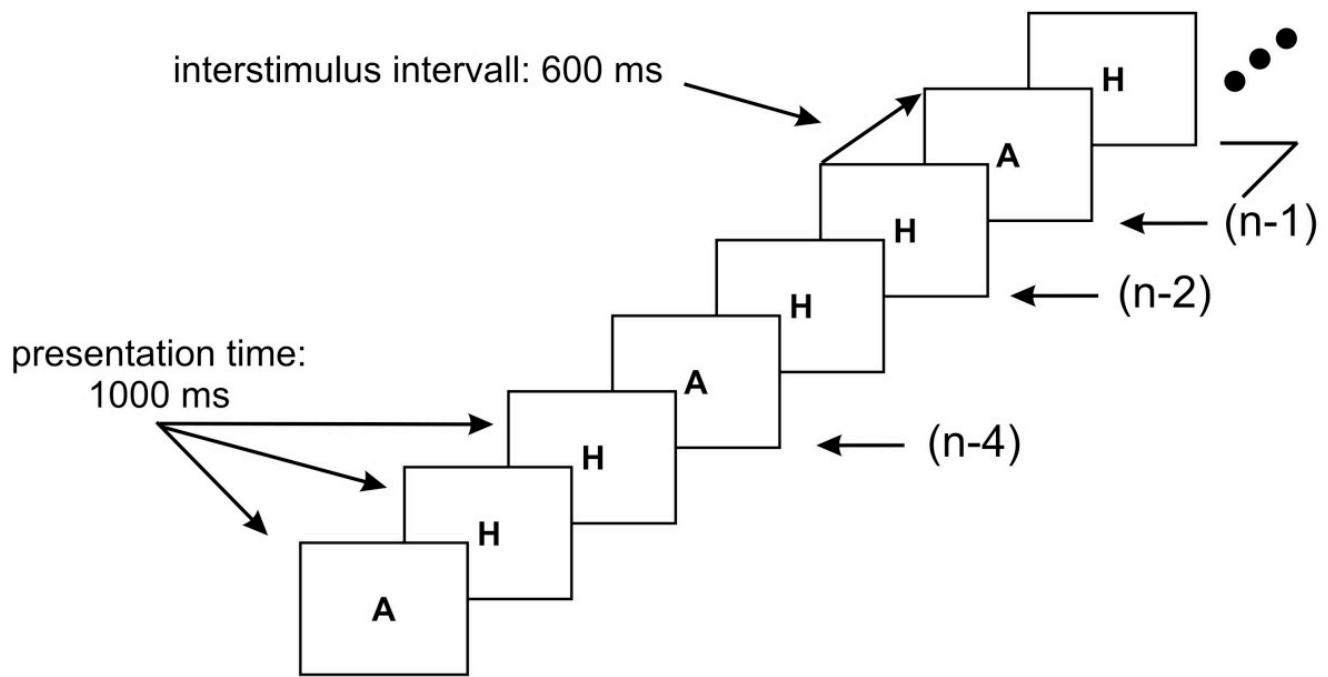
Control

100

Interference

221

# N-back task



## Curriculum Vitae

**Date Prepared:** **October 4, 2014**

**Name:** WILLIAM DALE (SCOTT) KILLGORE

**Office Address:** Suite 7303B  
Department of Psychiatry  
University of Arizona HSC  
1501 North Campbell Ave.  
PO Box 245002  
Tucson, AZ 85724 United States

### Work

**Email:** [killgore@mclean.harvard.edu](mailto:killgore@mclean.harvard.edu)

[Killgore@psychiatry.arizona.edu](mailto:Killgore@psychiatry.arizona.edu)

**Work FAX:** (617) 855-2770

**Place of Birth:** Anchorage, AK

### Education

1985 A.A. (Liberal Arts), San Antonio College  
1985 A.A.S (Radio-TV-Film), San Antonio College  
1990 B.A. (Psychology), Summa cum laude with Distinction, University of New Mexico  
1992 M.A. (Clinical Psychology), Texas Tech University  
1996 PH.D. (Clinical Psychology), Texas Tech University

### Postdoctoral Training

08/95-07/96 Predoctoral Fellow, Clinical Psychology, Yale School of Medicine  
08/96-07/97 Postdoctoral Fellow, Clinical Neuropsychology, University of OK Health Sciences Center  
08/97-07/99 Postdoctoral Fellow, Clinical Neuropsychology, University of Pennsylvania Medical School  
07/99-09/00 Research Fellow, Neuroimaging, McLean Hospital/ Harvard Medical School  
09/13-05/14 Certificate in Applied Biostatistics, Harvard Medical School

### Faculty Academic Appointments

10/00-08/02 Instructor in Psychology in the Department of Psychiatry  
Harvard Medical School, Boston, MA  
09/02-07/07 Clinical Instructor in Psychology in the Department of Psychiatry  
Harvard Medical School, Boston, MA  
08/07-10/10 Instructor in Psychology in the Department of Psychiatry  
Harvard Medical School, Boston, MA

04/08-	Faculty Affiliate, Division of Sleep Medicine Harvard Medical School, Boston, MA
10/10-10/12	Assistant Professor of Psychology in the Department of Psychiatry Harvard Medical School, Boston, MA
10/12-	Associate Professor of Psychology in the Department of Psychiatry Harvard Medical School

### **Appointments at Hospitals/Affiliated Institutions**

10/00-08/02	Assistant Research Psychologist, McLean Hospital, Belmont, MA
08/02-07/04	Research Psychologist, Department of Behavioral Biology, Walter Reed Army Institute of Research, Silver Spring, MD
09/02-04/05	Special Volunteer, National Institute on Deafness and Other Communication Disorders (NIDCD), National Institutes of Health (NIH), Bethesda, MD
09/02-07/07	Consultant in Psychology, McLean Hospital, Belmont, MA
08/07-	Research Psychologist, McLean Hospital, Belmont, MA

### **Other Professional Positions**

11/01-08/02	First Lieutenant, Medical Service Corps, United States Army Reserve (USAR)
08/02-07/05	Captain, Medical Service Corps, United States Army
08/05-10/07	Major, Medical Service Corps, United States Army
10/07-07/12	Major, Medical Service Corps, United States Army Reserve (USAR)
10/07-3/10	Chief Psychologist, GovSource, Inc., U.S. Department of Defense Government Contractor
08/08-	Consulting Psychologist, The Brain Institute, University of Utah
07/12-	Lieutenant Colonel, Medical Service Corps, United States Army Reserve (USAR)

### **Major Administrative Leadership Positions**

#### **Local**

1988-1989	Undergraduate Teaching Assistant-Introduction to Psychology 102, University of New Mexico
1990-1991	Graduate Teaching Assistant-General Psychology 1300, Texas Tech University
1991-1992	Graduate Teaching Assistant-Psychology of Learning Laboratory 3317, Texas Tech University
2004-2007	Chief, Neurocognitive Performance Branch, Walter Reed Army Institute of Research, Silver Spring, MD
2005-2006	Neuropsychology Postdoctoral Program Training Supervisor, Walter Reed Hospital, Washington, DC
2011-	Co-Director, Social, Cognitive, and Affective Neuroscience Laboratory, McLean Hospital, Belmont, MA

## Committee Service

### **Local**

2003 Scientific Review Committee, Walter Reed Army Institute of Research (WRAIR), Silver Spring, MD  
2005 Scientific Review Committee, Walter Reed Army Institute of Research (WRAIR), Silver Spring, MD  
2012- McLean Hospital Research Committee, McLean Hospital, Belmont, MA

### **Regional**

2005-2006 Undergraduate Honors Thesis Committee, Jessica Richards [Chairperson], University of Maryland, Baltimore County  
2011 Scientific Review Committee, U.S. Army Institute of Environmental Medicine (USARIEM), Natick, MA

### **National**

2011- National Network of Depression Centers, Military Task Group

### **International**

2005-2006 Doctoral Thesis Committee, Belinda J. Liddell, University of Sydney, Australia

## Professional Societies

1995-1997 American Psychological Association, Member  
1998-2000 National Academy of Neuropsychology, Member  
2012- American Academy of Sleep Medicine, Member  
2014- Organization for Human Brain Mapping, Member

## Grant Review Activities

### **National**

2004 University of Alabama, Clinical Nutrition Research Center (UAB CNRC) Pilot/Feasibility Study Program Review Committee  
2006 U.S. Small Business Administration, Small Business Technology Transfer (STTR) Program Review Committee  
2006 Cognitive Performance Assessment Program Area Steering Committee, U.S. Army Military Operational Medicine Research Program Funding Panel  
2007 Cognitive Performance Assessment Program Area Steering Committee, U.S. Army Military Operational Medicine Research Program Funding Panel  
2008 United States Army Medical Research and Materiel Command (USAMRMC) Congressionally Directed Medical Research Programs (CDMRP) Extramural Grant Review Panel  
2009 NIH-CSR Brain Disorders and Clinical Neuroscience N02 Member Study Conflict Section Review Panel  
2009 Sleep Physiology and Fatigue Interventions Program Area Steering Committee, U.S. Army Military Operational Medicine Research Program  
2011 National Science Foundation (NSF) Grant Reviewer  
2012 National Science Foundation (NSF) Grant Reviewer

**International**

2009 Scotland, UK, Biomedical and Therapeutic Research Committee, Grant Reviewer  
2010 Canada, Social Sciences and Humanities Research Council of Canada, Grant Reviewer  
2011 Israel, Israel Science Foundation (ISF), Grant Reviewer  
2013 Israel, Israel Science Foundation (ISF), Grant Reviewer

**Editorial Activities**

2001-2012 Reviewer, Psychological Reports  
2001-2012 Reviewer, Perceptual and Motor Skills  
2002 Reviewer, American Journal of Psychiatry  
2002-2013 Reviewer, Biological Psychiatry  
2003 Reviewer, Clinical Neurology and Neurosurgery  
2004, 2013 Reviewer, NeuroImage  
2004-2006 Reviewer, Neuropsychologia  
2004 Reviewer, Journal of Neuroscience  
2004 Reviewer, Consciousness and Cognition  
2005 Reviewer, Experimental Brain Research  
2005 Reviewer, Schizophrenia Research  
2005-2012 Reviewer, Archives of General Psychiatry  
2005 Reviewer, Behavioral Brain Research  
2005-2009 Reviewer, Human Brain Mapping  
2005-2013 Reviewer, Psychiatry Research: Neuroimaging  
2006 Reviewer, Journal of Abnormal Psychology  
2006 Reviewer, Psychopharmacology  
2006 Reviewer, Developmental Science  
2006 Reviewer, Acta Psychologica  
2006 Reviewer, Neuroscience Letters  
2006-2014 Reviewer, Journal of Sleep Research  
2006-2013 Reviewer, Physiology and Behavior  
2006-2014 Reviewer, SLEEP  
2007 Reviewer, Journal of Clinical and Experimental Neuropsychology  
2008 Reviewer, European Journal of Child and Adolescent Psychiatry  
2008 Reviewer, Judgment and Decision Making  
2008-2010 Reviewer, Aviation, Space, & Environmental Medicine  
2008 Reviewer, Journal of Psychophysiology  
2008 Reviewer, Brazilian Journal of Medical and Biological Research  
2008 Reviewer, The Harvard Undergraduate Research Journal  
2008 Reviewer, Bipolar Disorders  
2008-2013 Reviewer, Chronobiology International  
2008 Reviewer, International Journal of Obesity  
2009 Reviewer, European Journal of Neuroscience  
2009-2014 Reviewer, International Journal of Eating Disorders  
2009 Reviewer, Psychophysiology  
2009 Reviewer, Traumatology  
2009 Reviewer, Clinical Medicine: Therapeutics  
2009 Reviewer, Acta Pharmacologica Sinica  
2009 Reviewer, Collegium Antropologicum

2009	Reviewer, Journal of Psychopharmacology
2009-2014	Reviewer, Obesity
2009	Reviewer, Scientific Research and Essays
2009	Reviewer, Child Development Perspectives
2009-2010	Reviewer, Personality and Individual Differences
2009-2010	Reviewer, Noise and Health
2009-2010	Reviewer, Sleep Medicine
2010	Reviewer, Nature and Science of Sleep
2010	Reviewer, Psychiatry and Clinical Neurosciences
2010	Reviewer, Learning and Individual Differences
2010	Reviewer, Cognitive, Affective, and Behavioral Neuroscience
2010	Reviewer, BMC Medical Research Methodology
2010-2011	Reviewer, Journal of Adolescence
2010-2012	Reviewer, Brain Research
2011	Reviewer, Brain
2011	Reviewer, Social Cognitive and Affective Neuroscience
2011	Reviewer, Journal of Traumatic Stress
2011	Reviewer, Social Neuroscience
2011-2014	Reviewer, Brain and Cognition
2011	Reviewer, Frontiers in Neuroscience
2011-2012	Reviewer, Sleep Medicine Reviews
2012	Reviewer, Journal of Experimental Psychology: General
2012	Reviewer, Ergonomics
2012	Reviewer, Behavioral Sleep Medicine
2012	Reviewer, Neuropsychology
2012	Reviewer, Emotion
2012	Reviewer, JAMA
2012	Reviewer, BMC Neuroscience
2012	Reviewer, Cognition and Emotion
2012	Reviewer, Journal of Behavioral Decision Making
2012	Reviewer, Psychosomatic Medicine
2012-2014	Reviewer, PLoS One
2012	Reviewer, American Journal of Critical Care
2012-2014	Reviewer, Journal of Sleep Disorders: Treatment and Care
2013	Reviewer, Experimental Psychology
2013	Reviewer, Clinical Interventions in Aging
2013	Reviewer, Frontiers in Psychology
2013	Reviewer, Brain Structure and Function
2013	Reviewer, Appetite
2013	Reviewer, JAMA Psychiatry
2014	Reviewer, Acta Psychologica
2014	Reviewer, Neurology
2014	Reviewer, Applied Neuropsychology: Child

### Other Editorial Roles

2009-	Editorial Board Member	International Journal of Eating Disorders
2012-	Editor	Datasets in Neuroscience

2012-	Editor	Datasets in Medicine
2012-	Editor	Journal of Sleep Disorders: Treatment and Care

## Honors and Prizes

1990	Outstanding Senior Honors Thesis in Psychology, University of New Mexico
1990-1995	Maxey Scholarship in Psychology, Texas Tech University
2001	Rennick Research Award, Co-Author, International Neuropsychological Society
2002	Honor Graduate, AMEDD Officer Basic Course, U.S. Army Medical Department Center and School
2002	Lynch Leadership Award Nominee, AMEDD Officer Basic Course, U.S. Army Medical Department Center and School
2003	Outstanding Research Presentation Award, 2003 Force Health Protection Conference, U.S. Army Center for Health Promotion and Preventive Medicine
2005	Edward L. Buescher Award for Excellence in Research by a Young Scientist, Walter Reed Army Institute of Research (WRAIR) Association
2009	Merit Poster Award, International Neuropsychological Society
2009	Outstanding Research Presentation Award, 2009 Force Health Protection Conference, U.S. Army Center for Health Promotion and Preventive Medicine
2010	Best Paper Award, Neuroscience, 27 <sup>th</sup> U.S. Army Science Conference
2011	Published paper included in <i>Best of Sleep Medicine 2011</i>
2011	Blue Ribbon Finalist, 2011 Top Poster Award in Clinical and Translational Research, Society of Biological Psychiatry
2012	Defense Advance Research Projects Agency (DARPA) Young Faculty Award in Neuroscience
2014	Blue Ribbon Finalist, 2014 Top Poster Award in Basic Neuroscience, Society of Biological Psychiatry
2014	Harvard Medical School Excellence in Mentoring Award Nominee
2014	AASM Young Investigator Award, Honorable Mention, Co-Author, American Academy of Sleep Medicine

## Report of Funded and Unfunded Projects

### Funding Information

#### **Past**

2001-2003	fMRI of Unconscious Affect Processing in Adolescence. N.I.H., 1R03HD41542-01 P.I.: Killgore (\$79,000.)
2003-2006	The Effects of Sleep-Loss and Stimulant Countermeasures on Judgment and Decision Making. U.S. Army Medical Research and Materiel Command (USAMRMC) Competitive Medical Research Proposal Program (CMRP), P.I.: Killgore (Total Award: \$1,345,000.)

2004-2005 Sleep/wake Schedules in 3ID Aviation Brigade Soldiers.  
Defense Advanced Research Projects Agency (DARPA)  
P.I.: Killgore (Total Award: \$60,000.)

2005-2006 Functional Neuroimaging Studies of Neural Processing Changes with Sleep and Sleep Deprivation.  
U.S. Army Medical Research and Materiel Command (USAMRMC)  
Task Area C (Warfighter Judgment and Decision Making) Program Funding  
P.I.: Killgore (Total Award: \$219,400.)

2006-2007 Establishing Normative Data Sets for a Series of Tasks to Measure the Cognitive Effects of Operationally Relevant Stressors.  
U.S. Army Medical Research and Materiel Command (USAMRMC)  
Task Area C (Warfighter Judgment and Decision Making) Program Funding,  
P.I.: Killgore (Total Award: \$154,000.)

2006-2007 Military Operational Medicine Research Program (MOM-RP), Development of the Sleep History and Readiness Predictor (SHARP).  
U.S. Army Medical Research and Materiel Command (USAMRMC)  
P.I.: Killgore (Total Award: \$291,000.)

**Current**

2009-2014 The Neurobiological Basis and Potential Modification of Emotional Intelligence through Affective Behavioral Training.  
U.S. Army Medical Research and Materiel Command (USAMRMC),  
P.I.: Killgore (Total Award: \$551,961.)  
Major Goal: To identify the neurobiological basis of cognitive and emotional intelligence using functional and structural magnetic resonance imaging.

2011-2014 Effects of Bright Light Therapy on Sleep, Cognition, and Brain Function following Mild Traumatic Brain Injury.  
U.S. Army Medical Research and Materiel Command (USAMRMC),  
P.I.: Killgore (Total Award: \$941,924)  
Major Goal: To evaluate the effectiveness of morning exposure to bright light as a treatment for improving in sleep patterns among individuals with post-concussive syndrome. Effects of improved sleep on recovery due to this treatment will be evaluated using neurocognitive testing as well as functional and structural neuroimaging.

2012-2015 Internet Based Cognitive Behavioral Therapy Effects on Depressive Cognitions and Brain function.  
U.S. Army Medical Research and Materiel Command (USAMRMC),  
Co-PI: Killgore (Total Award: \$1,646,045)  
Major Goal: To evaluate the effectiveness of an internet-based cognitive behavioral therapy treatment program on improving depressive symptoms, coping and resilience skills, cognitive processing and functional brain activation patterns within the prefrontal cortex.

2012-2014 Multimodal Neuroimaging to Predict Cognitive Resilience Against Sleep Loss  
 Defense Advance Research Projects Agency (DARPA) Young Faculty Award in Neuroscience  
 P.I.: Killgore (Total Award: \$445,531)  
 Major Goal: To combine several neuroimaging techniques, including functional and structural magnetic resonance imaging, diffusion tensor imaging, and magnetic resonance spectroscopy to predict individual resilience to 24 hours of sleep deprivation.

2012-2016 A Model for Predicting Cognitive and Emotional Health from Structural and Functional Neurocircuitry following Traumatic Brain Injury  
 Congressionally Directed Medical Research Program (CDMRP), Psychological Health/Traumatic Brain Injury (PH/TBI) Research Program: Applied Neurotrauma Research Award.  
 P.I.: Killgore (Total Award: \$2,272,098)  
 Major Goal: To evaluate the relation between axonal damage and neurocognitive performance in patients with traumatic brain injury at multiple points over the recovery trajectory, in order to predict recovery.

2012-2014 Neural Mechanisms of Fear Extinction Across Anxiety Disorders  
 NIH NIMH  
 Site Subcontract PI: Killgore (Subcontract Award: \$505,065)  
 Major Goal: To examine the neurocircuitry involved in fear conditioning, extinction, and extinction recall across several major anxiety disorders.

2014-2017 Bright Light Therapy for Treatment of Sleep Problems following Mild TBI.  
 Psychological Health and Traumatic Brain Injury Research Program (PH/TBI RP) Traumatic Brain Injury Research Award-Clinical Trial.  
 P.I.: Killgore (Total Award: \$1,853,921)  
 Major Goal: To verify the effectiveness of morning exposure to bright light as a treatment for improving in sleep patterns, neurocognitive performance, brain function, and brain structure among individuals with a recent mild traumatic brain injury.

2014-2018 A Non-pharmacologic Method for Enhancing Sleep in PTSD  
 P.I.: Killgore (Total Award: \$3,821,415)  
 Major Goal: To evaluate the effectiveness of blue light exposure to modify sleep in PTSD and its effects on fear conditioning/extinction, symptom expression, and brain functioning.

## **Report of Local Teaching and Training**

### **Laboratory and Other Research Supervisory and Training Responsibilities**

2005-2006 1 Fellow for 250 hrs/year, Neuropsychology Postdoctoral Research Training Program Supervisor, Walter Reed Hospital

2011- 2 Fellows for 2080 hrs/year, Harvard Research Fellow Supervisor, McLean Hospital

## Formally Supervised Trainees

1997-1999	David Glahn, Ph.D.	Associate Professor, Yale University School of Medicine <i>Provided mentorship in clinical neuropsychological assessment and research at the University of Pennsylvania Hospital, which resulted in the development of a new psychometric test, 1 co-authored published conference abstract, and 1 co-authored published journal article.</i>
1997-1999	Daniel Casasanto, Ph.D.	Assistant Professor, University of Chicago <i>Supervised this trainee while at the University of Pennsylvania Hospital, which resulted in the development of a new psychometric test, 9 co-authored published conference abstracts, and 5 co-authored published journal articles.</i>
2002-2005	Alexander Vo, Ph.D.	Associate Professor, UTMB; Vice President, Electronically Mediated Services, Colorado Access <i>Served as one of his research mentors at the Walter Reed Army Institute of Research, which resulted in 3 co-authored published conference abstracts, and 3 co-authored published journal articles.</i>
2002-2007	Rebecca Reichardt, M.A.	Human Subjects Protection Scientist, USAMRMC <i>Supervised her research training in my lab at the Walter Reed Army Institute of Research, which resulted in 10 co-authored published conference abstracts, and 2 co-authored published journal articles.</i>
2003-2004	Stan Liu, M.D.	Medical Intern, Johns Hopkins Medical School <i>Supervised his research training in my lab at the Walter Reed Army Institute of Research, which primarily involved training in neuropsychological assessment and sleep research methods.</i>
2003-2004	Neil Arora, B.A.	Student, Yale University <i>Supervised his research project in my lab at the Walter Reed Army Institute of Research and NIH, which primarily involved training in brain imaging analysis and led to 2 co-authored published conference abstracts.</i>
2003-2005	Nancy Grugle, Ph.D.	Assistant Professor, Cleveland State University <i>Supervised her Doctoral Dissertation research project in my lab at the Walter Reed Army Institute of Research, which resulted in 23 co-authored published conference abstracts, and 10 co-authored published journal articles.</i>
2003-2005	Joshua Bailey, B.A.	Seminary Student <i>Supervised his computer programing development and research in my lab at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract, and 1 co-authored computer analysis package submitted for U.S. patent.</i>
2003-2006	Athena Kendall, M.A.	Lab Manager, Walter Reed Army Medical Center <i>Supervised part of her masters degree research project and other research work in my lab at the Walter Reed Army Institute of Research, which resulted in 4 co-authored published conference abstracts, and 4 co-authored published journal articles.</i>
2003-2006	Lisa Day, M.S.W.	Clinical Social Worker, Washington D.C. <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 3 co-authored published conference abstracts, and 1 co-authored published journal article.</i>
2004-2005	Merica Shepherd, B.A.	Laboratory Coordinator <i>Supervised her research training in my lab at the Walter Reed Army Institute of Research, which primarily involved training in neuropsychological assessment and sleep research methods.</i>

2004-2005	Cynthia Hawes, B.A.	Research Program Coordinator <i>Supervised her research training in my lab at the Walter Reed Army Institute of Research, which primarily involved training in neuropsychological assessment and sleep research methods.</i>
2004-2006	Christopher Li, B.A.	Graduate Student <i>Supervised his research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 3 co-authored published conference abstracts, and 1 co-authored published journal article.</i>
2004-2007	Jessica Richards, M.S.	Ph.D. Student, University of Maryland College Park <i>Served as Chair of her Senior Honors Thesis Committee and supervised her research work in my lab at the Walter Reed Army Institute of Research, which resulted in 8 co-authored published conference abstracts, a senior honors thesis, and 2 co-authored published journal articles.</i>
2004-2007	Erica Lipizzi, M.A.	Graduate Student, Emory University <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 16 co-authored published conference abstracts, and 12 co-authored published journal articles.</i>
2004-2007	Brian Leavitt, B.S.	Research Technician, Walter Reed Army Institute of Research <i>Supervised his research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 4 co-authored published conference abstracts, and 1 co-authored published journal article.</i>
2004-2007	Rachel Newman, M.S.	Senior Laboratory Manager, Walter Reed <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 6 co-authored published conference abstracts, and 1 co-authored published journal article.</i>
2004-2007	Alexandra Krugler, B.S.	Medical Student, Louisiana State University <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 5 co-authored published conference abstracts, and 1 co-authored published journal article.</i>
2005	Amy Conrad, PH.D.	Clinical Psychologist, Washington D.C. <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 4 co-authored published conference abstracts, and 1 co-authored published journal article.</i>
2005-2006	Nathan Huck, PH.D.	Clinical Neuropsychologist, Walter Reed Army Institute of Research <i>Served as his post-doctoral research training supervisor at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract and 1 co-authored published journal article.</i>
2005-2006	Ellen Kahn-Greene, Ph.D.	Post-Doctoral Fellow, Boston VA <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 7 co-authored published conference abstracts and 5 co-authored published journal articles.</i>
2005-2006	Alison Muckle, B.A.	Research Technician <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract and 1 co-authored published journal article.</i>

2005-2006	Christina Murray, B.S.	Medical Student, Drexel University <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 2 co-authored published conference abstracts.</i>
2005-2007	Gautham Ganesan, M.D.	Medical Student, UC Irvine <i>Supervised his research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract and 1 co-authored published journal article.</i>
2005-2007	Dante Picchioni, Ph.D.	Research Psychologist, Walter Reed Army Institute of Research <i>Supervised part of his post-doctoral brain imaging research training at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published conference abstract and 1 co-authored published journal article.</i>
2006-2007	Tracy Rupp, Ph.D.	Research Psychologist, Walter Reed Army Institute of Research <i>Supervised part of her post-doctoral sleep research training at the Walter Reed Army Institute of Research, which resulted in 17 co-authored conference abstracts and 2 co-authored published journal articles.</i>
2006-2007	Kacie Smith, B.A.	Study Manager, Walter Reed Army Institute of Research <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 7 co-authored published conference abstracts.</i>
2006-2007	Shane Smith, B.S.	Medical Student, University of the West Indies <i>Served as his research mentor at the Walter Reed Army Institute of Research, which primarily involved training in neuropsychological assessment and sleep research methods.</i>
2006-2007	Shanelle McNair	Research Technician, Walter Reed Army Institute of Research <i>Supervised her research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published article.</i>
2006-2007	George Watlington	Research Technician, Walter Reed Army Institute of Research <i>Supervised his research training and work in my lab at the Walter Reed Army Institute of Research, which resulted in 1 co-authored published article.</i>
2008	Grady O'Brien	Undergraduate Student <i>Served as his summer volunteer research mentor at McLean Hospital, which resulted in 1 oral research presentation</i>
2008-2009	Alex Post	Undergraduate Student, Carnegie Mellon University <i>Served as his summer volunteer research mentor at McLean Hospital, which resulted in 2 oral research presentations and 1 co-authored published abstract.</i>
2008-2009	Lauren Price, B.A.	Senior Clinical Research Assistant, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 11 co-authored published conference abstracts and 4 co-authored published articles.</i>
2009-2013	Zachary Schwab, B.S.	Medical Student, University of Kansas <i>Supervised his research training and work in my lab at the McLean Hospital, which resulted in 79 co-authored published conference abstracts and 15 co-authored published articles.</i>

2009-2011	Melissa Weiner, B.S.	Graduate Student, Yale School of Public Health <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 35 co-authored published conference abstracts and 7 co-authored published articles.</i>
2010-2011	Norah Simpson, Ph.D.	Post-Doctoral Fellow, Beth Israel Deaconess/Harvard Medical School <i>Served as a research mentor on her federal K-Award grant application.</i>
2010-2012	Vincent Capaldi, M.D.	Medical Resident, Walter Reed Army Medical Ctr. <i>Served as his post-doctoral research mentor, which resulted in 1 co-authored published conference abstract and 2 co-authored published articles.</i>
2010-2011	Christina Song	Undergraduate Student, Smith College <i>Served as her summer volunteer research mentor at McLean Hospital, which resulted in 1 co-authored published abstract.</i>
2011	Jill Kizielewicz	Undergraduate Student, Hamilton College <i>Served as her summer volunteer research mentor at McLean Hospital, which resulted in 1 co-authored published abstract.</i>
2011-2013	Sophie DelDonno, B.A.	Doctoral Student, University of Illinois, Chicago <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 34 co-authored published conference abstracts and 9 co-authored published articles.</i>
2011-	Maia Kipman, B.A.	Research Assistant, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 42 co-authored published conference abstracts and 10 co-authored published articles.</i>
2011	Michael Covell, B.A.	Graduate Student, Baruch College <i>Served as one of his research mentors at McLean Hospital, which resulted in 4 co-authored published conference abstracts, and 1 co-authored published article.</i>
2011-	Mareen Weber, Ph.D.	Instructor, Harvard Medical School <i>Supervised her post-doctoral research training and work in my lab at the McLean Hospital, which has resulted in 49 co-authored published conference abstracts, 15 co-authored published articles, 1 co-authored book chapter, 1 travel award, five federal grant submissions, and 2 successfully funded grants.</i>
2012-	Julia Cohen, Ph.D.	Post-Doctoral Fellow, Harvard Medical School <i>Served as one of her research mentors at McLean Hospital, which resulted in 6 co-authored published conference abstracts and 1 peer-reviewed publication.</i>
2012-	Christian Webb, Ph.D.	Post-Doctoral Fellow, Harvard Medical School <i>Currently supervising his post-doctoral research training and work in my lab at the McLean Hospital, which has resulted in 9 co-authored published conference abstracts and 6 peer-reviewed publications.</i>
2012-	Hannah Gogel, B.S.	Research Assistant, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 21 co-authored published conference abstracts and 4 co-authored published articles.</i>
2012-	Olga Tkachenko, A.B.	Research Assistant, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 23 co-authored published conference abstracts and 4 co-authored published articles.</i>

2012-	Lilly Preer, B.A.	Research Assistant, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 22 co-authored published conference abstracts and 3 co-authored published articles.</i>
2012-2013	Elizabeth Mundy, Ph.D	Postdoctoral Fellow, Harvard Medical School <i>Supervised her post-doctoral research training and work in my lab at the McLean Hospital, which resulted in 3 co-authored published conference abstracts and 2 co-authored published articles.</i>
2012-	John S. Bark, B.A.	Lab Volunteer, McLean Hospital <i>Supervised his research training and work in my lab at the McLean Hospital, which resulted in 5 co-authored published conference abstracts, and 2 co-authored published articles.</i>
2013-	Shreya Divatia, B.S.	Research Assistant, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 9 co-authored published conference abstracts.</i>
2013-	Lauren Demers, B.A.	Research Assistant, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 10 co-authored published conference abstracts.</i>
2013-	Jiaolong Cui, Ph.D	Postdoctoral Fellow, Harvard Medical School <i>Supervised his post-doctoral research training and work in my lab at the McLean Hospital, which resulted in 9 co-authored published conference abstracts.</i>
2013-	Allison Jorgensen	Lab Volunteer, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital, which resulted in 2 co-authored published conference abstracts.</i>
2013	Leslie Amrein	Lab Volunteer, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital.</i>
2013	Alexa Curhan	Lab Volunteer, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital.</i>
2013-2014	Kate Manganello	High School Lab Volunteer, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital.</i>
2013-2014	Mia Kaminsky	High School Lab Volunteer, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital.</i>
2013-2014	Jennifer Buchholz	Research Assistant, McLean Hospital <i>Supervised her research training and work in my lab at the McLean Hospital.</i>
2014	Joseph Dagher, Ph.D.	Assistant Professor, University of Arizona <i>Mentored his K-Award and CECS grant applications.</i>
2014	Ryan Smith, B.S.	PhD Candidate, University of Arizona <i>Mentored his F32- grant application.</i>
2014	John Vanuk, B.A.	Research Assistant, University of Arizona <i>Supervised his research training in my lab.</i>
2014	Sarah Markowski	Research Assistant, University of Arizona <i>Supervised her research training in my lab.</i>
2014	Derek Pisner, B.S.	Research Assistant, University of Arizona <i>Supervised his research training in my lab.</i>
2014	Bradley Shane, B.S.	Research Assistant, University of Arizona <i>Supervised his research training in my lab.</i>
2014	Andrew Fridman, B.A.	Research Assistant, University of Arizona <i>Supervised his research training in my lab.</i>

2014 Anna Alkozei, Ph.D. Postdoctoral Fellow, University of Arizona  
*Supervised her post-doctoral research training and work in my lab.*

### **Local Invited Presentations**

2000 The Neurobiology of Emotion in Children, McLean Hospital  
Lecturer: 30 participants, 2 hours contact time per year, 10 hours prep time per year.  
*[Invited Lecture]*

2001 The Neurobiology of Emotion in Children and Adolescents, McLean Hospital  
Lecturer: 60 participants, 2 hours contact time per year, 10 hours prep time per year.  
*[Invited Lecture]*

2001 Using Functional MRI to Study the Developing Brain, Judge Baker Children's Center  
Lecturer: 8 participants, 2 hours contact time per year, 10 hours prep time per year *[Invited Seminar]*

2005 Briefing to the Chairman of the Congressional Committee on Strategies to Protect the Health of Deployed U.S. Forces, John H. Moxley, on the Optimization of Judgment and Decision Making Capacities in Soldiers Following Sleep Deprivation, Walter Reed Army Institute of Research, Washington, DC *[Invited Lecture]*

2005 Lecture on Functional Neuroimaging, Cognitive Assessment, and the Enhancement of Soldier Performance, Walter Reed Army Institute of Research, Washington, DC *[Invited Lecture]*

2006 Lecture on Optimization of Judgment and Decision Making Capacities in Soldiers Following Sleep Deprivation, Brain Imaging Center, McLean Hospital, Belmont MA  
*[Invited Lecture]*

2006 Briefing to the Chairman of the Cognitive Performance Assessment Program Area Steering Committee, U.S. Army Military Operational Medicine Research Program, entitled Optimization of Judgment and Decision Making Capacities in Soldiers Following Sleep Deprivation, Walter Reed Army Institute of Research *[Invited Lecture]*

2010 Lecture on Patterns of Cortico-Limbic Activation Across Anxiety Disorders, Center for Anxiety, Depression, and Stress, McLean Hospital, Belmont, MA *[Invited Lecture]*

2010 Lecture on Cortico-Limbic Activation Among Anxiety Disorders, Neuroimaging Center, McLean Hospital, Belmont, MA *[Invited Lecture]*

2011 Lecture on Shared and Differential Patterns of Cortico-Limbic Activation Across Anxiety Disorders, McLean Research Day Brief Communications, McLean Hospital, Belmont, MA *[Invited Lecture]*

2012 Briefing to GEN (Ret) George Casey Jr., former Chief of Staff of the U.S. Army, entitled Research for the Soldier. McLean Hospital, Belmont, MA. *[Invited Lecture]*

2014      Lecture entitled Sleep Loss, Brain Function, and Cognitive Performance, presented to the Psychiatric Genetics and Translational Research Seminar, Massachusetts General Hospital/Harvard Medical School, Boston, MA *[Invited Lecture]*

## **Report of Regional, National and International Invited Teaching and Presentations**

### **Invited Presentations and Courses**

#### **Regional**

2002      Cortico-Limbic Activation in Adolescence and Adulthood, Youth Advocacy Project, Cape Cod, MA  
Lecturer: 45 participants, 2 hours contact time per year, 10 hours prep time per year  
*[Invited Lecture]*

2006      Lecture on Norming a Battery of Tasks to Measure the Cognitive Effects of Operationally Relevant Stressors, Cognitive Performance Assessment Program Area Steering Committee, U.S. Army Military Operational Medicine Research Program, Washington, DC  
*[Invited Lecture]*

2007      Lecture on Cerebral Responses During Visual Processing of Food, U.S. Army Institute of Environmental Medicine, Natick, MA  
*[Invited Lecture]*

2007      Briefing on the Measurement of Sleep-Wake Cycles and Cognitive Performance in Combat Aviators, U.S. Department of Defense, Defense Advanced Research Projects Agency (DARPA), Washington, DC

2008      Lecture on Sleep Deprivation, Executive Function, and Resilience to Sleep Loss; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA  
*[Invited Lecture]*

2008      Lecture on the Role of Research Psychology in the Army; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA  
*[Invited Lecture]*

2008      Lecture on Combat Stress Control: Basic Battlemind Training; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA  
*[Invited Lecture]*

2009      Lecture entitled Evaluate a Casualty, Prevent Shock, and Prevent Cold Weather injuries; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA  
*[Invited Lecture]*

2009      Lecture on Combat Exposure and Sleep Deprivation Effects on Risky Decision-Making; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA  
*[Invited Lecture]*

2009      Lecture on the Sleep History and Readiness Predictor (SHARP); 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA  
*[Invited Lecture]*

2009 Lecture on The Use of Actigraphy for Measuring Sleep in Combat and Military Training; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2010 Lecture entitled Casualty Evaluation; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2010 Lecture entitled Combat Stress and Risk-Taking Behavior Following Deployment; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2010 Lecture entitled Historical Perspectives on Combat Medicine at the Battle of Gettysburg; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2010 Lecture entitled Sleep Loss, Stimulants, and Decision-Making; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2010 Lecture entitled PTSD: New Insights from Brain Imaging; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2011 Lecture entitled Effects of bright light therapy on sleep, cognition and brain function after mild traumatic brain injury; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2011 Lecture entitled Laboratory Sciences and Research Psychology in the Army; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2011 Lecture entitled Tools for Assessing Sleep in Military Settings; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2011 Lecture entitled The Brain Basis of Emotional Trauma and Practical Issues in Supporting Victims of Trauma, U.S. Department of Justice, United States Attorneys Office, Serving Victims of Crime Training Program, Holyoke, MA *[Invited Lecture]*

2011 Lecture entitled The Brain Altering Effects of Traumatic Experiences; 105<sup>th</sup> Reinforcement Training Unit (RTU), U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2012 Lecture entitled Sleep Loss, Caffeine, and Military Performance; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2012 Lecture entitled Using Light Therapy to Treat Sleep Disturbance Following Concussion; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2013 Lecture entitled Brain Responses to Food: What you See Could Make you Fat; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2013      Lecture entitled Predicting Resilience Against Sleep Loss; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

2014      Lecture entitled Get Some Shut-Eye or Get Fat: Sleep Loss Affects Brain Responses to Food; 105<sup>th</sup> IMA Detachment, U.S. Army Reserve Center, Boston, MA *[Invited Lecture]*

**National**

2000      Lecture on the Neurobiology of Emotional Development in Children, 9th Annual Parents as Teachers Born to Learn Conference, St. Louis, MO *[Invited Lecture]*

2002      Lecture on the Changes in the Lateralized Structure and Function of the Brain during Adolescent Development, Walter Reed Army Institute of Research, Washington, DC *[Invited Lecture]*

2004      Lecture on Sleep Deprivation, Cognition, and Stimulant Countermeasures: Seminar Presented at the Bi-Annual 71F Research Psychology Short Course, Ft. Detrick, MD, U.S. Army Medical Research and Materiel Command *[Invited Lecture]*

2004      Lecture on the Regional Cerebral Blood Flow Correlates of Electroencephalographic Activity During Stage 2 and Slow Wave Sleep: An H215O PET Study: Presented at the Bi-Annual 71F Research Psychology Short Course, Ft. Detrick, MD, U.S. Army Medical Research and Materiel Command *[Invited Lecture]*

2004      Oral Platform Presentation: Regional cerebral metabolic correlates of electroencephalographic activity during stage-2 and slow-wave sleep: An H215O PET Study, 18th Associated Professional Sleep Societies Annual Meeting, Philadelphia, PA.

2005      Lecture on The Sleep History and Readiness Predictor: Presented to the Medical Research and Materiel Command, Ft. Detrick, MD *[Invited Lecture]*

2006      Lecture on The Sleep History and Readiness Predictor: Presented at the Bi-Annual 71F Research Psychology Short Course, Ft. Rucker, AL, U.S. Army Medical Research and Materiel Command *[Invited Lecture]*

2007      Lecture on the Effects of Fatigue and Pharmacological Countermeasures on Judgment and Decision-Making, U.S. Army Aeromedical Research Laboratory, Fort Rucker, AL *[Invited Lecture]*

2008      Lecture on the Validation of Actigraphy and the SHARP as Methods of Measuring Sleep and Performance in Soldiers, U.S. Army Aeromedical Research Laboratory, Fort Rucker, AL *[Seminar]*

2009      Lecture on Sleep Deprivation, Executive Function, and Resilience to Sleep Loss: Walter Reed Army Institute of Research AIBS Review, Washington DC *[Invited Lecture]*

2009 Lecture Entitled: Influences of Combat Exposure and Sleep Deprivation on Risky Decision-Making, Evans U.S. Army Hospital, Fort Carson, CO [*Invited Lecture*]

2009 Lecture on Making Bad Choices: The Effects of Combat Exposure and Sleep Deprivation on Risky Decision-Making, 4<sup>th</sup> Army, Division West, Quarterly Safety Briefing to the Commanding General and Staff, Fort Carson, CO [*Invited Lecture*]

2009 Symposium Entitled: Sleep Deprivation, Judgment, and Decision-Making, 23<sup>rd</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, WA [*Invited Symposium*]

2009 Symposium Session Moderator: Workshop on Components of Cognition and Fatigue: From Laboratory Experiments to Mathematical Modeling and Operational Applications, Washington State University, Spokane, WA [*Invited Speaker*]

2009 Lecture on Comparative Studies of Stimulant Action as Countermeasures for Higher Order Cognition and Executive Function Impairment that Results from Disrupted Sleep Patterns, Presented at the NIDA-ODS Symposium entitled: Caffeine: Is the Next Problem Already Brewing, Rockville, MD [*Invited Lecture*]

2010 Oral Platform Presentation: Sleep deprivation selectively impairs emotional aspects of cognitive functioning, 27<sup>th</sup> Army Science Conference, Orlando, FL.

2010 Oral Platform Presentation: Exaggerated amygdala responses to masked fearful faces are specific to PTSD versus simple phobia, 27<sup>th</sup> Army Science Conference, Orlando, FL.

2011 Lecture Entitled: The effects of emotional intelligence on judgment and decision making, Military Operational Medicine Research Program Task Area C, R & A Briefing, Walter Reed Army Institute of Research, Silver Spring, MD [*Invited Lecture*]

2011 Lecture Entitled: Effects of bright light therapy on sleep, cognition, brain function, and neurochemistry following mild traumatic brain injury, Military Operational Medicine Research Program Task Area C, R & A Briefing, Walter Reed Army Institute of Research, Silver Spring, MD [*Invited Lecture*]

2012 Oral Symposium Presentation: Shared and distinctive patterns of cortico-limbic activation across anxiety disorders, 32<sup>nd</sup> Annual Conference of the Anxiety Disorders Association of America, Arlington, VA. [*Invited Symposium*]

2012 Lecture Entitled: Effects of bright light therapy on sleep, cognition, brain function, and neurochemistry following mild traumatic brain injury, Military Operational Medicine Research Program In Progress Review (IPR) Briefing, U.S. Army Medical Research and Materiel Command, Fort Detrick, MD [*Invited Lecture*]

2013 Lecture entitled Brain responses to visual images of food: Could your eyes be the gateway to excess? Presented to the NIH Nutrition Coordinating Committee and the Assistant Surgeon General of the United States, Bethesda, MD [*Invited Lecture*]

2013 Lecture Entitled: Update on the Effects of Bright light therapy on sleep, cognition, brain function, and neurochemistry following mild traumatic brain injury, Military Operational Medicine Research Program In Progress Review (IPR) Briefing, U.S. Army Medical Research and Materiel Command, Fort Detrick, MD [*Invited Lecture*]

2013 Lecture Entitled: Internet Based Cognitive Behavioral Therapy: Effects on Depressive Cognitions and Brain Function, Military Operational Medicine Research Program In Progress Review (IPR) Briefing, U.S. Army Medical Research and Materiel Command, Fort Detrick, MD [*Invited Lecture*]

2013 Symposium Entitled: Predicting Resilience Against Sleep Loss, United States Military Academy at West Point, West Point, NY [*Invited Symposium*].

2014 Symposium Entitled: Operating Under the Influence: The Effects of Sleep Loss and Stimulants on Decision-Making and Performance, Invited Faculty Presenter at the 34<sup>th</sup> Annual Cardiothoracic Surgery Symposium (CREF), San Diego, CA [*Invited Symposium*].

2014 Symposium Entitled: The Effects of Sleep Loss on Food Preference, SLEEP 2014, Minneapolis, MN [*Invited Symposium*]

2014 Lecture Entitled: Internet Based Cognitive Behavioral Therapy: Effects on Depressive Cognitions and Brain Function, Military Operational Medicine Research Program In Progress Review (IPR) Briefing, U.S. Army Medical Research and Materiel Command, Fort Detrick, MD [*Invited Lecture*]

**International**

1999 Oral Platform Presentation: Functional MRI lateralization during memory encoding predicts seizure outcome following anterior temporal lobectomy, 27<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Boston, MA.

2001 Oral Platform Presentation: Sex differences in functional activation of the amygdala during the perception of happy faces, 29<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Chicago, IL.

2002 Oral Platform Presentation: Developmental changes in the lateralized activation of the prefrontal cortex and amygdala during the processing of facial affect, 30<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Toronto, Ontario, Canada.

2002 Oral Platform Presentation: Gray and white matter volume during adolescence correlates with cognitive performance: A morphometric MRI study, 30<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Toronto, Ontario, Canada.

2007 Symposium on Cortical and Limbic Activation in Response to Visual Images of Low and High-Caloric Foods, 6th Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA), Oslo, Norway *[Invited Lecture]*

2008 Lecture on Sleep Deprivation, Executive Function, & Resilience to Sleep Loss, First Franco-American Workshop on War Traumatism, IMNSSA, Toulon, France *[Invited Lecture]*

2012 Oral Platform Presentation: Shared and unique patterns of cortico-limbic activation across anxiety disorders. 40<sup>th</sup> Meeting of the International Neuropsychological Society, Montreal, Canada.

## **Report of Clinical Activities and Innovations**

### **Current Licensure and Certification**

2001- Clinical Psychologist, New Hampshire

### **Practice Activities**

1991- Psychology, Clinical, Psychology Clinic, Texas Tech University, Lubbock, TX

1995 Clinical Activity Description: Provided psychotherapy and other supervised psychological services for a broad spectrum of client problems. Duties included regular therapy contacts with four to eight clients per week for approximately four years. Clients ranged in age from preschool through middle age. Clinical responsibilities included intake evaluations, formal testing and assessment, case formulation and treatment plan development, and delivery of a wide range of psychotherapy services including crisis intervention, behavior modification, short-term cognitive restructuring, and long-term psychotherapy.

Patient Load: 6/week

1993- Psychology, Neuropsychology, Methodist Hospital Rehabilitation Institute, Lubbock, TX

1995 Clinical Activity Description: A two year placement consisting of two days per week within a large rehabilitation unit of a major regional medical center. Responsibilities included administration, scoring, and writing of neuropsychological assessments/reports, primarily emphasizing the Halstead-Reitan Neuropsychological Battery. Assessment services were provided on both inpatient and outpatient basis.

Patient Load: 2/week

1995- Psychology, Neuropsychology, Yale University School of Medicine, Connecticut Mental Health Center  
1996 Clinical Activity Description: Neuropsychological and psychodiagnostic assessment of chronic and severe mentally ill patients. Duties included patient interviewing, test administration, scoring, interpretation, and report writing. Assessment and consultation services were provided for both the inpatient and outpatient units.  
Patient Load: 2/week

1995- Psychology, Clinical, Yale University School of Medicine, West Haven Mental Health Clinic  
1996 Clinical Activity Description: Provided short-term, long-term, and group psychotherapy services, consultation, and psychological assessments for adults, children, and families. Duties also included co-leading a regular outpatient group devoted to treatment of moderate to severe personality disorders.  
Patient Load: 12/week

1996- Psychology, Neuropsychology, University of Oklahoma Health Sciences Center  
1997 Clinical Activity Description: Full-time placement in the Neuropsychological Assessment Laboratory, which meets INS/Division 40 guidelines for post-doctoral training in clinical neuropsychology. Responsibilities included comprehensive neuropsychological assessment and consultation services, including test administration, scoring, interpretation, and report writing. Regular outpatient psychotherapy was also provided for approximately two patients per week.  
Patient Load: 4/week

1997- Psychology, Neuropsychology, University of Pennsylvania Medical Center  
1999 Clinical Activity Description: Full-time two-year placement in the Department of Neurology, which meets INS/Division 40 guidelines for post-doctoral training in clinical neuropsychology. Responsibilities included neuropsychological assessment, consultation, and psychotherapy services for the Departments of Neurology and Neurosurgery.  
Patient Load: 3/week

## **Report of Education of Patients and Service to the Community**

### **Recognition**

2003-2007 Who's Who in America, Marquis Who's Who  
2004-2005 Who's Who in Medicine and Healthcare, Marquis Who's Who

# **Report of Scholarship**

## **Publications**

### **Peer reviewed publications in print or other media**

#### **A) Research Investigations:**

1. **Killgore WD.** The Affect Grid: a moderately valid, nonspecific measure of pleasure and arousal. *Psychol Rep.* 83(2):639-42, 1998.
2. **Killgore WD.** Empirically derived factor indices for the Beck Depression Inventory. *Psychol Rep.* 84(3 Pt 1):1005-13, 1999.
3. **Killgore WD.** Affective valence and arousal in self-rated depression and anxiety. *Percept Mot Skills.* 89(1):301-4, 1999.
4. **Killgore WD**, Adams RL. Prediction of Boston Naming Test performance from vocabulary scores: preliminary guidelines for interpretation. *Percept Mot Skills.* 89(1):327-37, 1999.
5. **Killgore WD**, Gangestad SW. Sex differences in asymmetrically perceiving the intensity of facial expressions. *Percept Mot Skills.* 89(1):311-4, 1999.
6. **Killgore WD.** The visual analogue mood scale: can a single-item scale accurately classify depressive mood state? *Psychol Rep.* 85(3 Pt 2):1238-43, 1999.
7. **Killgore WD**, DellaPietra L, Casasanto DJ. Hemispheric laterality and self-rated personality traits. *Percept Mot Skills.* 89(3 Pt 1):994-6, 1999.
8. **Killgore WD**, Glosser G, Casasanto DJ, French JA, Alsop DC, Detre JA. Functional MRI and the Wada test provide complementary information for predicting post-operative seizure control. *Seizure.* 8(8):450-5, 1999.
9. **Killgore WD.** Evidence for a third factor on the Positive and Negative Affect Schedule in a college student sample. *Percept Mot Skills.* 90(1):147-52, 2000.
10. **Killgore WD**, Dellapietra L. Item response biases on the logical memory delayed recognition subtest of the Wechsler Memory Scale-III. *Psychol Rep.* 86(3 Pt 1):851-7, 2000.
11. **Killgore WD**, Casasanto DJ, Yurgelun-Todd DA, Maldjian JA, Detre JA. Functional activation of the left amygdala and hippocampus during associative encoding. *Neuroreport.* 11(10):2259-63, 2000.
12. Yurgelun-Todd DA, Gruber SA, Kanayama G, **Killgore WD**, Baird AA, Young AD. fMRI during affect discrimination in bipolar affective disorder. *Bipolar Disord.* 2(3 Pt 2):237-48, 2000.

13. **Killgore WD**. Sex differences in identifying the facial affect of normal and mirror-reversed faces. *Percept Mot Skills*. 91(2):525-30, 2000.
14. **Killgore WD**, DellaPietra L. Using the WMS-III to detect malingering: empirical validation of the rarely missed index (RMI). *J Clin Exp Neuropsychol*. 22(6):761-71, 2000.
15. Maldjian JA, Detre JA, **Killgore WD**, Judy K, Alsop D, Grossman M, Glosser G. Neuropsychologic performance after resection of an activation cluster involved in cognitive memory function. *AJR Am J Roentgenol*. 176(2):541-4, 2001.
16. **Killgore WD**, Oki M, Yurgelun-Todd DA. Sex-specific developmental changes in amygdala responses to affective faces. *Neuroreport*. 12(2):427-33, 2001.
17. **Killgore WD**, Yurgelun-Todd DA. Sex differences in amygdala activation during the perception of facial affect. *Neuroreport*. 12(11):2543-7, 2001.
18. Casasanto DJ, **Killgore WD**, Maldjian JA, Glosser G, Alsop DC, Cooke AM, Grossman M, Detre JA. Neural correlates of successful and unsuccessful verbal memory encoding. *Brain Lang*. 80(3):287-95, 2002.
19. **Killgore WD**. Laterality of lesions and trait-anxiety on working memory performance. *Percept Mot Skills*. 94(2):551-8, 2002.
20. **Killgore WD**, Cupp DW. Mood and sex of participant in perception of happy faces. *Percept Mot Skills*. 95(1):279-88, 2002.
21. Yurgelun-Todd DA, **Killgore WD**, Young AD. Sex differences in cerebral tissue volume and cognitive performance during adolescence. *Psychol Rep*. 91(3 Pt 1):743-57, 2002.
22. Yurgelun-Todd DA, **Killgore WD**, Cintron CB. Cognitive correlates of medial temporal lobe development across adolescence: a magnetic resonance imaging study. *Percept Mot Skills*. 96(1):3-17, 2003.
23. **Killgore WD**, Young AD, Femia LA, Bogorodzki P, Rogowska J, Yurgelun-Todd DA. Cortical and limbic activation during viewing of high- versus low-calorie foods. *Neuroimage*. 19(4):1381-94, 2003.
24. **Killgore WD**, Yurgelun-Todd DA. Activation of the amygdala and anterior cingulate during nonconscious processing of sad versus happy faces. *Neuroimage*. 21(4):1215-23, 2004.
25. **Killgore WD**, Yurgelun-Todd DA. Sex-related developmental differences in the lateralized activation of the prefrontal cortex and amygdala during perception of facial affect. *Percept Mot Skills*. 99(2):371-91, 2004.
26. **Killgore WD**, Glahn DC, Casasanto DJ. Development and Validation of the Design Organization Test (DOT): a rapid screening instrument for assessing visuospatial ability. *J Clin Exp Neuropsychol*. 27(4):449-59, 2005.

27. **Killgore WD**, Yurgelun-Todd DA. Body mass predicts orbitofrontal activity during visual presentations of high-calorie foods. *Neuroreport*. 16(8):859-63, 2005.
28. Wesensten NJ, **Killgore WD**, Balkin TJ. Performance and alertness effects of caffeine, dextroamphetamine, and modafinil during sleep deprivation. *J Sleep Res*. 14(3):255-66, 2005.
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33. **Killgore, WDS**, Young, AD, Femia, LA, Bogorodzki, P, Rogowska, J, & Yurgelun-Todd, DA. Cortical and limbic activation during viewing of high- versus low-calorie foods [abstract]. Poster Presented at the Organization for Human Brain Mapping Annual Meeting, New York, NY, June 18-22, 2003.

34. **Killgore, WDS**, & Yurgelun-Todd, DA. Amygdala activation during masked presentations of sad and happy faces [abstract]. Poster presented at the Organization for Human Brain Mapping Annual Meeting, New York, NY, June 18-22, 2003.

35. **Killgore, WDS**, Stetz, MC, Castro, CA, & Hoge, CW. Somatic and emotional stress symptom expression prior to deployment by soldiers with and without previous combat experience [abstract]. Poster presented at the 6th Annual Force Health Protection Conference, Albuquerque, NM, August, 11-17, 2003. **[\*Best Paper Award]**

36. Wesensten, NJ, Balkin, TJ, Thorne, D, **Killgore, WDS**, Reichardt, R, & Belenky, G. Caffeine, dextroamphetamine, and modafinil during 85 hours of sleep deprivation: I. Performance and alertness effects [abstract]. Poster presented at the 75th Annual Meeting of the Aerospace Medical Association, Anchorage, AK, May 2-6 2004.

37. **Killgore, WDS**, Braun, AR, Belenky, G, Wesensten, NJ, & Balkin, TJ. Regional cerebral metabolic correlates of electroencephalographic activity during stage-2 and slow-wave sleep: An H215O PET Study [abstract]. Oral platform presentation at the 18th Associated Professional Sleep Societies Annual Meeting, Philadelphia, PA, June 5-10, 2004.

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39. **Killgore, WDS**, Arora, NS, Braun, AR, Belenky, G, Wesensten, NJ, & Balkin, TJ. An H215O PET study of regional cerebral activation during stage 2 sleep [abstract]. Poster presented at the 17th Congress of the European Sleep Research Society, Prague, Czech Republic, October 5-9, 2004.

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43. Vo, A, Green, J, Campbell, W, **Killgore, WDS**, Labutta, R, & Redmond, D. The quantification of disrupted sleep in migraine via actigraphy: A pilot study [abstract]. Abstract presented at the Associated Professional Sleep Societies 19th Annual Meeting, Denver, CO, June 18-23, 2005. SLEEP, 28 (Supplement), A281.

44. Kendall, AP, **Killgore, WDS**, Kautz, M, & Russo, MB. Left-visual field deficits in attentional processing after 40 hours of sleep deprivation [abstract]. Abstract presented at the Associated Professional Sleep Societies 19th Annual Meeting, Denver, CO, June 18-23, 2005. SLEEP, 28 (Supplement), A143.

45. Reichardt, RM, Grugle, NL, Balkin, TJ, & **Killgore, WDS**. Stimulant countermeasures, risk propensity, and IQ across 2 nights of sleep deprivation [abstract]. Abstract presented at the Associated Professional Sleep Societies 19th Annual Meeting, Denver, CO, June 18-23, 2005. SLEEP, 28 (Supplement), A145.

46. Killgore, DB, McBride, SA, Balkin, TJ, & **Killgore, WDS**. Post-stimulant hangover: The effects of caffeine, modafinil, and dextroamphetamine on sustained verbal fluency following sleep deprivation and recovery sleep [abstract]. Abstract presented at the Associated Professional Sleep Societies 19th Annual Meeting, Denver, CO, June 18-23, 2005. SLEEP, 28 (Supplement), A137.

47. **Killgore, WDS**, Balkin, TJ, & Wesensten, NJ. Impaired decision-making following 49 hours of sleep deprivation [abstract]. Abstract presented at the Associated Professional Sleep Societies 19th Annual Meeting, Denver, CO, June 18-23, 2005. SLEEP, 28 (Supplement), A138.

48. **Killgore, WDS**, McBride, SA, Killgore, DB, & Balkin, TJ. Stimulant countermeasures and risk propensity across 2 nights of sleep deprivation [abstract]. Abstract presented at the Associated Professional Sleep Societies 19th Annual Meeting, Denver, CO, June 18-23, 2005. SLEEP, 28 (Supplement), A136.

49. McBride, SA, Balkin, TJ, & **Killgore, WDS**. The effects of 24 hours of sleep deprivation on odor identification accuracy [abstract]. Abstract presented at the Associated Professional Sleep Societies 19th Annual Meeting, Denver, CO, June 18-23, 2005. SLEEP, 28 (Supplement), A137.

50. Picchioni, D, **Killgore, WDS**, Braun, AR, & Balkin, TJ. PET correlates of EEG activity during non-REM sleep. Poster presentation at the annual UCLA/Websciences Sleep Training Workshop, Lake Arrowhead, CA, September, 2005.

51. **Killgore, WDS**, Killgore, DB, McBride, SA, & Balkin, TJ. Sustained verbal fluency following sleep deprivation and recovery sleep: The effects of caffeine, modafinil, and dextroamphetamine. Poster presented at the 34th Meeting of the International Neuropsychological Society, Boston, MA, February 1-4, 2006.
52. **Killgore, WDS**, Balkin, TJ, & Wesensten, NJ. Decision-making is impaired following 2-days of sleep deprivation. Poster presented at the 34th Meeting of the International Neuropsychological Society, Boston, MA, February 1-4, 2006.
53. **Killgore, WDS**, & Yurgelun-Todd, DA. Neural correlates of emotional intelligence in adolescent children. Poster presented at the 34th Meeting of the International Neuropsychological Society, Boston, MA, February 1-4, 2006.
54. **Killgore, WDS**, & Yurgelun-Todd, DA. Social anxiety predicts amygdala activation in adolescents viewing fearful faces. Poster presented at the 34th Meeting of the International Neuropsychological Society, Boston, MA, February 1-4, 2006.
55. McBride, SA & **Killgore, WDS**. Sleepy people smell worse: Olfactory deficits following extended wakefulness. Paper presented at the Workshop on Trace Gas Detection Using Artificial, Biological, and Computational Olfaction. Monell Chemical Senses Center, Philadelphia, PA, March 29-31, 2006.
56. **Killgore, WDS**, Day LM, Li, C, Kamimori, GH, Balkin, TJ, & Killgore DB. Moral reasoning is affected by sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A137.
57. **Killgore, WDS**, Killgore DB, Kahn-Green, E, Conrad, A, Balkin, TJ, & Kamimori, G. H. Introversion-Extroversion predicts resilience to sleep loss [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A137.
58. Newman, R, Kamimori, GH, **Killgore, WDS**. Sleep deprivation diminishes constructive thinking [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A136-137.
59. Huck, NO, Kendall, AP, McBride, SA, **Killgore, WDS**. The perception of facial emotion is enhanced by psychostimulants following two nights of sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A136.
60. O'Sullivan, M, Reichardt, RM, Krugler, AL, Killgore, DB, & **Killgore, WDS**. Premorbid intelligence correlates with duration and quality of recovery sleep following sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A372.

61. McBride, SA, **Killgore, WDS**, Kahn-Green, E, Conrad, A, & Kamimori, GH. Caffeine administered to maintain overnight alertness does not disrupt performance during the daytime withdrawal period [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A136.
62. McBride, SA, Killgore DB, Balkin, TJ, Kamimori, GH, & **Killgore, WDS**. Sleepy people smell worse: Olfactory decrements as a function of sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A135.
63. Day, LM, Li, C, Killgore, DB, Kamimori, GH, & **Killgore, WDS**. Emotional intelligence moderates the effect of sleep deprivation on moral reasoning [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A135.
64. Murray, CJ, Killgore, DB, Kamimori, GH, & **Killgore, WDS**. Individual differences in stress management capacity predict responsiveness to caffeine during sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A43.
65. Murray, CJ, Newman, R, O'Sullivan, M, Killgore, DB, Balkin, TJ, & **Killgore, WDS**. Caffeine, dextroamphetamine, and modafinil fail to restore Stroop performance during sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A370-371.
66. Richards, J, Killgore, DB, & **Killgore, WDS**. The effect of 44 hours of sleep deprivation on mood using the Visual Analog Mood Scales [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A132.
67. Richards, J, & **Killgore, WDS**. The effect of caffeine, dextroamphetamine, and modafinil on alertness and mood during sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A43.
68. Lipizzi, EL, Leavitt, BP, Killgore, DB, Kamimori, GH, & **Killgore, WDS**. Decision making capabilities decline with increasing duration of wakefulness [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A131.
69. Lipizzi, EL, Killgore, DB, Kahn-Green, E, Kamimori, GH, & **Killgore, WDS**. Emotional intelligence scores decline during sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A131.

70. Kahn-Green, E, Day, L, Conrad, A, Leavitt, BP, Killgore, DB, & **Killgore, WDS**. Short-term vs. long-term planning abilities: Differential effects of stimulants on executive function in sleep deprived individuals [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A370.

71. Kahn-Green, E, Conrad, A, Killgore, DB, Kamimori, GH, & **Killgore, WDS**. Tired and frustrated: Using a projective technique for assessing responses to stress during sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A130.

72. Killgore, DB, Kahn-Green, E, Balkin, TJ, Kamimori, GH, & **Killgore, WDS**. 56 hours of wakefulness is associated with a sub-clinical increase in symptoms of psychopathology [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A130.

73. Killgore, DB, McBride, SA, Balkin, TJ, Leavitt, BP, & **Killgore, WDS**. Modafinil improves humor appreciation during sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A42.

74. Reichardt, RM, Killgore, DB, Lipizzi, EL, Li, CJ, Krugler, AL, & **Killgore, WDS**. The effects of stimulants on recovery sleep and post-recovery verbal performance following 61-hours of sleep deprivation [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A42.

75. Bailey, JD, Richards, J, & **Killgore, WDS**. Prediction of mood fluctuations during sleep deprivation with the SAFTE Model [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A60.

76. Kendall, AP, McBride, S. A, & **Killgore, WDS**. Visuospatial perception of line orientation is resistant to one night of sleep loss [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A369.

77. Kendall, AP, McBride, SA, Kamimori, GH, & **Killgore, WDS**. The interaction of coping skills and stimulants on sustaining vigilance: Poor coping may keep you up at night [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A129.

78. Muckle, A, Killgore, DB, & **Killgore, WDS**. Gender differences in the effects of stimulant medications on the ability to estimate unknown quantities when sleep deprived [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A369.

79. Krugler, AL, **Killgore, WDS**, & Kamimori, G. H. Trait anger predicts resistance to sleep loss [abstract]. Abstract presented at the 20th Meeting of the Associated Professional Sleep Societies, Salt Lake City, UT, June 17-22, 2006. SLEEP, 29 (Supplement), A129.
80. **Killgore, WDS**, Cotting, DI, Vo, A. H, Castro, CA, & Hoge, CW. The invincibility syndrome: Combat experiences predict risk-taking propensity following redeployment [abstract]. Abstract presented at the 9th Annual Force Health Protection Conference, Albuquerque, NM, August 6-11, 2006.
81. **Killgore, WDS**, Wesensten, NJ, & Balkin, TJ. Stimulants improve tactical but not strategic planning during prolonged wakefulness [abstract]. Abstract presented at the 9th Annual Force Health Protection Conference, Albuquerque, NM, August 6-11, 2006.
82. **Killgore, WDS**, Balkin, TJ, Wesensten, NJ, & Kamimori, G. H. The effects of sleep loss and caffeine on decision-making [abstract]. Abstract presented at the 9th Annual Force Health Protection Conference, Albuquerque, NM, August 6-11, 2006.
83. **Killgore, WDS**, Balkin, TJ, & Kamimori, GH. Sleep loss can impair moral judgment [abstract]. Abstract presented at the 9th Annual Force Health Protection Conference, Albuquerque, NM, August 6-11, 2006.
84. **Killgore, WDS**, Lipizzi, EL, Reichardt, RM, Kamimori, GH, & Balkin, TJ. Can stimulants reverse the effects of sleep deprivation on risky decision-making [abstract]? Abstract presented at the 25th Army Science Conference, Orlando, FL, November 27-30, 2006.
85. **Killgore, WDS**, Killgore, DB, Kamimori, GH, & Balkin, TJ. Sleep deprivation impairs the emotional intelligence and moral judgment capacities of Soldiers [abstract]. Abstract presented at the 25th Army Science Conference, Orlando, FL, November 27-30, 2006.
86. **Killgore, WDS**, Cotting, DI, Vo, AH, Castro, C.A, & Hoge, CW. The post-combat invincibility syndrome: Combat experiences increase risk-taking propensity following deployment [abstract]. Abstract presented at the 25th Army Science Conference, Orlando, FL, November 27-30, 2006.
87. Adam, GE, Szelenyi, ER, **Killgore, WD**, & Lieberman, HR. A double-blind study of two days of caloric deprivation: Effects on judgment and decision-making. Oral paper presentation at the Annual Scientific Meeting of the Aerospace Medical Association, New Orleans, LA, May, 2007.
88. Killgore, DB, Kahn-Greene, ET, Kamimori, GH, & **Killgore, WD**. The effects of acute caffeine withdrawal on short category test performance in sleep deprived individuals [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A43.
89. Richards, JM, Lipizzi, EL, Kamimori, GH, & **Killgore, WD**. Extroversion predicts change in attentional lapses during sleep deprivation [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A137.

90. Lipizzi, EL, Richards, JM, Balkin, TJ, Grugle, NL, & **Killgore, WD.** Morningness-Eveningness and Intelligence [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A345.

91. Lipizzi, EL, Richards, Balkin, TJ, Grugle, NL, & **Killgore WD.** Morningness-Eveningness affects risk-taking propensity during sleep deprivation [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A136.

92. McBride, SA, Ganesan, G, Kamimori, GH, & **Killgore, WD.** Odor identification ability predicts vulnerability to attentional lapses during 77 hours of sleep deprivation [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A135.

93. Smith, KL, McBride, S. A, Kamimori, GH, & **Killgore, WD.** Individual differences in odor discrimination predict mood dysregulation following 56 hours of sleep deprivation [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A136.

94. McBride, SA, Leavitt, BP, Kamimori, GH, & **Killgore, WD.** Odor identification accuracy predicts resistance to sleep loss. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A137.

95. Killgore, DB, McBride, SA, Balkin, TJ, Grugle, NL. & **Killgore, WD.** Changes in odor discrimination predict executive function deficits following 45 hours of wakefulness [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A136.

96. Rupp, TL, Killgore, DB, Balkin, TJ, Grugle, NL, & **Killgore, WD.** The effects of modafinil, dextroamphetamine, and caffeine on verbal and nonverbal fluency in sleep deprived individuals [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A43.

97. Newman, RA, Krugler, AL, Kamimori, GH, & **Killgore, WD.** Changes in state and trait anger following 56 hours of sleep deprivation [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A138.

98. Rupp, TL, Grugle, NL, Krugler, AL, Balkin, TJ, & **Killgore, WD.** Caffeine, dextroamphetamine, and modafinil improve PVT performance after sleep deprivation and recovery sleep [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A44.

99. **Killgore, WD**, Lipizzi, EL, Balkin, TJ, Grugle, NL, & Killgore, DB. The effects of sleep deprivation and stimulants on self-reported sensation seeking propensity [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A42.

100. **Killgore, WD**, Richards, JM, Balkin, TJ, Grugle, NL, & Killgore DB. The effects of sleep deprivation and stimulants on risky behavior [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A41.

101. Newman, RA, Smith, KL, Balkin, TJ, Grugle, NL, & **Killgore, WD**. The effects of caffeine, dextroamphetamine, and modafinil on executive functioning following 45 hours of sleep deprivation [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A45.

102. Richards, JM, Lipizzi, EL, Balkin, TJ, Grugle, NL, & **Killgore, WD**. Objective alertness predicts mood changes during 44 hours of sleep deprivation [abstract]. Abstract presented at the 21st Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 9-14, 2007. SLEEP, 30 (Supplement), A56.

103. **Killgore, WD**, & Yurgelun-Todd, DA. Cortical and Limbic Activation in Response to Visual Images of Low and High-Caloric Food [abstract]. Oral symposium presented at the 6<sup>th</sup> Annual Conference of the Society of Behavioral Nutrition and Physical Activity (ISBNPA), Oslo, Norway, June 20-23, 2007. Proceedings of the ISBNPA, 2007, 75.

104. Estrada, A, **Killgore, WD**, Rouse, T, Balkin, TJ, & Wildzunas, RM. Total sleep time measured by actigraphy predicts academic performance during military training [abstract]. Abstract presented at the 22nd Meeting of the Associated Professional Sleep Societies, Baltimore, MD, June 7-12, 2008. SLEEP, 31 (Supplement), A134.

105. **Killgore, WD**, Lipizzi, EL, Smith, KL, Killgore, DB, Rupp, TL, Kamimori, GH, & Balkin, T. J. Nonverbal intelligence is inversely related to the ability to resist sleep loss [abstract]. Abstract presented at the 22nd Meeting of the Associated Professional Sleep Societies, Baltimore, MD, June 7-12, 2008. SLEEP, 31 (Supplement), A134.

106. **Killgore, WD**, Lipizzi, EL, Killgore, DB, Rupp, TL, Kamimori, GH, & Balkin, TJ. Emotional intelligence predicts declines in emotion-based decision-making following sleep deprivation [abstract]. Abstract presented at the 22nd Meeting of the Associated Professional Sleep Societies, Baltimore, MD, June 7-12, 2008. SLEEP, 31 (Supplement), A134.

107. Reid, CT, Smith, K, **Killgore, WD**, Rupp, TL, & Balkin, TJ. Higher intelligence is associated with less subjective sleepiness during sleep restriction [abstract]. Abstract presented at the 22nd Meeting of the Associated Professional Sleep Societies, Baltimore, MD, June 7-12, 2008. SLEEP, 31 (Supplement), A375.

108. Newman, R, **Killgore, WD**, Rupp, T. L, & Balkin, TJ. Better baseline olfactory discrimination is associated with worse PVT and MWT performance with sleep restriction and recovery [abstract]. Abstract presented at the 22nd Meeting of the Associated Professional Sleep Societies, Baltimore, MD, June 7-12, 2008. SLEEP, 31 (Supplement), A375.
109. Smith, KL, Reid, CT, **Killgore, WD**, Rupp, TL, & Balkin, TJ. Personality factors associated with performance and sleepiness during sleep restriction and recovery [abstract]. Abstract presented at the 22nd Meeting of the Associated Professional Sleep Societies, Baltimore, MD, June 7-12, 2008. SLEEP, 31 (Supplement), A376.
110. Lipizzi, EL, **Killgore, WD**, Rupp, TL, & Balkin, TJ. Risk-taking behavior is elevated during recovery from sleep restriction [abstract]. Abstract presented at the 22nd Meeting of the Associated Professional Sleep Societies, Baltimore, MD, June 7-12, 2008. SLEEP, 31 (Supplement), A376.
111. Lipizzi, EL, Rupp, TL, **Killgore, WD**, & Balkin, TJ. Sleep restriction increases risk-taking behavior [abstract]. Poster presented at the 11th Annual Force Health Protection Conference, Albuquerque, NM, August, 9-15, 2008.
112. **Killgore, WD**, Estrada, A, Balkin, TJ, & Wildzunas, RM. Sleep duration during army training predicts course performance [abstract]. Poster presented at the 6th Annual Force Health Protection Conference, Albuquerque, NM, August, 11-17, 2008.
113. **Killgore, WD**, Lipizzi, EL, Smith, KL, Killgore, DB, Rupp, TL, Kamimori, GH, & Balkin, TJ. Higher cognitive ability is associated with reduced relative resistance to sleep loss [abstract]. Poster presented at the 6th Annual Force Health Protection Conference, Albuquerque, NM, August, 11-17, 2008.
114. **Killgore, WD**, Rupp, TL, Grugle, NL, Lipizzi, EL, & Balkin, TJ. Maintaining alertness during sustained operations: Which stimulant is most effective after 44 hours without sleep [abstract]? Poster presented at the 6th Annual Force Health Protection Conference, Albuquerque, NM, August, 11-17, 2008.
115. **Killgore, WD**, Newman, RA, Lipizzi, EL, Kamimori, GH, & Balkin, TJ. Sleep deprivation increases feelings of anger but reduces verbal and physical aggression in Soldiers [abstract]. Poster presented at the 6th Annual Force Health Protection Conference, Albuquerque, NM, August, 11-17, 2008.
116. Kelley, AM, Dretsch, M, **Killgore, WD**, & Athy, JR. Risky behaviors and attitudes about risk in Soldiers. Abstract presented at the 29<sup>th</sup> Annual Meeting of the Society for Judgment and Decision Making, Chicago, IL, November, 2008.
117. **Killgore, WD**, Ross, AJ, Silveri, MM, Gruber, SA, Kamiya, T, Kawada, Y, Renshaw, PF, & Yurgelun-Todd, DA. Citicoline affects appetite and cortico-limbic responses to images of high calorie foods. Abstract presented at the Society for Neuroscience, Washington DC, November 19, 2008.

118. Britton, JC, Stewart, SE, Price, LM, **Killgore, WD**, Gold, AL, Jenike, MA, & Rauch, SL. Reduced amygdalar activation in response to emotional faces in pediatric Obsessive-Compulsive Disorder. Abstract presented at the Annual meeting of the American College of Neuropsychopharmacology, Scottsdale, AZ, December 7-11, 2008.

119. **Killgore, WD**, Balkin, TJ, Estrada, A, & Wildzunas, RM. Sleep and performance measures in soldiers undergoing military relevant training. Abstract presented at the 26<sup>th</sup> Army Science Conference, Orlando, FL, December 1-4, 2008.

120. **Killgore, WD** & Yurgelun-Todd, DA. Cerebral correlates of amygdala responses during non-conscious perception of affective faces in adolescent children. Abstract presented at the 37<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Atlanta, GA, February 11-14, 2009.

121. **Killgore, WD**, Killgore, DB, Grugle, NL, & Balkin, TJ. Odor identification ability predicts executive function deficits following sleep deprivation. Abstract presented the 37<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Atlanta, GA, February 11-14, 2009.

122. **Killgore, WD**, Rupp, TL, Killgore, DB, Grugle, NL, and Balkin, TJ. Differential effects of stimulant medications on verbal and nonverbal fluency during sleep deprivation. Abstract presented the 37<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Atlanta, GA, February 11-14, 2009.

123. **Killgore, WD**, Killgore, DB, Kamimori, GH, & Balkin, TJ. When being smart is a liability: More intelligent individuals may be less resistant to sleep deprivation. Abstract presented the 37<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Atlanta, GA, February 11-14, 2009.

124. **Killgore, WD**, Britton, JC, Price, LM, Gold, AL, Deckersbach, T, & Rauch, SL. Introversion is associated with greater amygdala and insula activation during viewing of masked affective stimuli. Abstract presented the 37<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Atlanta, GA, February 11-14, 2009.

125. **Killgore, WD**, Britton, JC, Price, LM, Gold, AL, Deckersbach, T, & Rauch, SL. Amygdala responses of specific animal phobics do not differ from healthy controls during masked fearful face perception. Abstract presented the 37<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Atlanta, GA, February 11-14, 2009.

126. **Killgore, WD**, Britton, JC, Price, LM, Gold, AL, Deckersbach, T, & Rauch, SL. Small animal phobics show sustained amygdala activation in response to masked happy facial expressions. Abstract presented the 37<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Atlanta, GA, February 11-14, 2009. [**\*Merit Poster Award**]

127. Price, LM, **Killgore, WD**, Britton, JC, Kaufman, ML, Gold, AL, Deckersbach, T, & Rauch, SL. Anxiety sensitivity correlates with insula activation in response to masked fearful faces in specific animal phobics and healthy subjects. Abstract presented at the Annual Conference of the Anxiety Disorders Association of America, Santa Ana Pueblo, New Mexico, March 12-15, 2009.

128. **Killgore, WD**, Britton, JC, Price, LM, Gold, AL, Deckersbach, T, & Rauch, SL. Neuroticism is inversely correlated with amygdala and insula activation during masked presentations of affective stimuli. Abstract presented at the Annual Conference of the Anxiety Disorders Association of America, Santa Ana Pueblo, New Mexico, March 12-15, 2009.

129. **Killgore, WD**, Kelley, AM, & Balkin, TJ. Development and validation of a scale to measure the perception of invincibility. Abstract presented at the Annual Conference of the Anxiety Disorders Association of America, Santa Ana Pueblo, New Mexico, March 12-15, 2009.

130. Kelly, AM, **Killgore WD**, Athy, J, & Dretsch, M. Risk propensity, risk perception, risk aversion, and sensation seeking in U.S. Army soldiers. Abstract presented at the 80<sup>th</sup> Annual Scientific Meeting of the Aerospace Medical Association, Los Angeles, CA, May 3-7, 2009.

131. Britton, JC, Stewart, SE, Price, LM, **Killgore, WD**, Jenike, MA, & Rauch, SL. The neural correlates of negative priming in pediatric obsessive-compulsive disorder (OCD). Abstract presented at the 64<sup>th</sup> Annual Scientific Meeting of the Society of Biological Psychiatry, Vancouver, Canada, May 14-16, 2009.

132. **Killgore, WD**, Killgore, DB, Kamimori, GH, & Balkin, TJ. Caffeine protects against increased risk-taking behavior during severe sleep deprivation. Abstract presented at the 23<sup>rd</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, Washington, June 7-12, 2009.

133. Killgore, DB, **Killgore, WD**, Grugle, NL, & Balkin, TJ. Executive functions predict the ability to sustain psychomotor vigilance during sleep loss. Abstract presented at the 23<sup>rd</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, Washington, June 7-12, 2009.

134. **Killgore, WD**, & Yurgelun-Todd, DA. Trouble falling asleep is associated with reduced activation of dorsolateral prefrontal cortex during a simple attention task. Abstract presented at the 23<sup>rd</sup> Annual Meeting of the Associated Professional Sleep Societies, Seattle, Washington, June 7-12, 2009.

135. **Killgore, WD**, Kelley, AM, & Balkin, TJ. A new scale for measuring the perception of invincibility. Abstract presented at the 12<sup>th</sup> Annual Force Health Protection Conference, Albuquerque, New Mexico, August 14-21, 2009.

136. **Killgore, WD**, Killgore, DB, Grugle, NL, & Balkin, TJ. Executive functions contribute to the ability to resist sleep loss. Abstract presented at the 12<sup>th</sup> Annual Force Health Protection Conference, Albuquerque, New Mexico, August 14-21, 2009.

137. **Killgore, WD**, Killgore, DB, Kamimori, GH, & Balkin, TJ. Caffeine reduces risk-taking behavior during severe sleep deprivation. Abstract presented at the 12<sup>th</sup> Annual Force Health Protection Conference, Albuquerque, New Mexico, August 14-21, 2009. **[\*Best Paper: Research]**

138. **Killgore, WD**, Castro, CA, & Hoge, CW. Normative data for the Evaluation of Risks Scale—Bubble Sheet Version (EVAR-B) for large scale surveys of returning combat veterans. Abstract presented at the 12<sup>th</sup> Annual Force Health Protection Conference, Albuquerque, New Mexico, August 14-21, 2009.

139. **Killgore, WD**, Castro, CA, & Hoge, CW. Combat exposure and post-deployment risky behavior. Abstract presented at the 12<sup>th</sup> Annual Force Health Protection Conference, Albuquerque, New Mexico, August 14-21, 2009.

140. **Killgore, WD**, Price, LM, Britton, JC, Simon, N, Pollack, MH, Weiner, MR, Schwab, ZJ, Rosso, IM, & Rauch, SL. Paralimbic responses to masked emotional faces in PTSD: Disorder and valence specificity. Abstract presented at the Annual McLean Hospital Research Day, January 29, 2010.

141. **Killgore, WD**, Killgore, DB, Kamimori, GH, & Balkin, TJ. Caffeine minimizes behavioral risk-taking during 75 hours of sleep deprivation. Abstract presented at the 38<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico, February 3-6, 2010.

142. **Killgore, WD** & Balkin, TJ. Vulnerability to sleep loss is affected by baseline executive function capacity. Abstract presented at the 38<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico, February 3-6, 2010.

143. **Killgore, WD**, Smith, KL, Reichardt, RM., Killgore, DB, & Balkin, TJ. Intellectual capacity is related to REM sleep following sleep deprivation. Abstract presented at the 38<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico, February 3-6, 2010.

144. **Killgore, WD** & Yurgelun-Todd, DA. Cerebral correlates of amygdala responses to masked fear, anger, and happiness in adolescent and pre-adolescent children. Abstract presented at the 38<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico, February 3-6, 2010.

145. **Killgore, WD**, Post, A, & Yurgelun-Todd, DA. Sex differences in cortico-limbic responses to images of high calorie food. Abstract presented at the 38<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico, February 3-6, 2010.

146. **Killgore, WD** & Yurgelun-Todd, DA. Self-reported insomnia is associated with increased activation within the default-mode network during a simple attention task. Abstract presented at the 38<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico, February 3-6, 2010.

147. **Killgore, WD**, Price, LM, Britton, JC, Gold, AL, Deckersbach, T, & Rauch, SL. Neural correlates of anxiety sensitivity factors during presentation of masked fearful faces. Abstract presented at the 38<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Acapulco, Mexico, February 3-6, 2010.

148. **Killgore, WD**, Grugle, NL, Conrad, TA, & Balkin, TJ. Baseline executive function abilities predict risky behavior following sleep deprivation. Abstract presented at the 24th Annual Meeting of the Associated Professional Sleep Societies, San Antonio, Texas, June 5-9, 2010.

149. **Killgore, WD**, Grugle, NL, & Balkin, TJ. Judgment of objective vigilance performance is affected by sleep deprivation and stimulants. Abstract presented at the 24th Annual Meeting of the Associated Professional Sleep Societies, San Antonio, Texas, June 5-9, 2010.

150. Killgore, DB, **Killgore, WD**, Grugle, NL, & Balkin, TJ. Resistance to sleep loss and its relationship to decision making during sleep deprivation. Abstract presented at the 24th Annual Meeting of the Associated Professional Sleep Societies, San Antonio, Texas, June 5-9, 2010.

151. Killgore DB, **Killgore, WD**, Grugle, NL, & Balkin, TJ. Subjective sleepiness and objective performance: Differential effects of stimulants during sleep deprivation. Abstract presented at the 24th Annual Meeting of the Associated Professional Sleep Societies, San Antonio, Texas, June 5-9, 2010.

152. Rupp, TL, **Killgore, WD**, & Balkin, TJ. Vulnerability to sleep deprivation is differentially mediated by social exposure in extraverts vs. introverts. Oral presentation at the “Data Blitz” section at the 24th Annual Meeting of the Associated Professional Sleep Societies, San Antonio, Texas, June 5-9, 2010.

153. Rupp, TL, **Killgore, WD**, & Balkin, TJ. Extraverts may be more vulnerable than introverts to sleep deprivation on some measures of risk-taking and executive functioning. Abstract presented at the 24th Annual Meeting of the Associated Professional Sleep Societies, San Antonio, Texas, June 5-9, 2010.

154. Rupp, TL, **Killgore, WD**, & Balkin, TJ. Vulnerability to sleep deprivation is differentially mediated by social exposure in extraverts vs. introverts. Abstract presented at the 24th Annual Meeting of the Associated Professional Sleep Societies, San Antonio, Texas, June 5-9, 2010.

155. Capaldi, VF, Guerrero, ML, & **Killgore, WD**. Sleep disorders among OIF and OEF Soldiers. Abstract presented at the 24th Annual Meeting of the Associated Professional Sleep Societies, San Antonio, Texas, June 5-9, 2010.

156. **Killgore, WD**, Killgore, DB, Kamimori, GH, & Balkin, TJ. Caffeine reduces behavioral risk-taking during sleep deprivation. Abstract presented at the 65<sup>th</sup> Annual Meeting of the Society for Biological Psychiatry, New Orleans, Louisiana, May 20-22, 2010.

157. **Killgore, WD**, Price, LM, Britton, JC, Simon, N, Pollack, MH, Weiner, MR, Schwab, ZJ, Rosso, IM, & Rauch, SL. Paralimbic responses to masked emotional faces in PTSD: Disorder and valence specificity. Abstract presented at the 65<sup>th</sup> Annual Meeting of the Society for Biological Psychiatry, New Orleans, Louisiana, May 20-22, 2010.

158. Rosso, IM, Makris, N, Britton, JC, Price, LM, Gold, AL, Deckersbach, T, **Killgore, WD**, & Rauch SL. Anxiety sensitivity correlates with insular cortex volume and thickness in specific animal phobia. Abstract presented at the 65<sup>th</sup> Annual Meeting of the Society for Biological Psychiatry, New Orleans, Louisiana, May 20-22, 2010.

159. Rupp, TL, **Killgore, WD**, & Balkin, TJ. Vulnerability to sleep deprivation is mediated by social exposure in extraverts versus introverts. Oral platform presentation at the 20<sup>th</sup> Congress of the European Sleep Research Society, Lisbon, Portugal, September 14-18, 2010.

160. **Killgore, WD**, Estrada, A, & Balkin, TJ. A tool for monitoring soldier fatigue and predicting cognitive readiness: The Sleep History and Readiness Predictor (SHARP). Abstract presented at the 27<sup>th</sup> Army Science Conference, Orlando, FL, November 29-December 2, 2010.

161. **Killgore, WD**, Kamimori, GH, & Balkin, TJ. Caffeinated gum minimizes risk-taking in soldiers during prolonged sleep deprivation. Abstract presented at the 27<sup>th</sup> Army Science Conference, Orlando, FL, November 29-December 2, 2010.

162. **Killgore, WD**, Britton, JC, Schwab, ZJ, Weiner, MR, Rosso, IM, & Rauch, SL. Exaggerated amygdala responses to masked fearful faces are specific to PTSD versus simple phobia. Oral platform presentation at the 27<sup>th</sup> Army Science Conference, Orlando, FL, November 29-December 2, 2010. **[\*Winner Best Paper in Neuroscience]**

163. **Killgore, WD**, Kamimori, GH, & Balkin, TJ. Sleep deprivation selectively impairs emotional aspects of cognitive functioning. Oral platform presentation at the 27<sup>th</sup> Army Science Conference, Orlando, FL, November 29-December 2, 2010.

164. Rupp, TL, **Killgore, WD**, & Balkin, TJ. Evaluation of personality and social exposure as individual difference factors influencing response to sleep deprivation. Oral platform presentation at the 27<sup>th</sup> Army Science Conference, Orlando, FL, November 29-December 2, 2010.

165. **Killgore, WD**, Britton, JC, Rosso, IM, Schwab, ZJ, Weiner, MR, & Rauch, SL. Shared and differential patterns of amygdalo-cortical activation across anxiety disorders. Abstract presented at the 49<sup>th</sup> Annual Meeting of the American College of Neuropsychopharmacology, Miami Beach, FL, December 5-9, 2010.

166. Rosso, IM, **Killgore, WD**, Britton, JC, Weiner, MR, Schwab, ZJ, & Rauch, SL. Neural correlates of PTSD symptom dimensions during emotional processing: A functional magnetic resonance imaging study. Abstract presented at the 49<sup>th</sup> Annual Meeting of the American College of Neuropsychopharmacology, Miami Beach, FL, December 5-9, 2010.

167. **Killgore, WD**, Rosso, IM, Britton, JC, Schwab, ZJ, Weiner, MR, & Rauch, SL. Cortico-limbic activation differentiates among anxiety disorders with and without a generalized threat response. Abstract presented at the McLean Hospital Research Day, January 13, 2011.

168. Weiner, MR, Schwab, ZJ, Rauch, SL, & **Killgore WD**. Personality factors predict brain responses to images of high-calorie foods. Abstract presented at the McLean Hospital Research Day, January 13, 2011.

169. Schwab, ZJ, Weiner, MR, Rauch, SL, & **Killgore, WD**. Emotional and cognitive intelligence: Support for the neural efficiency hypothesis. Abstract presented at the McLean Hospital Research Day, January 13, 2011.
170. Crowley, DJ, Covell, MJ, **Killgore, WD**, Schwab, ZJ, Weiner, MR, Acharya, D, Rosso, IM, & Silveri, MM. Differential influence of facial expression on inhibitory capacity in adolescents versus adults. Abstract presented at the McLean Hospital Research Day, January 13, 2011.
171. **Killgore, WD**, Britton, JC, Rosso, IM, Schwab, ZJ, Weiner, MR, & Rauch, SL. Similarities and differences in cortico-limbic responses to masked affect probes across anxiety disorders. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.
172. Rosso, IM, **Killgore, WD**, Britton, JC, Weiner, MR, Schwab, ZJ, & Rauch, SL. Hyperarousal and reexperiencing symptoms of post-traumatic stress disorder are differentially associated with limbic-prefrontal brain responses to threatening stimuli. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.
173. Schwab, ZJ, Weiner, MR, Rauch, SL, & **Killgore, WD**. Neural correlates of cognitive and emotional intelligence in adults. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.
174. Schwab, ZJ, Weiner, MR, Rauch, SL, & **Killgore, WD**. Cognitive and emotional intelligences: Are they distinct or related constructs? Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.
175. Schwab, ZJ, Weiner, MR, Rauch, SL, & **Killgore, WD**. Discrepancy scores between cognitive and emotional intelligence predict neural responses to affective stimuli. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.
176. **Killgore, WD**, Schwab, ZJ, Weiner, MR, & Rauch, SL. Smart people go with their gut: Emotional intelligence correlates with non-conscious insular responses to facial trustworthiness. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.
177. **Killgore, WD**, Weiner, MR, Schwab, ZJ, & Rauch, SL. Whom can you trust? Neural correlates of subliminal perception of facial trustworthiness. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.
178. Weiner, MR, Schwab, ZJ, & Rauch, SL, **Killgore, WD**. Impulsiveness predicts responses of brain reward circuitry to high-calorie foods. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.

179. Weiner, MR, Schwab, ZJ, & Rauch, SL, **Killgore, WD**. Conscientiousness predicts brain responses to images of high-calorie foods. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.

180. Crowley, DJ, Covell, MJ, **Killgore, WD**, Schwab, ZJ, Weiner, MR, Acharya, D, Rosso, IM, & Silveri, MM. Differential influence of facial expression on inhibitory capacity in adolescents versus adults. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.

181. Gruber, SA, Dahlgren, MK, **Killgore, WD**, Sagar, KA, & Racine, MT. Marijuana: Age of onset of use impacts executive function and brain activation. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.

182. **Killgore, WD**, Conrad, TA, Grugle, NL, & Balkin, TJ. Baseline executive function abilities correlate with risky behavior following sleep deprivation. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.

183. **Killgore, WD**, Grugle, NL, Killgore, DB, & Balkin, TJ. Resistance to sleep loss and decision making during sleep deprivation. Abstract presented at the 39th Annual Meeting of the International Neuropsychological Society, Boston, MA, February 2-5, 2011.

184. **Killgore, WD**, Rosso, IM, Britton, JC, Schwab, ZJ, Weiner, MR, & Rauch, SL. Cortico-limbic activation differentiates among anxiety disorders with and without a generalized threat response. Abstract presented at the 66<sup>th</sup> Annual Meeting of the Society for Biological Psychiatry, San Francisco, CA, May 12-14, 2011. **[\*Blue Ribbon Finalist for Top Poster Award: Clinical/Translational]**

185. Schwab, ZJ, Weiner, MR, Rauch, SL, & **Killgore, WD**. Emotional and cognitive intelligence: Support for the neural efficiency hypothesis. Abstract presented at the 66<sup>th</sup> Annual Meeting of the Society for Biological Psychiatry, San Francisco, CA, May 12-14, 2011.

186. Weiner, MR, Schwab, ZJ, Rauch, SL, & **Killgore WD**. Personality factors predict brain responses to images of high-calorie foods. Abstract presented at the 66<sup>th</sup> Annual Meeting of the Society for Biological Psychiatry, San Francisco, CA, May 12-14, 2011.

187. **Killgore, WD**, Grugle, NL, & Balkin, TJ. Sleep deprivation impairs recognition of specific emotions. Abstract presented at the 25<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 11-15, 2011.

188. **Killgore, WD**, & Balkin, TJ. Does vulnerability to sleep deprivation influence the effectiveness of stimulants on psychomotor vigilance? Abstract presented at the 25<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 11-15, 2011.

189. Killgore, DB, **Killgore, WD**, Grugle, NJ, & Balkin, TJ. Sleep deprivation impairs recognition of specific emotions. Abstract presented at the 25<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 11-15, 2011.

190. Weiner, MR, Schwab, ZJ, & **Killgore, WD**. Daytime sleepiness is associated with altered brain activation during visual perception of high-calorie foods: An fMRI study. Abstract presented at the 25<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 11-15, 2011.

191. Schwab, ZJ, Weiner, MR, & **Killgore, WD**. Functional MRI correlates of morningness-eveningness during visual presentation of high calorie foods. Abstract presented at the 25<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Minneapolis, MN, June 11-15, 2011.

192. **Killgore, WD**, Weiner, MR, & Schwab, ZJ. Daytime sleepiness affects prefrontal regulation of food intake. Abstract presented at the McLean Hospital Research Day, January 11, 2012.

193. Kipman, M, Schwab ZJ, Weiner, MR, DelDonno, S, Rauch SL, & **Killgore WD**. The insightful yet bitter comedian: The role of emotional versus cognitive intelligence in humor appreciation. Abstract presented at the McLean Hospital Research Day, January 11, 2012.

194. Weber, M, & **Killgore, WD**. Gray matter correlates of emotional intelligence. Abstract presented at the McLean Hospital Research Day, January 11, 2012.

195. Schwab, ZJ, & **Killgore, WD**. Sex differences in functional brain responses to food. Abstract presented at the McLean Hospital Research Day, January 11, 2012.

196. DelDonno, S, Schwab, ZJ, Kipman M, Rauch, SL, & **Killgore, WD**. The influence of cognitive and emotional intelligence on performance on the Iowa Gambling Task. Abstract presented at the McLean Hospital Research Day, January 11, 2012.

197. Song, CH, Kizielewicz, J, Schwab, ZJ, Weiner, MR, Rauch, SL, & **Killgore, WD**. Time is of the essence: The Design Organization Test as a valid, reliable, and brief measure of visuospatial ability. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

198. Kipman, M, Schwab, ZJ, DelDonno, S, & **Killgore, WD**. Gender differences in the contribution of cognitive and emotional intelligence to the left visual field bias for facial perception. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

199. Kipman, M., Schwab, ZJ, Weiner, MR, DelDonno, S, Rauch, SL, & **Killgore, WD**. Contributions of emotional versus cognitive intelligence in humor appreciation. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

200. Schwab, ZJ, & **Killgore, WD**. Disentangling emotional and cognitive intelligence. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

201. Schwab, ZJ, & **Killgore, WD**. Sex differences in functional brain responses to food. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

202. DelDonno, S, Schwab, ZJ, Kipman, M, Rauch, SL, & **Killgore, WD**. The influence of cognitive and emotional intelligence on performance on the Iowa Gambling Task. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

203. **Killgore, WD**, Britton, JC, Rosso, IM, Schwab, ZJ, Weiner, MR, & Rauch, SL. Shared and unique patterns of cortico-limbic activation across anxiety disorders. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

204. **Killgore, WD**, & Balkin, TJ. Sleep deprivation degrades recognition of specific emotions. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

205. **Killgore, WD**, & Schwab, ZJ. Emotional intelligence correlates with somatic marker circuitry responses to subliminal cues of facial trustworthiness. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

206. **Killgore, WD**, & Schwab, ZJ. Trust me! Neural correlates of the ability to identify facial trustworthiness. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

207. **Killgore, WD**, Schwab, ZJ, Weiner, MR, Kipman, M, DelDonno, S, & Rauch SL. Overeating is associated with altered cortico-limbic responses to images of high calorie foods. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

208. **Killgore, WD**, Weiner, MR, & Schwab, ZJ. Daytime sleepiness affects prefrontal regulation of food intake. Abstract presented at the 40th Annual Meeting of the International Neuropsychological Society, Montreal, CA, February 15-18, 2012.

209. Weber, M, DelDonno, S, Kipman M, Schwab, ZJ, & **Killgore WD**. Grey matter correlates of self-reported sleep duration. Abstract presented at the Harvard Medical School Research Day, Boston, MA, March 28, 2012.

210. **Killgore, WD**. Overlapping and distinct patterns of neurocircuitry across PTSD, Panic Disorder, and Simple Phobia. Abstract presented at the 32nd Annual Conference of the Anxiety Disorders Association of America, Arlington, VA, April 12-15, 2012.

211. **Killgore, WD**, Britton, JC, Rosso, IM, Schwab, ZJ, & Rauch, SL. Shared and unique patterns of cortico-limbic activation across anxiety disorders. Abstract presented at the 67<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, Philadelphia, PA, May 3-5, 2012.

212. **Killgore, WD**, Schwab, ZJ, & Rauch, SL. Daytime sleepiness affects prefrontal inhibition of food consumption. Abstract presented at the 67<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, Philadelphia, PA, May 3-5, 2012.

213. Rosso, IM, Britton, JC, Makris, N, **Killgore, WDS**, Rauch SL, & Stewart ES. Impact of major depression comorbidity on prefrontal and anterior cingulate volumes in pediatric OCD. Abstract presented at the 67<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, Philadelphia, PA, May 3-5, 2012.

214. Kipman, M, Weber, M, DelDonno, S., Schwab, ZJ, & **Killgore, WD**. Morningness-Eveningness correlates with orbitofrontal gray matter volume. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

215. Kipman, M, Schwab, ZJ, Weber, M, DelDonno, S, & **Killgore, WD**. Yawning frequency is correlated with reduced medial thalamic volume. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

216. Weber, M, DelDonno, S, Kipman M, Schwab, ZJ, & **Killgore WD**. Grey matter correlates of daytime sleepiness. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

217. Weber, M, DelDonno, S, Kipman M, Schwab, ZJ, & **Killgore WD**. Grey matter correlates of self-reported sleep duration. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

218. DelDonno, S, Weber, M, Kipman M, Schwab, ZJ, & **Killgore, WD**. Resistance to insufficient sleep correlates with olfactory cortex gray matter. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

219. DelDonno, S, Schwab, ZJ, Kipman, M, Weber, M, & **Killgore, WD**. Weekend sleep is related to greater coping and resilience capacities. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

220. Schwab, ZJ, DelDonno, S, Weber, M, Kipman M, & **Killgore, WD**. Habitual caffeine consumption and cerebral gray matter volume. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

221. Schwab, ZJ, & **Killgore, WD**. Daytime sleepiness affects prefrontal regulation of food intake. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

222. **Killgore, WD**, Schwab, ZJ, DelDonno S, Kipman, M, Weber M, & Rauch, SL. Greater nocturnal sleep time is associated with increased default mode functional connectivity. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

223. **Killgore, WD**, Kamimori, GH, & Balkin, TJ. Caffeine improves efficiency of planning and sequencing abilities during sleep deprivation. Abstract presented at the 26<sup>th</sup> Annual Meeting of the Associated Professional Sleep Societies, Boston, MA, June 9-13, 2012.

224. Sneider, JT, **Killgore, WD**, Crowley, DJ, Cohen-Gilbert, JE, Schwab, ZJ, & Silveri, MM. Inhibitory capacity in emerging adult binge drinkers: Influence of Facial Cues. Abstract presented at the 35<sup>th</sup> Annual Scientific Meeting of the Research Society on Alcoholism, San Francisco, CA, June 23-27, 2012.

225. **Killgore WD**. Multimodal neuroimaging to predict cognitive resilience against sleep loss. Abstract presented at the DARPA Young Faculty Award 2012 Meeting, Arlington, VA, July 30-31, 2012. **[\*Winner Young Faculty Award in Neuroscience]**

226. Cohen-Gilbert, JE, **Killgore WD**, Crowley, DJ, Covell, MJ, Schwab, ZJ, Weiner, MR, Acharya, D, Sneider, JT, & Silveri, MM. Differential influence of safe versus threatening facial expressions on inhibitory control across adolescence and adulthood. Abstract presented at the Society for Neuroscience 2012 Meeting, New Orleans, LA, October 13-17, 2012.

227. Weber, M, DelDonno, S, Kipman M, Schwab, ZJ, & **Killgore WD**. Grey matter correlates of self-reported sleep duration. Abstract presented at the Harvard Division of Sleep Medicine Annual Poster Session, Boston, MA, September 27, 2012.

228. Weber, M, DelDonno, SR, Kipman, M, Preer, LA, Schwab ZJ, Weiner, MR, & **Killgore, WD**. The effect of morning bright light therapy on sleep, cognition and emotion following mild traumatic brain injury. Abstract accepted for poster presentation at the 2012 Sleep Research Network Meeting, 22-23 October 2012, Bethesda, MD.

229. Sneider, JT, **Killgore, WD**, Crowley, DJ, Cohen-Gilbert, JE, Schwab, ZJ, & Silveri, MM. Inhibitory capacity in emerging adult binge drinkers: Influence of Facial Cues. Abstract presented at the Annual McLean Hospital Research Day, January 16, 2013.

230. Cohen-Gilbert, JE, **Killgore WD**, Crowley, DJ, Covell, MJ, Schwab, ZJ, Weiner, MR, Acharya, D, Sneider, JT, & Silveri, MM. Differential influence of safe versus threatening facial expressions on inhibitory control across adolescence and adulthood. Abstract presented at the Annual McLean Hospital Research Day, January 16, 2013.

231. Tkachenko, O, Schwab, ZJ, Kipman, M, DelDonno, S, Gogel, H., Preer, L, & **Killgore, WDS**. Smarter women need less sleep. Abstract presented at the Annual McLean Hospital Research Day, January 16, 2013.

232. DelDonno, S, Kipman, M, Schwab, ZJ, & **Killgore, WDS**. The contributions of emotional intelligence and facial perception to social intuition. Abstract presented at the Annual McLean Hospital Research Day, January 16, 2013.

233. Kipman, M, Schwab, ZJ, DelDonno, S, Weber, M, Rauch, SL, & **Killgore, WDS**. The neurocircuitry of impulsive behavior. Abstract presented at the Annual McLean Hospital Research Day, January 16, 2013.

234. Preer, LA, Tkachenko, O, Gogel, H, Schwab, ZJ, Kipman, M, DelDonno, SR, Weber, M, Webb, CA, & **Killgore, WDS**. Emotional intelligence as a mediator of the association between anxiety sensitivity and anxiety symptoms. Abstract presented at the Annual McLean Hospital Research Day, January 16, 2013.

235. Gogel, H, DelDonno, S, Kipman M, Preer, LA, Schwab, ZJ, Tkachenko, O, & **Killgore, WDS**. Validation of the Design Organization Test (DOT) in a healthy population. Abstract presented at the Annual McLean Hospital Research Day, January 16, 2013.

236. Brennan, BP, Schwab, ZS, Athey, AJ, Ryan, EM, Pope, HG, **Killgore, WDS**, Jenike, MA, & Rauch, SL. A functional magnetic resonance imaging study of rostral anterior cingulate cortex activation in obsessive-compulsive disorder using an emotional counting stroop paradigm. Abstract presented at the Annual McLean Hospital Research Day, January 16, 2013.

237. Cohen-Gilbert, JE, Schwab, ZJ, **Killgore, WDS**, Crowley, DJ, & Silveri MM. Influence of Binge Drinking on the Neural Correlates of Inhibitory Control during Emotional Distraction in Young Adults. Abstract presented at the 3<sup>rd</sup> International Conference on Applications of Neuroimaging to Alcoholism (ICANA-3), New Haven, CT, February 15-18, 2013.

238. Weber, M, & **Killgore, WDS**. The interrelationship between ‘sleep credit’, emotional intelligence and mental health – a voxel-based morphometric study. Abstract presented at Harvard Medical School Psychiatry Research Day, April 10, 2013.

239. Cohen-Gilbert, JE, Schwab, ZJ, **Killgore, WDS**, Crowley, DJ, & Silveri MM. Influence of Binge Drinking on the Neural Correlates of Inhibitory Control during Emotional Distraction in Young Adults. Abstract presented at Harvard Medical School Psychiatry Research Day, April 10, 2013.

240. Mundy, EA, Weber, M, Rauch, SL, **Killgore, WDS**, & Rosso, IM. The relationship between subjective stress levels in childhood and anxiety as well as perceived stress as an adult. Abstract presented at Harvard Medical School Psychiatry Research Day, April 10, 2013.

241. Webb, CA, **Killgore, WDS**, Britton, JC, Schwab, ZJ, Price, LM, Weiner, MR, Gold, AL, Rosso, IM, Simon, NM, Pollack, MH, & Rauch, SL. Comparing categorical versus dimensional predictors of functional response across three anxiety disorders. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

242. Preer, LA, Tkachenko, O, Gogel, H, Schwab, ZJ, Kipman, M, DelDonno, SR, Weber, M, Webb, CA, Rauch, SL, & **Killgore, WDS**. Linking Sleep Trouble to Neuroticism, Emotional Control, and Impulsiveness. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

243. Preer, LA, Tkachenko, O, Gogel, H, Schwab, ZJ, Kipman, M, DelDonno, SR, Weber, M, Webb, CA, Rauch, SL, & **Killgore, WDS**. Emotional Intelligence as a Mediator of the Association between Anxiety Sensitivity and Anxiety Symptoms. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

244. Kipman, M, Schwab, ZJ, DelDonno, S, Weber, M, Rauch, SL, & **Killgore, WDS**. The neurocircuitry of impulsive behavior. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

245. Weber, M, **Killgore, WDS**, Rosso, IM, Britton, JC, Simon, NM, Pollack, MH, & Rauch, SL. Gray matter correlates of posttraumatic stress disorder—A voxel based morphometry study. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

246. Weber, M, Penetar, DM, Trksak, GH, DelDonno, SR, Kipman, M, Schwab, ZJ, & **Killgore, WDS**. Morning blue wavelength light therapy improves sleep, cognition, emotion and brain function following mild traumatic brain injury. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

247. Tkachenko, O, Schwab, ZJ, Kipman, M, Preer, LA, Gogel, H, DelDonno, SR, Weber, M, Webb, CA, Rauch, SL, & **Killgore, WDS**. Difficulty in falling asleep and staying asleep linked to a sub-clinical increase in symptoms of psychopathology. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

248. **Killgore, WDS**, Schwab, ZJ, Kipman, M, DelDonno, SR, Rauch, SL, & Weber, M. Problems with sleep initiation and sleep maintenance correlate with functional connectivity among primary sensory cortices. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

249. **Killgore, WDS**, Schwab, ZJ, Kipman, M, DelDonno, SR, Rauch, SL, & Weber, M. A Couple of Hours Can Make a Difference: Self-Reported Sleep Correlates with Prefrontal-Amygdala Connectivity and Emotional Functioning. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

250. Brennan, BP, Schwab, ZS, Athey, AJ, Ryan, EM, Pope, HG, **Killgore, WDS**, Jenike, MA, & Rauch, SL. A functional magnetic resonance imaging study of rostral anterior cingulate cortex activation in obsessive-compulsive disorder using an emotional counting stroop paradigm. Abstract presented at the 68<sup>th</sup> Annual Meeting of the Society of Biological Psychiatry, San Francisco, CA, May 16-18, 2013.

251. Weber, M, & **Killgore, WDS**. The interrelationship between ‘sleep credit’, emotional intelligence and mental health – a voxel-based morphometric study. Abstract presented at the SLEEP 2013 Annual Meeting, Baltimore, MD, June 1-5, 2013.

252. Weber, M, Penetar, DM, Trksak, GH, DelDonno, SR, Kipman, M, Schwab, ZJ, & **Killgore, WDS**. Morning blue wavelength light therapy improves sleep, cognition, emotion and brain function following mild traumatic brain injury. Abstract presented at the SLEEP 2013 Annual Meeting, Baltimore, MD, June 1-5, 2013.

253. **Killgore, WDS**, Schwab, ZJ, Kipman, M, DelDonno, SR, & Weber, M. Problems with Sleep Initiation and Sleep Maintenance Correlate with Functional Connectivity Among Primary Sensory Cortices. Abstract presented at the SLEEP 2013 Annual Meeting, Baltimore, MD, June 1-5, 2013.

254. **Killgore, WDS**, Schwab, ZJ, Kipman, M, DelDonno, SR, & Weber, M. A Couple of Hours Can Make a Difference: Self-Reported Sleep Correlates with Prefrontal-Amygdala Connectivity and Emotional Functioning. Abstract presented at the SLEEP 2013 Annual Meeting, Baltimore, MD, June 1-5, 2013.

255. Tkachenko, O, Schwab, ZJ, Kipman, M, DelDonno, SR, Preer, LA, Gogel, H, Weber, M, Webb, CA, & **Killgore, WDS**. Difficulty in falling asleep and staying asleep linked to a sub-clinical increase in symptoms of psychopathology. Abstract presented at the SLEEP 2013 Annual Meeting, Baltimore, MD, June 1-5, 2013.

256. Preer, LA, Tkachenko, O, Gogel, H, Schwab, ZJ, Kipman, M, DelDonno, SR, Weber, M, Webb, CA, & **Killgore, WDS**. Linking Sleep Initiation Trouble to Neuroticism, Emotional Control, and Impulsiveness. Abstract presented at the SLEEP 2013 Annual Meeting, Baltimore, MD, June 1-5, 2013.

257. Preer, L, Tkachenko, O, Gogel, H, Bark, JS, Kipman, M, Olson, EA, & **Killgore, WDS**. The role of personality in sleep initiation problems. Abstract presented at the Annual McLean Hospital Research Day, January 22, 2014.

258. Demers, LA, Olson, EA, Weber, M, Divatia, S, Preer, L, & **Killgore, WDS**. Paranoid traits are related to deficits in complex social decision-making and reduced superior temporal sulcus volume. Abstract presented at the Annual McLean Hospital Research Day, January 22, 2014.

259. Tkachenko, O, Weber, M, Gogel, H, & **Killgore, WDS**. Predisposition towards unhealthy foods linked with increased gray matter in the cerebellum. Abstract presented at the Annual McLean Hospital Research Day, January 22, 2014.

260. Olson, EA, Weber, M, Tkachenko, O, & **Killgore, WDS**. Daytime sleepiness is associated with decreased integration of remote outcomes on the IGT. Abstract presented at the Annual McLean Hospital Research Day, January 22, 2014.

261. Cui, J, Tkachenko, O, & **Killgore, WDS**. Can the activation of anterior cingulate predict the emotional suppression? An fMRI study with masked faces. Abstract presented at the Annual McLean Hospital Research Day, January 22, 2014.

262. Gogel, H, & **Killgore WDS**. A psychometric validation of the Design Organization Test (DOT) in a healthy sample. Abstract presented at the 42nd Annual Meeting of the International Neuropsychological Society, Seattle WA, February 12-15, 2014.

263. **Killgore, WDS**, Kipman, M, Tkachenko, O, Gogel, H., Preer, L, Demers, LA, Divatia, SC, Olson, EA, & Weber, M. Predicting resilience against sleep loss with multi-modal neuroimaging. Abstract presented at the 42nd Annual Meeting of the International Neuropsychological Society, Seattle WA, February 12-15, 2014.

264. **Killgore, WDS**, Weber, M, Bark, JS, Kipman, M, Gogel, H, Preer, L, Tkachenko, O, Demers, LA, Divatia, SC, & Olson, EA. Physical exercise correlates with hippocampal volume in healthy adults. Abstract presented at the 42nd Annual Meeting of the International Neuropsychological Society, Seattle WA, February 12-15, 2014.

265. **Killgore, WDS**, Tkachenko, O, Weber, M, Kipman, M, Preer, L, Gogel, H, & Olson, EA. The association between sleep, functional connectivity, and emotional functioning. Abstract presented at the 42nd Annual Meeting of the International Neuropsychological Society, Seattle WA, February 12-15, 2014.

266. Preer, L, Tkachenko, O, Gogel, H, Bark, JS, Kipman, M, Olson, EA, & **Killgore, WDS**. The role of personality in sleep initiation problems. Abstract presented at the 42nd Annual Meeting of the International Neuropsychological Society, Seattle WA, February 12-15, 2014.

267. Tkachenko, O, Weber, M, Olson, EA, Gogel, H, Preer, LA, Divatia, SC, Demers, LA, & **Killgore, WDS**. Gray matter volume within the medial prefrontal cortex correlates with behavioral risk taking. Abstract presented at the 42nd Annual Meeting of the International Neuropsychological Society, Seattle WA, February 12-15, 2014.

268. Olson, EA, Weber, M, Bark JS, Demers L, Divatia, SC, Gogel, H, Kipman M, Preer, L, Tkachenko, O, & **Killgore, WDS**. Sex differences in threat evaluation of emotionally neutral faces. Abstract presented at the 42nd Annual Meeting of the International Neuropsychological Society, Seattle WA, February 12-15, 2014.

269. Cui, J, Tkachenko, O, & **Killgore, WDS**. Can the activation of anterior cingulate predict the emotional suppression? An fMRI study with masked faces. Abstract presented at the 36nd Annual Conference of the Anxiety Disorders Association of America, Chicago, IL, March 27-30, 2014.

270. Webb, CA, Weber, M, Mundy, EA, & **Killgore, WDS**. Reduced gray matter volume in the anterior cingulate, orbitofrontal cortex and thalamus as a function of depressive symptoms: A voxel-based morphometric analysis. Abstract presented at the 36nd Annual Conference of the Anxiety Disorders Association of America, Chicago, IL, March 27-30, 2014.

271. Weber, M, Penetar, DM, Trksak, GH, Kipman, M, Tkachenko, O, Bark, JS, Jorgensen, AL, Rauch, SL, & **Killgore, WDS**. Light therapy may improve sleep and facilitate recovery from mild traumatic brain injury. Abstract presented at the 10<sup>th</sup> World Congress on Brain Injury, San Francisco, CA, March 19-22, 2014.

272. Cui, J, Tkachenko, O, & **Killgore, WDS**. Can the activation of anterior cingulate predict the emotional suppression? An fMRI study with masked faces. Abstract presented at the 21st Annual Meeting of the Cognitive Neuroscience Society, Boston, MA, April 5-8, 2014.

273. Divatia, S, Demers, LA, Preer, L, Olson, EA, Weber, M, & **Killgore, WDS**. Advantageous decision making linked with increased gray matter volume in the ventromedial prefrontal cortex. Abstract presented at the 21st Annual Meeting of the Cognitive Neuroscience Society, Boston, MA, April 5-8, 2014.

274. Demers, LA, Olson, EA, Weber, M, Divatia, S, Preer, L, & **Killgore, WDS**. Paranoid traits are related to deficits in complex social decision making and reduced superior temporal sulcus volume. Abstract presented at the 21st Annual Meeting of the Cognitive Neuroscience Society, Boston, MA, April 5-8, 2014.

275. Preer, LA, Weber, M, Tkachenko, O, Divatia, S, Demers, LA, Olson, EA, & **Killgore, WDS**. Gray matter volume in the amygdala is associated with facial assessments of trustworthiness. Abstract presented at the 21st Annual Meeting of the Cognitive Neuroscience Society, Boston, MA, April 5-8, 2014.

276. Tkachenko, O, Weber, M, Gogel, H, & **Killgore, WDS**. Predisposition towards unhealthy foods linked with increased gray matter volume in the cerebellum. Abstract presented at the 21st Annual Meeting of the Cognitive Neuroscience Society, Boston, MA, April 5-8, 2014.

277. Olson, EA, Weber, M, Gogel, H, & **Killgore, WDS**. Daytime sleepiness is associated with decreased integration of remote outcomes on the IGT. Abstract presented at the 21st Annual Meeting of the Cognitive Neuroscience Society, Boston, MA, April 5-8, 2014.

278. Demers, LA, Preer, LA, Gogel, H, Olson, EA, Weber, M, & **Killgore, WDS**. Left-hemifield bias on sad chimeric face task correlates with interpersonal emotional intelligence. Abstract presented at the 69th Annual Meeting of the Society of Biological Psychiatry, New York, NY, May 8-10, 2014.

279. Weber, M, **Killgore, WDS**, Olson, EA, Rosso, IM, & Rauch, SL. Morphological brain network organization in relation to trauma and posttraumatic stress disorder. Abstract presented at the 69th Annual Meeting of the Society of Biological Psychiatry, New York, NY, May 8-10, 2014.

280. Divatia, S, Demers, LA, Preer, L, Gogel, H, Kipman, M, & **Killgore, WDS**. Schizotypal and manic traits are associated with poorer perception of emotions in healthy individuals. Abstract presented at the 69th Annual Meeting of the Society of Biological Psychiatry, New York, NY, May 8-10, 2014.

281. **Killgore, WDS**, Weber, M, Olson, EA, & Rauch, SL. Sleep reduction and functioning of the emotion regulation circuitry. Abstract presented at the 69th Annual Meeting of the Society of Biological Psychiatry, New York, NY, May 8-10, 2014. [**\*Blue Ribbon Finalist for Top Poster Award: Basic Neuroscience**]

282. Webb, CA, Weber, M, Mundy, EA, & **Killgore, WDS**. Reduced gray matter volume in the anterior cingulate, orbitofrontal cortex and thalamus as a function of depressive symptoms: A voxel-based morphometric analysis. Abstract presented at the 69th Annual Meeting of the Society of Biological Psychiatry, New York, NY, May 8-10, 2014.

283. Marin MF, Song H, Landau AJ, Lasko NB, Foy Preer LA, Campbell A, Pace-Schott EF, **Killgore, WD**, Orr SP, Pitman RK, Simon NM, Milad MR (2014). Psychophysiological and Neuroimaging Correlates of Fear Extinction Deficits Across Anxiety Disorders. Abstract presented at the 69th Annual Meeting of the Society of Biological Psychiatry, New York, NY, May 8-10, 2014.

284. **Killgore, WDS**. The effects of sleep loss on food preference. Abstract presented at SLEEP 2014, Minneapolis, MN, May 31-June 4, 2014.

285. Weber, M, & **Killgore, WDS**. Sleep habits reflect in functional brain network organization. Abstract presented at SLEEP 2014, Minneapolis, MN, May 31-June 4, 2014. [**\*2014 AASM Young Investigator Award, Honorable Mention**]

286. Freed, MC, Novak, LA, **Killgore, WDS**, Koehlmoos, TP, Ginsberg, JP, Krupnick, J, Rauch S, Rizzo, A, Engle, CC. DoD IRB delays: Do they really matter? And if so, why and for whom? Abstract presented at the Military Health System Research Symposium, Fort Lauderdale, FL, August 18-21, 2014.

287. Freed, MC, Novak, LA, **Killgore, WDS**, Koehlmoos, TP, Ginsberg, JP, Krupnick, J, Rauch S, Rizzo, A, Engle, CC. DoD IRB delays: Do they really matter? And if so, why and for whom? Abstract accepted for presentation at the AMSUS Annual Meeting, Washington DC, December 2-5, 2014.

### Narrative Report (limit to 500 words)

My research has emphasized the study of higher order cognition and executive functions and how these cognitive abilities are influenced and guided by subtle affective processes. Over the past 12 years, my research has utilized functional and structural magnetic resonance imaging to study the interaction of affective processes and cognition within limbic networks of the medial temporal lobes and prefrontal cortex. This line of research has led to the refinement of a developmental model of prefrontal cortical-limbic maturation that explains how these processes contribute to the way adolescents perceive emotionally and motivationally relevant stimuli such as affective faces and visual images of food. As a result of the Iraq War, I took an extended leave of absence to serve in the Active Duty Army as the Chief of the Neurocognitive Performance Branch at the Walter Reed Army Institute of Research from 2002-2007. During that time, I extended the scope of my affective processing research to also examine the effects of stressors such as prolonged sleep deprivation, chronic sleep restriction, nutritional deprivation, and the use of stimulant countermeasures on the cognitive-affective systems within the brain. This line of investigation suggests that sleep deprivation alters the metabolic activity within the medial prefrontal cortex, resulting in subtle but profound effects on specific aspects of cognition. These sleep-loss related prefrontal decrements impair the ability to use affective processes to guide judgment and decision-making, particularly in high-risk or morally relevant situations. My recent investigations also suggest that while commonly used stimulants such as caffeine, modafinil, and dextroamphetamine are highly effective at reversing sleep-loss induced deficits in alertness and vigilance, they have virtually no restorative effect on the cognitive-affective decision-making systems of the brain. Having left military service to return to McLean Hospital full time in the summer of 2007, I have since been extending my previous work to identify the extent to which these cognitive-affective decision-making systems and their neurobiological substrates are impaired or altered in patients suffering from anxiety disorders and post-traumatic stress. During the past five years I have also successfully secured multiple grants from the DoD and DARPA totaling more than \$7.8M, including a study of the neural basis of emotional intelligence, a study of a novel light treatment for improving sleep and cognitive functioning in mTBI, and a neuroimaging study of the effectiveness of an internet based cognitive-behavior therapy program, a neuroimaging study of axonal damage in mTBI, and a study of the neural basis of resilience against the adverse effects of sleep deprivation. In early 2011, I was named Co-Director of the Social, Cognitive, and Affective Neuroscience Lab at McLean Hospital.

My recent teaching activities have primarily involved daily supervision and training of student research assistants and postdoctoral fellows, as well as occasional seminar presentations. Over the past 6 years, I have closely and regularly mentored more than 25 students at the undergraduate, graduate, and post-doctoral level. This involvement has included one-on-one supervision and training in basic research methods, neuropsychological assessment, statistical analysis, and manuscript preparation. Nearly all of my advisees have served as co-authors on abstracts, posters, talks, and published manuscripts based on my research program.